

November 2nd, 2020



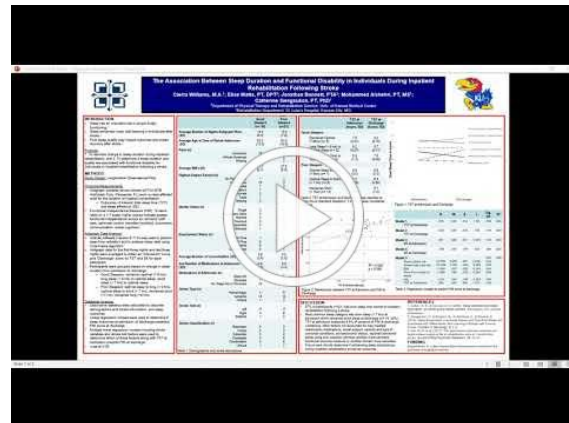
STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

- Stroke Corner Research Video
- Orthotics & Neuroprosthetics Survey
- NEW Ways to Access Resources on APTA Website
- Run or Nominate someone for SIG Office!
- Locomotor CPG Podcast Part II

STROKE CORNER: Sleep and Functional Disability During Inpatient Rehabilitation Following Stroke



Click on the video above to hear from Catherine Siengasukon, PT, PhD, a sleep expert from the University of Kansas, talk about her study on Sleep Duration and Functional Disability in Individuals During Inpatient Rehabilitation Following Stroke.

Dr. Siengasukon provides a detailed explanation of the methods and results, and highlights that 57% of patients with stroke in this study were poor sleepers during inpatient rehabilitation. She also discusses how sleep time was a predictor for FIM score. This work informs future studies that should aim to optimize sleep during rehabilitation.

Orthotics and Neuroprosthetics Knowledge Translation Task Force Survey

**Step In to It! The Orthotics and Neuroprosthetics Task
Force, wants to hear from YOU!**

The Orthotics and Neuroprosthetics Knowledge Translation Task Force is conducting a survey to

assess current use of orthotics and neuroprosthetics in clinical practice. The survey will evaluate how, when, and why orthotics and neuroprosthetics are used for patients with both acute and chronic stroke. Beyond this, the survey hopes to gain an understanding of barriers or reasons for not prescribing orthotics and neuroprosthetics in people post-stroke. The information gained from the survey results will help guide the ONP KT Task Force on the most appropriate key points of education for our members. Please take 10-minutes to complete the [survey](#) - we want to hear from you!

Finding Evidence Based Neurologic Rehab Resources on APTA.org

The previous **PTNow** resources are now in a different location and easy to search on the [apta.org](#) website! You can search for evidenced based neurologic rehabilitation resources that have been published by the APTA and resources published in EBSCO Database at the same time.

A [Rehabilitation Reference Center](#) includes point-of-care resources such as exercise images, patient education sheets, and quick access to medication references.

The **APTA Patient Care** section has patient care resources to help you in your daily practice — including content and tools previously housed at PTNow. Search for [clinical practice guidelines, tests and measures](#), or other [evidence-based practice resources](#). APTA members also have access to the [Guide to Physical Therapist Practice](#). Here is the link: [APTA Patient Care](#).

RUN FOR SIG OFFICE

The Link to Nominate Yourself or A Colleague for ANPT Office is Live!

<https://neuropt.org/members/nomination>

You must be logged into your ANPT Account to access the form.

Positions open for the Stroke SIG board this year include:

1. SIG Nominating Committee- 3-year term
2. SIG Secretary - 3 year term

Nominations are due March 21st, 2021

Position Descriptions are available at the link above and copied below:

Secretary (3-year Term)

OFFICER DUTIES AND RESPONSIBILITIES

- i. Maintains a record of all official actions and decisions of the SIG.
- ii. Records the minutes of all SIG meetings and conference calls.
- iii. Submits minutes of SIG meetings (CSM, conference calls) to the SIG officers.
- iv. Attends the SIG officers meeting with the Academy Vice President at CSM.
- v. Assists the Chair in preparing and submitting an annual plan for the SIG to the Board of Directors.
- vi. Ensures currency of SIG website links and content every 6 months at minimum.
- vii. Provides for orientation of a successor

Nominating Committee Member (3-year term, 2 years as committee member and 1 year as committee chair)

DUTIES AND RESPONSIBILITIES

1. Prepares annually a slate of two (2) or more candidates for each open SIG office.
2. Coordinates with the Executive Director and Academy Nominating Committee liaison to build ballot and to conduct elections.
3. Chair attends the SIG officers meeting with the Academy Vice President at CSM.

NOMINATE YOURSELF OR SOMEONE ELSE TODAY

LOCOMOTOR CPG PODCAST PART II

DON'T MISS THIS EXCELLENT CLINICAL RESOURCE!

[Click HERE for Podcast Link.](#)

Host Jackie Loeshelle is joined by Dr. George Hornby for a Part II discussion on the Locomotor CPG. The Locomotor CPG identifies the most optimal interventions for gait recovery based on current evidence for individuals with chronic stroke, incomplete spinal cord injury, and traumatic brain injury. This episode delves deeper into the background and design of the CPG, how the literature search occurred, and how the authors interpreted results to develop recommendations. Dr. Hornby also discusses implementation and audit strategies for high intensity gait training in the clinical setting.

READ THE FULL CPG
HERE

ADDITIONAL RESOURCES FROM THE LOCOMOTOR KNOWLEDGE TRANSLATION TASK
FORCE

VISIT THE STROKE SIG ONLINE!



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ANPT Social Media

