

April 29, 2021



# Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

**Practice  
Resources on the  
ANPT Webpage**

Hello Academy Members! The ANPT Practice Committee is dedicating Part 2 of the April 2021 Message to highlight key resources to knowledge translation efforts from the ANPT and resources developed by the SIGS and ANPT work groups. We hope these resources will support you in the pursuit of best practices for neurologic physical therapy.

## First ANPT Annual Conference Sept-Nov 2021

The Academy of Neurologic Physical Therapy (ANPT) is excited to host its 1st "Virtual" Annual Conference in 2021! Visit the [conference page](#) to learn more about this exciting opportunity. It will include:

- On-demand content starting September 8 with the virtual "live" conference October 1-3
- The poster gallery will launch October 4
- All content will be available through November 22

## Bridging the Gap: Health Promotion and Wellness

Bridging the Gap between PT and Lifelong Physical Activity and Exercise in People with Neurological Conditions: A [toolkit](#) for PTs and PTAs is now available to assist in your practice. This toolkit, organized by the ANPT Health Promotion and Wellness Committee, includes general resources for physical activity health and wellness for patients with neurological conditions. Check out the [Bridge the Gap Overview Video](#) to get started!

## Highlights from Special Interest Groups

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIGs are doing. [Take a look](#) at the ANPT website SIG information, sign up, get active!

### **Assistive Technology/Seating and Wheeled Mobility:**

- Check out our [first podcast](#)! The inaugural podcast is a discussion between Barb Crane, PhD,PT, ATP/SMS and Penny Powers, PT, MS, ATP about Penny's 45

year career in physical therapy and her transition to becoming a wheelchair and seating specialist.

- [Talk Rehab](#) explores the world of seating & mobility and the amazing people that make it happen. Check it out!

#### **Balance and Falls SIG:**

- The Balance and Falls SIG posted two new [podcasts](#) in the first quarter of 2021
  - Episode 8 – Interview with the Balance and Falls Chair Dr. Debbie Espy
  - Episode 7 – Interview with Dr. Cindy Gibson-Horn, the developer of BalanceWear

#### **Brain Injury SIG:**

- Connect with us and stay up to date on our latest news and events! Instagram [@ANPT\\_BISIG](#), Facebook [@BrainInjurySIG](#), Twitter [@APTA\\_BISIG](#), email [BraininjurySIG@gmail.com](mailto:BraininjurySIG@gmail.com)

#### **Degenerative Diseases SIG:**

- Check out the latest [podcast](#) featuring Patty Scheets discussing “[Moving Forward](#),” the President’s Perspective from the January 2021 issue of the Journal of Neurologic Physical Therapy
- Join the [DDSIG Facebook Group](#) and follow us on [Twitter](#) for the most up to date information

#### **Stroke SIG:**

- Considering if a PhD program is for you? Check out [podcast #4 in the SIG’s Student](#) to hear the pros and cons of working as a full time PT prior to starting the PhD process, financial implications, as well as the importance of clinical experience to guide research questions and doing your homework to make sure a PhD is right for you.
- [Stroke SIG Podcast #14](#) hosts Dr. Theresa Johnson and Dr. Lisa Brown as authors of the recently released clinical practice guideline examining the use of ankle foot orthoses and functional electrical stimulation for individuals post-stroke. Their article is included in the [April 2021 issue of JNPT](#).

#### **Residency and Fellowship SIG:**

- Check out this list of resources that is specific for [residency mentors](#).
- The SIG has published a [frequently ask questions list for prospective residents](#) which includes great advice for individuals considering residency education.

#### **Spinal Cord Injury SIG:**

- The [SCI SIG’s 9th podcast episode](#) was just posted
- Check out the new [SIG calendar](#) to see upcoming SCI-related events

#### **Vestibular SIG:**

- The [draft of the Vestibular Hypofunction CPG revision](#) is up for public comment through April 30<sup>th</sup>. Make sure to take a look and provide your input!
- Be sure to take a look at the newly developed [Guide to Advanced Practice](#) which was developed to assist clinicians in choosing a path from novice to expert clinician.

## ANPT Taskforce Highlights

The purpose of these groups is to help clinicians integrate evidence-based practice into clinical practice. See below for resources these work groups have developed.

### Core Set of Outcome Measures KT Task Force

- Be sure to see a full list of resources developed by this KT effort on the [ANPT website](#).
- Don't forget to download the [Knowledge Translation Report Card](#) to enhance patient education and shared decision making.

### Locomotor Training KT Task Force

- A list of [continuous heart rate monitoring options](#) is now available to help you determine what product might best fit your clinical needs.
- Check out the list of [unweighting systems and harness options](#) to help achieve appropriate intensities for all your patients.

### Orthotics and Neuroprosthetics KT Task Force

- The [Clinical Practice Guideline](#) for the Use of Ankle Foot Orthoses and Functional Electrical Stimulation Post Stroke was published in the Journal of Neurologic Physical Therapy in April 2021, check out a recent [podcast](#) with the authors!
- Check out this [quick reference](#) for clinicians summarizing the action statements

### Parkinson Disease KT Task Force

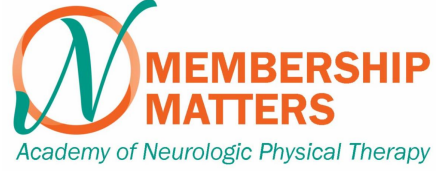
- A call for a Parkinson Disease Knowledge Translation Taskforce has been placed. Please submit responses to volunteer by April 30<sup>th</sup> to the [application survey](#)

## The Practice Committee

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Heather Knight at [info@neuropt.org](mailto:info@neuropt.org)

Katie Flores, PT, DPT  
Heather Knight, PT, DPT - chair  
Karen Lambert, PT, DPT  
Stacey Lane, PT, DPT  
Danny Miner, PT, DPT  
Aimee Perron, PT, DPT, CEEAA  
Eileen Tseng-Stultz, PT, DPT  
Karen Whitesell PT, DPT, ATP

*All committee members are Board Certified Clinical Specialists in Neurologic Physical Therapy (ABPTS)*



**Academy of Neurologic Physical Therapy**  
[info@neuropt.org](mailto:info@neuropt.org) | [www.neuropt.org](http://www.neuropt.org)

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