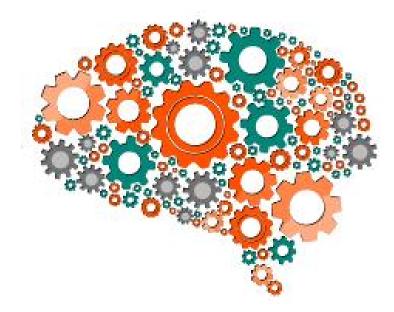


In this newsletter...

- Locomotor CPG Podcast Part III
- Op-ed on shame & weakness after Stroke
- Run or Nominate someone for SIG Office!

## Stroke Corner: Locomotor CPG Podcast III



Stroke SIG Podcast Episode 11: For this week's podcast, host Jackie Loeshelle is joined by members of the Locomotion – Chronic CPG Knowledge Translation Task Force for a Part III discussion on the Locomotor CPG.

In this episode, Dr. Carey Holleran and Dr. Maghan Bretz discuss the Intensity Matters Campaign, which provides clinicians with guidance on how to focus on intensity when providing intervention for improving locomotor function in individuals with chronic neurologic conditions (CVA, iSCI, and TBI). The Task Force has created guidelines that can be found on the ANPT website. <u>This</u> <u>podcast episode</u> will provide clinically applicable knowledge to implement intense and task-specific gait training into your practice. Please send questions or comments to strokesig@gmail.com

PODCAST LINK

# New York Time's Op Ed on Weakness

This week, the New York Times published an op-ed of interest to physical therapists working with patients after a stroke. <u>This piece</u> uses experiences of people with stroke as an opportunity to reexamine how our society perceives weakness and dependence on others, and asserts that our interdependence is a sign of our greatest strength.

### NYT Op-Ed

# Finding Evidence Based Neurologic Rehab Resources on APTA.org

The previous **PTNow** resources are now in a different location and easy to search on the **<u>apta.org</u>** website! You can search for evidenced based neurologic rehabilitation resources that have been published by the APTA and resources published in EBSCO Database at the same time.

A **<u>Rehabilitation Reference Center</u>** includes point-of-care resources such as exercise images, patient education sheets, and quick access to medication references.

The **APTA Patient Care** section has patient care resources to help you in your daily practice including content and tools previously housed at PTNow. Search for <u>clinical practice</u> <u>guidelines, tests and measures</u>, or other <u>evidence-based practice resources</u>. APTA members also have access to the <u>Guide to Physical Therapist Practice</u>. Here is the link: <u>APTA Patient Care</u>.

## **RUN FOR SIG OFFICE**

#### The Link to Nominate Yourself or A Colleague for ANPT Office is Live!

#### https://neuropt.org/members/nomination

#### You must be logged into your ANPT Account to access the form.

Positions open for the Stroke SIG board this year include:

- 1. SIG Nominating Committee- 3-year term
- 2. SIG Secretary 3 year term

#### Nominations are due March 21st, 2021

Position Descriptions are available at the link above and copied below:

#### Secretary (3-year Term)

OFFICER DUTIES AND RESPONSIBILITIES

i. Maintains a record of all official actions and decisions of the SIG.

ii. Records the minutes of all SIG meetings and conference calls.

iii. Submits minutes of SIG meetings (CSM, conference calls) to the SIG officers.

iv. Attends the SIG officers meeting with the Academy Vice President at CSM.

v. Assists the Chair in preparing and submitting an annual plan for the SIG to the Board of Directors.

vi. Ensures currency of SIG website links and content every 6 months at minimum. vii. Provides for orientation of a successor

Nominating Committee Member (3-year term, 2 years as committee member and 1 year as committee chair)

DUTIES AND RESPONSIBILITIES

1. Prepares annually a slate of two (2) or more candidates for each open SIG office. 2. Coordinates

with the Executive Director and Academy Nominating Committee liaison to build ballot and to conduct elections. 3. Chair attends the SIG officers meeting with the Academy Vice President at CSM.

## NOMINATE YOURSELF OR SOMEONE ELSE TODAY

# VISIT THE STROKE SIG ONLINE!





Academy of Neurologic Physical Therapy info@neuropt.org | www.neuropt.org

**ANPT Social Media** 

