Movement Analysis of Task(s) Framework

2 Analysis of Task(s)

Have patient/client perform a patient - focused task (e.g sit to stand or ambulation). While viewing, **generate hypotheses** about contributing factors to any deviations in observable constructs of motor control.

3 Progression/Regression

Modify the task and/or the environment to enable independent performance (*regression*) or challenge performance (*progression*) to better understand the capacity of the movement system and **better inform your hypotheses**.

1 Subjective

Use patient/client history to guide selection of relevant goal directed tasks to observe.

4 Tests & Measures

Perform tests and measures (MMT, ROM, coordination, etc) to **confirm or reject hypotheses** made in Steps 2 and 3 regarding factors impacting movement.

5 Plan of Care

Combine data from patient/client history, movement analysis, and tests and measures to develop **diagnoses** and **PT plan of care.**

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