

The MS-EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in rehabilitation settings. Additional measures are recommended, but not as strongly. Additional materials are available at <http://www.neuropt.org/go/healthcareprofessionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis>

Recommendations for Patients with Multiple Sclerosis:

Highly Recommended Measures:	Recommended Measures:	
12-Item MS Walking Scale 6-Minute Walk Test 9-Hole Peg Test Berg Balance Scale Dizziness Handicap Inventory ** MS Functional Composite ** MS Impact Scale (MSIS-29) MS Quality of Life (MS QoI-54) Timed 25 Foot Walk Timed Up & Go (TUG) with Cognitive & Manual	Activities-Specific Balance Confidence Scale Box & Blocks test Disease Steps Dizziness Handicap Inventory * Dynamic Gait Index Fatigue Scale for Motor & Cognitive Functions Four Square Step Test Functional Assessment of MS Functional Independence Measure * Functional Reach Goal Attainment Scale Guy's Neurological Disability Scale	Hauser Ambulation Index Maximal Inspiratory & Expiratory Pressure VO2 max and VO2 peak ** Modified Fatigue Impact Scale MS Functional Composite * MS International Quality of Life Questionnaire MS Quality of Life Inventory ☐ Rivermead Mobility Index Short Form Health Survey of Medical Outcome Study (SF – 36) ** Trunk Impairment Scale * Visual Analog Scale (fatigue) *=inpatient rehab only **=outpatient rehab only

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