

November 11, 2021



# Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

**Practice Resources on the ANPT Webpage**

Hello Academy Member! The ANPT Practice Committee is dedicating Part 2 of the November 2021 Message to key resources that support knowledge translation efforts and resources developed by ANPT work groups. We hope these resources will support you in the pursuit of best practices for neurologic physical therapy.

## New ANPT Resources

**ANPT has developed the following new resources that may be useful in your practice or when educating developing neurologic physical therapists.**

### **Hot Topics Webinar December 7th**

The Practice Committee Hot Topics webinar series will present Applying the OPTIMAL: We believe you can do this! from Mike Studer, PT, HS, NCS, CEEA, CWT, FAPTA on December 7th at 8:00 pm ET.

[Learn more and register on this page.](#)

### **Neurologic Fellowship Curriculum**

The ANPT is committed to advancing neurologic fellowship educational opportunities.

The ANPT Board of Directors created a Neurologic Fellowship Curriculum Task Force to develop a model curriculum document and resources.

[These resources can be downloaded here.](#)

### **The Wheelchair Curriculum**

The Wheeled Seated & Mobility (WSM) Curriculum is designed as a ready to use curriculum for pre-professional PTs and PTAs. This education and training package prepares the entry level workforce and increases the likelihood students are exposed to a minimal standard of WSM knowledge and skills in the practice of WSM evaluation, prescription, and training to meet the needs of persons with basic level mobility impairments.

[Resources can be found here.](#)

### **PTA Advanced Proficiency Pathways**

APTA's PTA Advanced Proficiency Pathways is the premier program for increasing a PTA's knowledge and skill in a chosen area of physical therapy.

## Special Interest Groups Highlights

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIGs are doing. [Take a look](#) at the ANPT website SIG information, sign up, get active!

### **Assistive Technology/Seating and Wheeled Mobility: Wheelchair Seating and Mobility Curriculum**

- An education and training package for entry level PT and PTA academic programs has been developed (See above). [Click Here](#) for more information.

### **Balance and Falls SIG:**

#### **2021 Prevent Falls Video Challenge**

- Deadline for submission extended to **November 15th!** Students - win money for your student organization! For information on competition rules and deadlines [click here](#). Videos should be submitted directly to [BalanceFallsSIG@gmail.com](mailto:BalanceFallsSIG@gmail.com)

### **Brain Injury SIG:**

- The SIG's podcast titled [Brain Bytes](#) has new recordings available. This includes a podcast on the implementation of the locomotor training CPG when working with people with TBI and another one focused on wheelchair seating and positioning.

### **Degenerative Diseases SIG:**

- Check out the newest podcasts in the [Deep Dive into Degenerative Diseases podcast series](#)
- Be on the lookout for a new clinical practice guideline for management of individuals with Parkinson's Disease. A newly formed knowledge translation taskforce will be releasing important resources to help with implementation of these guidelines. In case you missed it, the [master draft of the CPG](#) was released for public comment earlier this summer.

### **Stroke SIG:**

- Check out this new podcast discussing an article published in JNPT in October 2021. "[Discussing Manual Dexterity and its Association with Paretic Upper Extremity Use in Individuals with Stroke Living in the Community](#)"

### **Residency and Fellowship SIG:**

- Looking to start a neurologic fellowship? As highlighted above, the new [fellowship resources](#) are available online which includes a [curriculum template](#).
- The SIG will be hosting a virtual Neurologic Residency Fair on Tuesday November 30<sup>th</sup> from 6-8pm (EST). Any licensed PT or student PT who is considering residency education is welcome to join. You must [RSVP HERE](#) to participate in this Zoom meeting.

### **Spinal Cord Injury SIG:**

- The SIG has organized a [resource page](#) that lists resources by stake

holders including healthcare providers, patients and families as well as research resources for persons with SCI and clinicians.

- Many new fact sheets are available on the SIG's [Fact Sheet](#) webpage including [Pain and SCI](#) and [Classification of Pain in SCI](#).

#### **Vestibular SIG:**

- Seeing patients with dizziness post-COVID? The vestibular SIG is excited about an upcoming newsletter that will highlight several case studies submitted by clinicians across the country addressing complaints of dizziness following COVID.

## **Translating Knowledge into Practice: ANPT Taskforce Highlights**

**The purpose of these groups is to help clinicians integrate evidence-based practice into clinical practice. See below for resources these work groups have developed.**

#### **Locomotor Training KT Task Force**

- A [clinical toolbox](#) containing knowledge translation (KT) resources to support the implementation of the CPG on locomotor training for chronic conditions is now available. It organizes resources by stakeholder so you can easily find tools for healthcare providers and patients.
- Trying to figure out the best equipment for your clinic to support high intensity gait training? Be sure to use the [Equipment Resources](#) posted online to save yourself a lot of time researching your options.

#### **Orthotics and Neuroprosthetics KT Task Force**

- Trying to determine whether an AFO or FES would be beneficial for a patient following acute or chronic stroke? This resource highlights the [primary indications for AFO vs FES](#) based on targeted outcomes in body structure and function, activity, and participation.
- Check out this new resource to help understand the [clinical effects of an AFO vs FES](#) for individuals following stroke.

#### **Concussion KT Task Force**

- Did your patient potentially experience a concussive event? Check out this resource to help with [screening for indicators of emergency conditions and differential diagnosis](#).
- It can be difficult to determine where to start your examination of individuals following concussion due to multiple symptoms with varying levels of irritability. Check out this resource to help [guide your examination](#).
- Once you've completed your examination, how do you determine where to focus your interventions and plan of care? Check out this resource to help [guide your selection of interventions](#).

#### **Vestibular Hypofunction KT Task Force**

- The Vestibular Hypofunction KT Task Force has completed revisions of knowledge translation documents for the recent clinical practice guideline. Look for these tools/educational materials (and more) coming soon from the group:
  - ANPT Synapse Education Center (SEC) module on the CPG
  - ANPT SEC module using a case-based approach highlighting the

### Neurologic Telehealth Task Force

- The ANPT Telehealth Taskforce is looking for clinician volunteers to help create and share video case examples of telehealth evaluation, treatment, and wellness sessions. If you have utilized telehealth and would like to help contribute to a library of resources for the membership, we would love your help! For more information, please email Brittany Kennedy at [neurotelehealthanpt@gmail.com](mailto:neurotelehealthanpt@gmail.com). If you want to sign up, please [click here!](#)
- Please be sure to check out the [ANPT Practice Resources Neuro Telehealth](#) page. New postings each month.

## The Practice Committee

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Heather Knight at [info@neuropt.org](mailto:info@neuropt.org)

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