



# STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

### In this newsletter...

- Stroke Corner Research Video: Capacity vs Stepping Performance after Stroke
- **January 25th Stroke SIG Trivia! Register Today.**
- ANPT Annual Meeting & Myelin Melter Invite
- Elections information now available: Sign up to run for ANPT or SIG Office!

## STROKE CORNER

### Research Video: Capacity vs Performance: Maximizing a Patient's Carryover from Therapy to Life

**Capacity vs. Performance: Maximizing a Patient's Carryover from Therapy to Life**

Brian Wadsworth, PT, DPT, NCS, CBIS<sup>1</sup>  
Physical Therapist

**INTRODUCTION**

**OBJECTIVES**

Outcome Measure	Initial Assessment	1st Follow-up	2nd Follow-up
Time Point	Pre-stroke	1 Day after a Fall	1 Week
Time Point	3000	2781	2884
Outcome Measure	100WT (meters)	100WT (meters)	100WT (meters)
Outcome Measure	1.68	1.8	1.72
Outcome Measure	1.92	3.8	3.94
Outcome Measure	1700	1400	1610
Outcome Measure	17.1%	9.8%	9.4%
Outcome Measure	NT	NT	NT

**RESULTS**

**REFERENCES**

In this brief video, listen as Brian Wadsworth, DPT, NCS, CBIS discusses his research case study that demonstrates improved stepping performance in a patient post-CVA after education regarding objective step monitoring. Thank you Brian for sharing your work!

# January 25th- Register Now for a Virtual Stroke SIG Meeting & Trivia Night!



## ***You're Invited!***

*To a Pre-CSM Virtual Stroke SIG Business Meeting. Learn about Stroke SIG initiatives, volunteer needs, upcoming elections, and play Stroke Trivia to win prizes!*

***You must be registered in advance to attend.***

When: Jan 25, 2022 07:30 PM Central Time (US and Canada)

Where: Zoom

### **Register in advance for this meeting:**

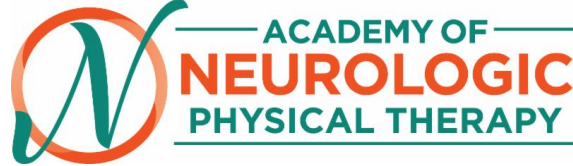
<https://us06web.zoom.us/meeting/register/tZcpduiorzMsE9VXCAEmc36YcD0EgoagV6wR>

After registering, you will receive a confirmation email containing information about joining the meeting.

Trivia prizes include a brain model for patient/student teaching, a wrist-worn pulse oximeter for easy High Intensity Gait Training, and a portable peddle exerciser!



**Academy of Neurologic Physical Therapy Annual Business Meeting, Awards Ceremony, and Myelin Melter**



*Join the Academy of Neurologic Physical Therapy for its Annual Business Meeting for all members. Additionally, the Academy will host the 2022 Awards Ceremony recognizing the successes of the Academy over the past year.*

**Friday, February 4, 2022  
at CSM in San Antonio, Texas!**

**Grand Hyatt  
Lone Star Salon DE**

**6:30-6:45 pm Business Meeting  
6:45-7:15 pm Awards Ceremony  
7:15-9:00 pm Myelin Melter Social**

*As a member of the ANPT, you are encouraged to vote at the upcoming meeting.*

**[Click here](#) to view the business meeting packet that includes the items below:**

*Meeting Agenda  
Prior Year Minutes  
ANPT Updates  
Membership Updates  
Call for Nominations  
ANPT Awards*

ANPT will be following the APTA Covid-19 guidelines for this event.

## **Run for Office! ANPT and Special Interest Group Elections**

**NOMINATE NOW!**

**Plan ahead and consider running for a position on the Stroke SIG board!**

The following Stroke Special Interest Group are open:

- Chair Elect
- Vice Chair
- Nominating Committee

**Nominations are due March 21, 2022 and you are encouraged to self-nominate.** The

nomination link is now live on the [ANPT Elections Webpage](#).

Elections will be held April 4 - May 4, 2022. Three year terms begin July 1, 2022.

*All Stroke SIG board positions involve attendance at monthly meetings and leadership of one of our Stroke SIG initiatives, such as our podcast, Student Corner, Social media, or weekly newsletter. Nominees must be Academy of Neurologic PT Members in good standing.*

For more information on Stroke SIG initiatives, visit our page [here](#).

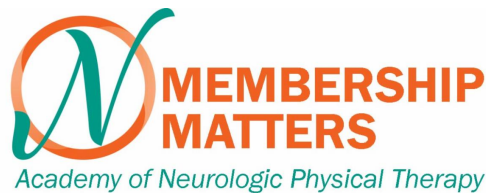
Don't hesitate to reach out to our Nominating Committee for more information at [strokesig@gmail.com](mailto:strokesig@gmail.com)

Nominating Committee Members:

- Rachel Prusynski (Chair)
- Ginny Little
- Mackenzie Wilson

**ELECTIONS WEBSITE**

**VISIT THE STROKE SIG ONLINE!**



**Academy of Neurologic Physical Therapy**  
info@neuropt.org | www.neuropt.org

**ANPT Social Media**

