

June 14, 2021



STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

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- Student Corner: What I Wish My Therapist Knew
- Two Weeks until ANPT Conference registration opens!
- Nominate Someone for an ANPT Award

Stroke Corner Topic: Value of Therapy in Post-Acute Care

Reviewed by Rachel Prusynski, DPT, NCS, PhD(c)- Stroke SIG Vice Chair



Have you heard about the TOPS Study?

Due to significant Medicare payment policy changes in 2019 and 2020 that impact incentives for therapy in post-acute care - the Patient Driven Payment Model, or PDPM in Skilled Nursing Facilities (SNFs) and PDGM- The Patient Driven Groupings Model in Home Health, the APTA and AOTA got together to study the value of therapy in Inpatient Rehab Facilities (IRFs), SNFs and Home Health Agencies (HHAs).

The Therapy Outcomes in Post-Acute Care Settings, or TOPS study, set out to examine the relationship between therapy intensity (amount of physical and occupational therapy per post-acute stay) and outcomes in post-acute care.

Bottom Line:

The TOPS study found that therapy intensity is directly and positively related to improvements in patient functional ability across post-acute settings.

Patients who receive physical and occupational therapies during their initial post-acute care episode are less likely to be readmitted and more likely have better outcomes, such as survival, functional ability, quality of life, and participation in daily living.

The TOPS Study Summary can be found [here](#).

The Joint APTA/AOTA Statement with more details about the TOPS Study results is available [here](#).

More Resources for You

As many therapists in post-acute settings may be struggling with changes in policies that impact therapy provision, especially for patients with neurologic diagnoses who require intensive therapy for optimal neuroplastic recovery, the Stroke SIG board wanted to provide post-acute therapists with additional resources to help facilitate discussions on ideal therapy intensity in your settings.

- [Systematic Review on Intensive Therapy and Patient Outcomes in Skilled Nursing Facilities](#)
- [Study on how Home Health Agency characteristics are related to patient outcomes](#)
- [Study showing improved function after progressive multicomponent home PT compared to usual care](#)
- [Study Showing Significant Declines in Staffing in Skilled Nursing Facilities after the Implementation of PDPM](#)

Have questions or struggling with the impact of payment policy in your facility? Don't hesitate to reach out to the Stroke SIG for help! StrokeSIG@gmail.com

Student Corner: What I Wish My Therapist Knew



Meet Kent, who agreed to share a brief response to the question "What do you wish your therapist knew after your stroke?"

Thanks to Kent for sharing his perspective on the motivations and goals he brought into therapy.

ANPT Conference Registration Opens June 28!

ANPT Annual Conference 2021



94 SPEAKERS	Q&A SESSIONS	1 KEYNOTE SPEAKER
VIRTUAL POSTER HALL	21 LIVE SESSIONS OCT 1-3	ATTENDEE NETWORKING
25 ON-DEMAND PRESENTATIONS	VIRTUAL EXHIBIT HALL	JUNE 28 REGISTRATION OPENS
PLATNIUM  VestibularFirst	SPONSORS	BRONZE  F.A. DAVIS

Plans for the Academy of Neurologic Physical Therapy Annual Conference are coming together with **21 sessions** the “live” weekend of **October 1-3, 2021** and **25 on-demand sessions** available **September 8-November 22**. A poster hall, exhibit hall, video chats, Q&A sessions and a great platform for networking will make this a neuro education weekend you don’t want to miss!

Registration opens June 28th
with the first 100 registrants receiving a special “bonus”!

Updates will be announced in future Action Potential issues and on the [conference web page](#).

ANPT Award Nominations are Open! Nominate a Great Stroke Clinician or Researcher

NOMINATIONS NOW OPEN



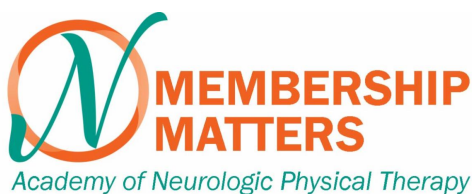
Do you have a colleague who deserves to be recognized by their peers for their great work? Now is the time to submit a nomination for the ANPT 2022 Awards [here!](#)

The individual awards are:

- Service to the Academy Award
- Excellence in Neurologic Research Award
- Excellence in Neurologic Education Award
- PT Clinical Excellence in Neurologic Physical Therapy Award
- PTA Clinical Excellence in Neurologic Physical Therapy Award
- Outstanding Clinical Innovator in Neurologic Physical Therapy Award
- Outstanding Advocacy in Neurologic Physical Therapy Award
- Early Career Professional Award
- SIG Service Award
- SIG Research Award
- CSM Abstract: Early Career Scientist Awards

Award nominations are **due by August 1st** and winners will be recognized at the CSM 2022 in San Antonio!

VISIT THE STROKE SIG ONLINE!



Academy of Neurologic Physical Therapy
info@neuropt.org | www.neuropt.org

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Academy of Neurologic Physical Therapy | 5841 Cedar Lake Rd S. Ste 204, American Physical Therapy Association, Minneapolis, MN 55416

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