

May 3, 2021



STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

- **Stroke Corner: CSM Research Video on Using GPS to Validate Speed-Based Community Ambulation Classification**
- Stroke Awareness Month Graphics & Resources from ChoosePT
- **ANPT VOTING ENDS THIS WEEK!**
- AFO/FES Clinical Practice Guideline Podcast
- Save the Date for the First ANPT Conference

Stroke Corner: CSM Research Video

The video frame shows a presentation slide titled "Assessment of Gait Speed". In the top right corner, there is a small video inset of a woman, Kanika Bansal. The main content of the slide includes a diagram of a person walking on a blue walkway labeled "GAIIRite Instrumented Walkway" which is 4.87 m long. The person is walking at a "Self-Selected (SS) Walking Speed X 2 trials". Above the walkway, three boxes represent functional groups: "Lower Functioning (LF) (Gait speed: $0.4-0.8\text{ m/s}$)", "Higher Functioning (HF) (Gait speed: > 0.8 m/s)", and "Healthy Controls". A box labeled "Forward Gait Speed" has an arrow pointing to the LF box. A large play button icon is overlaid on the diagram. At the bottom left, there is a citation: "(Stolic DS et al., 2009; Perry et al., 1995)". At the bottom right, it says "APTA Combined Sections Meeting".

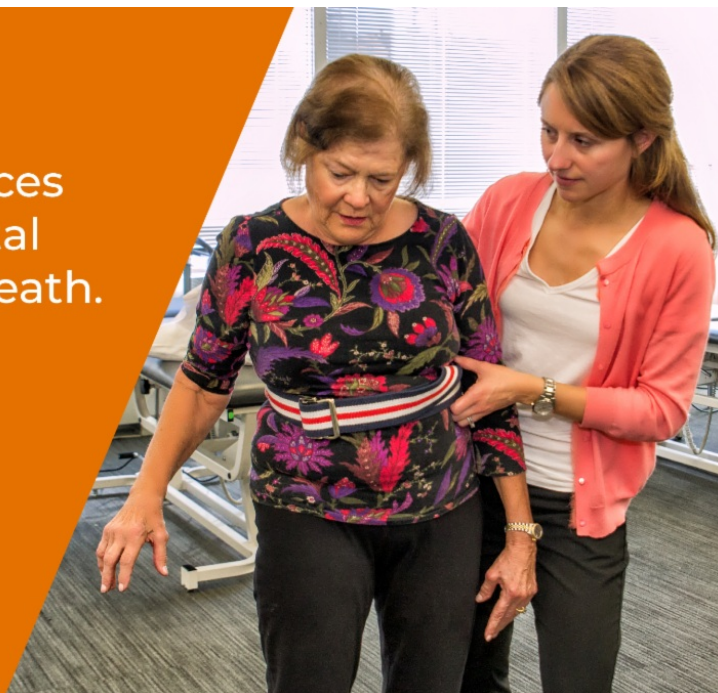
Kanika Bansal, PT, MPT was a Stroke SIG research award winner at CSM 2021. We are proud to feature Kanikas's presentation on **Validation of Speed-Based Classification of Community Ambulation Post-Stroke: GPS Uncovers Real-World Performance.**

Click the link to watch Kanika's award-winning presentation and learn about the challenges in using gait speed to determine whether patients are unlimited community ambulators post-stroke.

Stroke Awareness Month Resources!

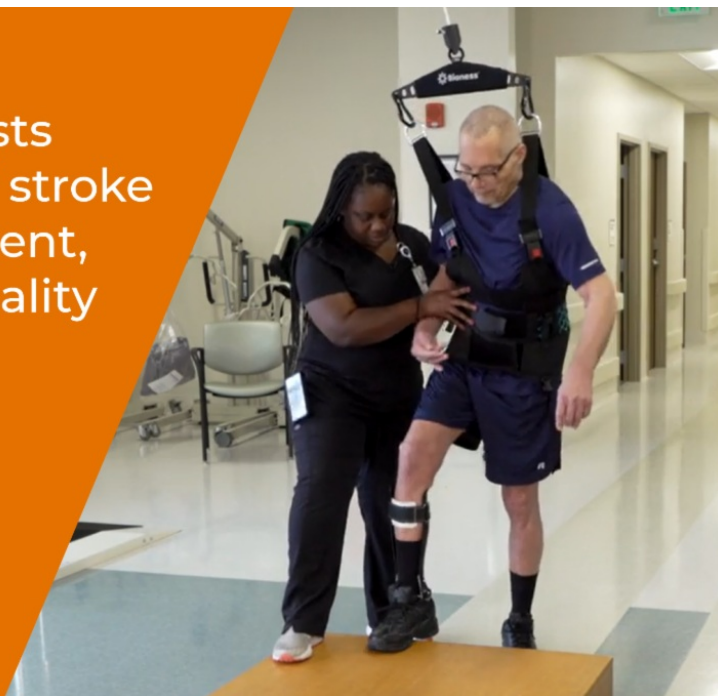
Physical therapy after stroke reduces the rate of hospital readmission or death.

ChoosePT[™]
Provided by  APTA



Physical therapists help survivors of stroke improve movement, function, and quality of life.

ChoosePT[™]
Provided by  APTA



May is Stroke Awareness Month
Help us promote the role of PT after stroke!

Thank you to ChoosePT for developing graphics and other resources to share with patients and families to promote the importance, and impact, of physical therapy after stroke. The graphics above are available to share (just right-click on the picture to save) or explore the resources linked below:

Physical Therapy Health Center on Stroke
<https://www.choosept.com/stroke>

The newly updated Physical Therapy Guide to Stroke (revised and published

4/26/2021)

<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-stroke>

The newly published research summary Did You Know article: Physical Therapy Lowers the Odds of Hospital Readmission and Death After Stroke

<https://www.choosept.com/didyouknow/detail/physical-therapy-lowers-odds-of-hospital-readmissi>

Members also can share and retweet these resources from APTA posts on ChoosePT Facebook and Twitter channels during the month of May to amplify our messaging.

Don't forget to vote in the ANPT Election this week!

VOTING CLOSSES THIS WEDNESDAY MAY 5th!

Your ballot has been emailed from announcement@associationvoting.com. If you do not receive a ballot, please email info@neuropt.org. The following positions are on the ballot:

ANPT Board of Directors

- Vice President, Board of Directors
- Director of Education

Academy

- ANPT Nominating Committee
- ANPT Delegate to the APTA House of Delegates

All 8 SIGs

- SIG Secretary
- SIG Nominating Committee

You are able to review the slate of candidates, including candidate statements and biographical information. For each Academy position, you may select only one candidate. For SIG positions, all section members are eligible to vote for any SIG position. However, we would prefer that you cast votes only in the SIGs with which you feel closely allied. Remember that once you cast your ballot, you may not go back and change or delete your vote. Also, do not forward your email to others as the link is tied to your vote.

Check out the AFO/FES CPG Podcast



In this episode, the Journal of Neurologic Physical Therapy (JNPT) partners with the ANPT Stroke Special Interest Group for an interview with Dr. Therese Johnston and Dr. Lisa Brown conducted by host Jackie Loeshelle. Drs. Johnston and Brown are authors of a recently released clinical practice guideline examining the use of ankle foot orthoses and functional electrical stimulation for individuals post-stroke. Their article is included in the April 2021 issue of JNPT.

Find more about the CPG here: https://www.neuropt.org/practice-resources/anpt-clinical-practice-guidelines/AFO_FES-post-stroke

PODCAST LINK



ACADEMY OF NEUROLOGIC PHYSICAL THERAPY **VIRTUAL CONFERENCE 2021** SEPT-NOV ON-DEMAND | OCTOBER 1-3 LIVE CONTENT

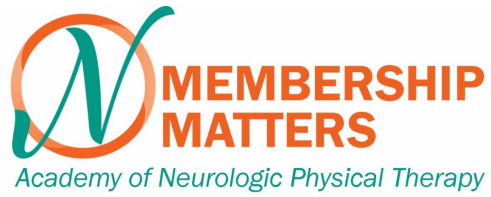
The Academy of Neurologic Physical Therapy (ANPT) is excited to host its 1st "Virtual" Annual Conference in 2021! On-demand content will be available September 8 with the virtual "live" conference October 1-3. The poster gallery will launch October 4. All content will be available through November 22.

For more information on Keynote Speakers, registration rates and more, click on the button below.

Registration opens in June.

CONFERENCE WEBSITE

VISIT THE STROKE SIG ONLINE!



Academy of Neurologic Physical Therapy
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ANPT Social Media

