## STROKE SPECIAL INTEREST GROUP Academy of Neurologic Physical Therapy

In this newsletter...

- Stroke Corner: Advancing Health Promotion and Wellness Practice in **Neurologic PT**
- ANPT Hot Topic Webinars
- Students: Submit your questions to be answered by Stroke experts!
- **NEW** Elections information now available: Sign up to run for ANPT or SIG Office!

**Stroke Corner Advancing Health Promotion and Wellness Practice in Neurologic PT** 



Check out this great new resource from the ANPT Health Promotion & Wellness Task Force!

Rafferty MR, Held Bradford EC, Fritz S, Hutchinson KJ, Miczak K, Resnick A, Billinger SA. Health Promotion and Wellness in Neurologic Physical Therapy: Strategies to Advance Practice. J Neurol Phys Ther. 2021 Sep 9. doi: 10.1097/NPT.00000000000376.

The article and video abstract provide four strategies for implementing Health Promotion and Wellness practice in neurologic PT and are great for PTs hoping to learn more about primary prevention.

The article link can be found here

And the video abstract is here.

Further Health Promotion & Wellness Resources for clinicians can be found on the ANPT Taskforce website <u>here</u>.

#### **Upcoming Hot Topic Webinars Related to Stroke**



# Neuro learning continues into the winter with three great new webinars!

Learn more about each and how to register by clicking here.

The ANPT Practice Committee Hot Topics webinar, *Applying the OPTIMAL: We believe you can do this!* is a 2 hour live webinar. Presented by **Mike Studer, PT, MHS, NCS, CEEAA, CWT, FAPTA** on **December 7, 2021 8:00 pm ET.** 

Moving Beyond the Motor System: Other Factors Influencing Neurorehabilitation after Stroke is a 1 hour live webinar with presenters Margaret A. French, PT, DPT; Allison Elizabeth Miller, PT, DPT; Darcy Schwartz Reisman, PT, PhD, FAPTA; Jennifer Semrau, PhD

on January 11, 2022 8:00 pm ET.

### **Don't Forget About This Q&A Resource!**



Don't forget! We're here to answer your questions

The <u>Stroke SIG Student Corner</u> initiative brings Stroke experts together to answer student questions (but you don't have to be a student to submit your question). Check out our Student Corner website for videos of Stroke experts answering previous questions and for the question submission form.

#### SUBMIT QUESTIONS HERE

### Run for Office! ANPT and Special Interest Group Elections



Plan ahead and consider running for a position on the Stroke SIG board!

The following Stroke Special Interest Group are open:

- Chair Elect
- Vice Chair
- Nominating Committee

Nominations are due March 21, 2022 and you are encouraged to self-nominate. The nomination link is now live on the <u>ANPT Elections Webpage</u>.

Elections will be held April 4 - May 4, 2022. Three year terms begin July 1, 2022.

All Stroke SIG board positions involve attendance at monthly meetings and leadership of one of our Stroke SIG initiatives, such as our podcast, Student Corner, Social media, or weekly newsletter.

For more information on Stroke SIG initiatives, visit our page here.

Don't hesitate to reach out to our Nominating Committee for more information at strokesig@gmail.com

Nominating Committee Members:

- Rachel Prusynski (Chair)
- Ginny Little
- Mackenzie Wilson

**ELECTIONS WEBSITE** 

#### **VISIT THE STROKE SIG ONLINE!**





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**ANPT Social Media** 

