

# Vestibular EDGE Task Force Recommendations: Entry Level Physical Therapy Instruction

# Entry Level Education Recommendations: **Postural Stability**

## **Students Learn**

- Four Square Step Test (3)
- Berg Balance Test (2)
- Functional Reach (2)
- Modified Functional Reach (2)
- CTSIB (2)
- Modified CTSIB-no dome (2)
- Mini BEST Test (2)
- Romberg (1-2)
- Sharpened Romberg (2)
- Unipedal Stance Test (2)

## **Students Exposed**

- Balance Error Scoring System (BESS) (1-2)
- BEST Test (2)
- NeuroCom Sensory Organization Test (2)

# Entry Level Education Recommendations: **Activity and Participation**

## **Students Learn**

- Activities Specific Balance Confidence Scale (ABC) (2-3)
- Dizziness Handicap Inventory (DHI) (4)

## **Students Exposed**

- Vertigo Handicap Questionnaire (VHQ) (2)
- Vestibular Disorders Activities of Daily Living Scale (VADL) (2)
- Vestibular Rehabilitation Benefit Questionnaire (VRBQ) (2)
- UCLA Dizziness Questionnaire (UCLADQ) (2)
- Vestibular Activities and Participation Questionnaire (VAP) (2)
- Disability Rating Scale (DRS) (2)

# Entry Level Education Recommendations: **Dynamic Stability**

## **Students Learn**

- Dynamic Gait Index (DGI) (2-4)
- Functional Gait Assessment (FGA) (2-4)
- Timed Up and Go (TUG) (2-3)
- TUG with dual task/cognitive (2)
- Gait Velocity (2)
- Five Times Sit to Stand (FTSTS) (2)
- 30s Chair Stand Test (2)

## **Students Exposed**

- Fukuda Stepping Test (1)

# Entry Level Education Recommendations: **Positional Testing**

## **Students Learn**

- Dix-Hallpike (2-4)
- Roll Test (1-2)
- Sidelying Test (1-2)

## **Students Exposed**

# Entry Level Education Recommendations: **Diagnostic**

## **Students Learn**

- Head Impulse Test/ Head Thrust Test (2-4)

## **Students Exposed**

- Head Shaking Nystagmus Test (1-2)

# Entry Level Education Recommendations

- **Tests Beyond Entry Level:**
  - NeuroCom Head Shake SOT
  - NeuroCom Gaze Stabilization Test
  - Bow and Lean Test
  - Deep Head Hanging Test
  - Subjective Visual Vertical Test/ Bucket Test
  - Joint Position Error Test
  - Seated Cervical Rotation Test