



Message from the Practice Committee

A License to Practice Across State Lines: What you should know about the Physical Therapy Licensure Compact (PTLC)

In 2014, the Federal State Board of Physical Therapy developed a task force to explore the development of an interstate licensure compact for physical therapy. Twenty-one states have now signed bills to participate in the Physical Therapy Licensure Compact (PTLC) with Missouri, North Dakota, and Tennessee starting to issue licenses on Monday July 9, 2018. The PTLC is an agreement between participating states to improve access to physical therapy services by increasing the mobility of eligible physical therapy providers to work in multiple states. This new licensing structure should help improve continuity of care when providers travel with clients across state lines (i.e. sporting events), allow military spouses to more easily transition across state lines, improve access to PT providers, increase patient's choice of PT providers, and facilitate alternative delivery methods (i.e. telehealth).

Key points to understanding and participating in the PTLC:

- To participate, your "Home State" must have legislation passed which adopts the language of the compact. Below is a list of all states who have currently passed legislation. AZ, CO, IA, KY, LA, MO, MS, MT, NC, ND, NE, NH, NJ, OK, OR, SC, TN, TX, UT, WV, WA
- "Home State" is your state of primary residence. See the FAQ link below for additional clarification.
- You must go through the regular licensure process in your "Home State".
- Renewal of Compact Licenses are tied to the renewal timeframe and renewal expectations for the license in your "Home State".
- The applicant cannot have any limitations on any license from any state.
- No adverse licensing board actions can have been taken against an application for the past 2 years. If a new action is taken against any license, the licensee will lose compact privileges.
- A \$45 fee to the PTLC is charged for each Compact License. Individual states can also apply an additional licensing fee for access to practice in that state.
- Laws and regulations must still be followed for the state in which the PT services are being delivered (i.e. the state in which the patient/client is located).

Click here to see the resource sheet on FAQ located on PT Compact website: http://ptcompact.org/Portals/0/images/PTCompactFrequentlyAskedQuestions5_7_18.pdf

To stay up to date on when and how to apply for a PT Compact License, please visit the PT Compact webpage. <http://www.ptcompact.org>

Diversity- Our Professional Obligation

Developing Diversity in Physical Therapy: Reflecting the World Around Us

"Our emphasis on being better together, our commitment to diversity and inclusiveness, and our energized and connected members pointed the way toward this new mission statement."

----APTA President Sharon L. Dunn PT, PhD

[https://youtu.be/tzpox_CqnDA\[1\]](https://youtu.be/tzpox_CqnDA[1])

Quick Facts:

- A review of the literature suggests factors influencing barriers to minorities entering the profession include inadequate financial resources, few minority role models and lack of diverse leadership.
- Racial concordance of patient and provider is associated with greater patient participation in care processes, higher patient satisfaction and greater adherence to treatment. (Ries 2006)
- Studies show that minorities make up less than 20% of Physical Therapists (Skillman 2016).

How does the Academy of Neurologic Physical Therapy Measure up with Diversity? (5,486 total members)

Percent of whole component	PTs	PTAs	Students
African American (not Hispanic)	1.91%	0.15%	0.16%
American Indian or Alaskan Native	0.27%	0.05%	0.00%
Asian	6.22%	0.22%	0.69%
Hispanic/Latino	3.32%	0.47%	0.62%
Other	1.73%	0.07%	0.24%
Pacific Islander or Native Hawaiian	0.24%	0.02%	0.04%
White (Non Hispanic)	73.20%	3.32%	7.05%

What can YOU do to develop diversity in physical therapy

1. Familiarize yourself with resources that are available on cultural diversity in PT and PT education. Here are a few examples.

1. <http://www.apta.org/Blogs/Pulse/2017/11/Diversity/>

2. Online Course on Clinical Decision Making in Diverse Populations:

1. <http://learningcenter.apta.org/student/MyCourse.aspx?id=e75b603a-9134-4fec-95a9-3c393c092046&programid=dcca7f06-4cd9-4530-b9d3-4ef7d2717b5d>

3. Diversity Report by American Council of Academic Physical Therapy (ACAPT): <http://www.acapt.org/news/2016/04/28/diversity-report>
 4. American Academy of Physical Therapy website: <http://www.aaptnet.org/our-history.html>
2. Get involved in your local area and make a difference.
- Join and/or create a Cultural Diversity/Minority Affairs Committee at the State Level
 - Join and/or create a Cultural Diversity/Minority Affairs Group in your company
 - Develop journal clubs focusing on cultural competence topics
 - Encourage minority clinicians into leadership roles or development programs such as participating in LAMP, as a member of the House of Delegates or in decision making groups within the association, company, and/or group.
 - Create minority/underrepresented mentorship programs with local schools
 - Offer community outreach programs to minority and underrepresented communities/groups
 - Partner with groups already formed:** Girl Scouts (Physical Therapy badge program), The Divine Nine, various STEM groups/camps, and associations.
 - Having Minority clinicians/members participate in panel discussions and/or career days
3. Have more questions or want to know more ways to get involved from someone who is a leader in this area and also a member of the Academy of Neurologic PT?
- Contact: Jazmine Tooles, PT, DPT
 Committee Chair, PPTA Minority Affairs Committee/Work Group
 Committee Chair, APTANJ Cultural Diversity Committee
 Lead, Moss Rehab Cultural Diversity Special interest Group
Toolesja@einstein.edu

Advancing Neurologic PT Practice: Special Interest Group (SIG) Highlights

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIG's are working on for their members.

Assisted Technology/Seating and Wheeled Mobility SIG

- Check out the 6 online self-paced modules on wheelchair and seating evaluation which are available FREE OF CHARGE through the NPTA Synapse Learning Center. <https://www.anptsynapsecenter.com/>
- Stay tuned for a variety of resources that are currently being developed for clinicians and educators which focus on training materials to educate physicians and non-physician practitioners about Medicare policy for wheelchairs, examples of laboratory activities, and paper cases.

Balance and Falls SIG

- Call to Action! Be part of National Falls Prevention Awareness Day 2018 on the first day of the Fall (September 21st). Share you events and activities at (Falls Prevention Coalition) #IP_FallPrev and (National Falls Prevention and Awareness Day) #NFPAD.
- Check out Balance & Falls SIG resources at <http://www.neuropt.org/special-interest-groups/balance-falls/resources>

Brain Injury SIG

- Check out current resources which are available on the SIG's website. <http://neuropt.org/special-interest-groups/brain-injury/resources>
- Join the quarterly Journal Club. For more information, check us out on facebook.

Degenerative Disease SIG

- Join our journal club discussions. The last one focused on: Flach, A., Jaegers, L., Krieger, M., Bixler, E., Kelly, P., Weiss, E. P., & Ahmad, S. O. (2017). Endurance exercise improves function in individuals with Parkinson's disease: A meta-analysis. *Neuroscience letters*, 659, 115-119. Stay tuned for the next article and date.
- Join the SIG to receive "New and Noteworthy" quarterly updates focusing on degenerative diseases.

Spinal Cord Injury SIG

- The SCI SIG needs you! We are looking for members to assist with the development of a series of Fact Sheets related to SCI Rehabilitation for use by clinicians and people with SCI. Examples of Fact Sheets can be found here: <http://neuropt.org/special-interest-groups/spinal-cord-injury/sci-fact-sheets> We have many topics that still need developing and would love to work with you!
- Do you know a PT or PTA who deserves recognition for their outstanding accomplishments in Spinal Cord Injury Rehab? Nominations for the 2018 SCI SIG Award for Excellence in SCI Care or Service will open soon! Information about award eligibility and the nomination process is available here: <http://neuropt.org/special-interest-groups/spinal-cord-injury/award-for-excellence-in-sci-care-or-service>

Stroke SIG

- Join the SIG's Facebook page or Twitter to receive weekly abstracts and clinical pearl videos focused on stroke rehabilitation. <https://www.facebook.com/APTANeuroPT/> or @APTASTrokeSIG
- Stay tuned for fact sheets which are being developed to help educate clinicians and patients on the neuroplasticity. Check out the SIG's website for currently available resources. <http://neuropt.org/special-interest-groups/stroke/resources>

Vestibular SIG

- Check out our podcast series which are FREE OF CHARGE. The most recent topic focuses on "Vestibular Hypofunction Treatment Update". <http://neuropt.org/special-interest-groups/vestibular-rehabilitation/podcasts>
 - Access the SIG website to see over 25 patient education fact sheets. <http://neuropt.org/special-interest-groups/vestibular-rehabilitation/patient-education-fact-sheets>
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See what's happening on our social sites

