

In this newsletter...

- New Spanish Translation for Nutrition Post-Concussion by the Concussion Knowledge Translation Task Force!
- Reminder to Check out the Newest Episode of the Stroke SIG Podcast!
- Don't Forget to Register for the 3rd Annual ANPT Conference!

New Spanish Translation Handout for Nutrition Post-Concussion!



Download the nutrition handout from the ANPT website: <u>https://www.neuropt.org/practice-resources/anpt-clinical-practice-guidelines/concussion-cpg/patient-resources</u>



Reminder!! If you haven't already, check out our newest episode- Optimal Intensity and Duration of Walking Rehabilitation in Patients with Chronic Stroke: A Randomized Control Trial

In this episode, host Marissa Moran PT, DPT is joined by Pierce Boyne, PT, DPT, PhD, NCS, Sandra A. Billinger, PT, PhD, and Darcy S. Reisman, PT, PhD to discuss their recent article posted in JAMA Neurology titled "Optimal Intensity and Duration of Walking Rehabilitation in Patients with Chronic Stroke: A Randomized Control Trial." The authors discuss their research that investigated the gains in walking capacity between two different training parameters (high intensity interval training and moderate intensity aerobic training) after 4, 8, and 12 weeks of training.

Listen on: <u>Spotify</u> <u>Apple Podcasts</u>





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