

October 2020 Stroke Corner: Transcranial Direct Current Stimulation Research Video

Medicare Cuts Update & October 5th Deadline! (TODAY!)

Locomotor CPG Podcast Part II



October 2020 Stroke Corner



Thanks to Arielle Resnick, DPT, NCS for sharing this week's research video on a review of the literature on transcranial direct current stimulation and motor recovery. Click the link above to access the video.

Medicare Cut Update

The physical therapy profession needs your support today!

APTA Update: APTA members and PTs across the country have already sent in 20,000+ letters to Medicare. Thank you! The voice of PTs, PTAs, patients, students, and supporters have undoubtedly been heard. The fight continues though. Help us reach our goal of 30,000 letters to Medicare by the deadline, Oct. 5

Members of Congress need to hear from you so they take immediate action to stop the 9% cut to Medicare payment in 2021. There are template letters available for both [members](#) and [non-members, including the general public](#) on these links. Encourage your colleagues and patients to connect with Congress too!

Not sure about the details about the Physician Fee Schedule Proposal? APTA has created a 35 minute presentation that provides an overview of the rule, APTA's efforts and ways to get involved. The webinar recording can [be found here](#), password is 5DvW!4&7

Thousands of APTA members have already voiced their concern but Congress needs to hear from all physical therapists. Connect today and help make a difference!

FIGHT THE CUT

Locomotor CPG Podcast Part II

Don't miss this excellent clinical resource!

[*Click HERE for Podcast Link.*](#)

Host Jackie Loeshelle is joined by Dr. George Hornby for a Part II discussion on the Locomotor CPG. The Locomotor CPG identifies the most optimal interventions for gait recovery based on current evidence for individuals with chronic stroke, incomplete spinal cord injury, and traumatic brain injury. This episode delves deeper into the background and design of the CPG, how the literature search occurred, and how the authors interpreted results to develop recommendations. Dr. Hornby also discusses implementation and audit strategies for high intensity gait training in the clinical setting.

Read the full-text CPG here:

[https://journals.lww.com/jnpt/Fulltext/2020/01000/Clinical Practice Guideline to Improve Locomotor.8.aspx](https://journals.lww.com/jnpt/Fulltext/2020/01000/Clinical_Practice_Guideline_to_Improve_Locomotor.8.aspx)

Additional resources from the Locomotor Knowledge Translation Task Force:

<https://www.neuropt.org/practice-resources/locomotor/resources>

ANPT Resources Index for Educators

An index of FREE neuro rehabilitation education resources is now available on the ANPT website <https://neuropt.org/professional-resources/educators-index/>

These are listed by health condition, as many neurorehabilitation courses are organized in this way. There is also a section that pertains to multiple health conditions. All resources link to the original content and the index will be updated regularly.

Thank you to ANPT members Sue Perry, PT, DPT and Cindy Zablony, PT, DPT, NCS for developing this resource.

Core Outcome Measures Synapse Courses

A new series of five courses on the Core Outcome Measures has been released on the [ANPT Synapse Education Center](#). Focused on the CPG “A Core Set of Outcome Measures for Adults with Neurologic Conditions Undergoing Rehabilitation” these courses include nine action statements related to the recommended measures, use of the core set, and collaborative decision-making, interpretation, and continuum use. The Core Set includes:

- 10 Meter Walk
- 6 Minute Walk
- Berg Balance Scale
- Five Times Sit to Stand
- ABC Functional Gait Assessment Score

For additional resources from the CPG, visit the website [here](#).

Connect with us

