Movement Analysis of Task Pocket Guide

When assessing & documenting functional tasks, ask yourself:
Does the patient demonstrate appropriate…

□Coordination?

- □*Sequencing and* Timing? *(efficient and appropriate initiation, execution, and termination of movement)*
- □Smoothness? *(continual movement without interruptions in speed or trajectory)*

□Postural Control?

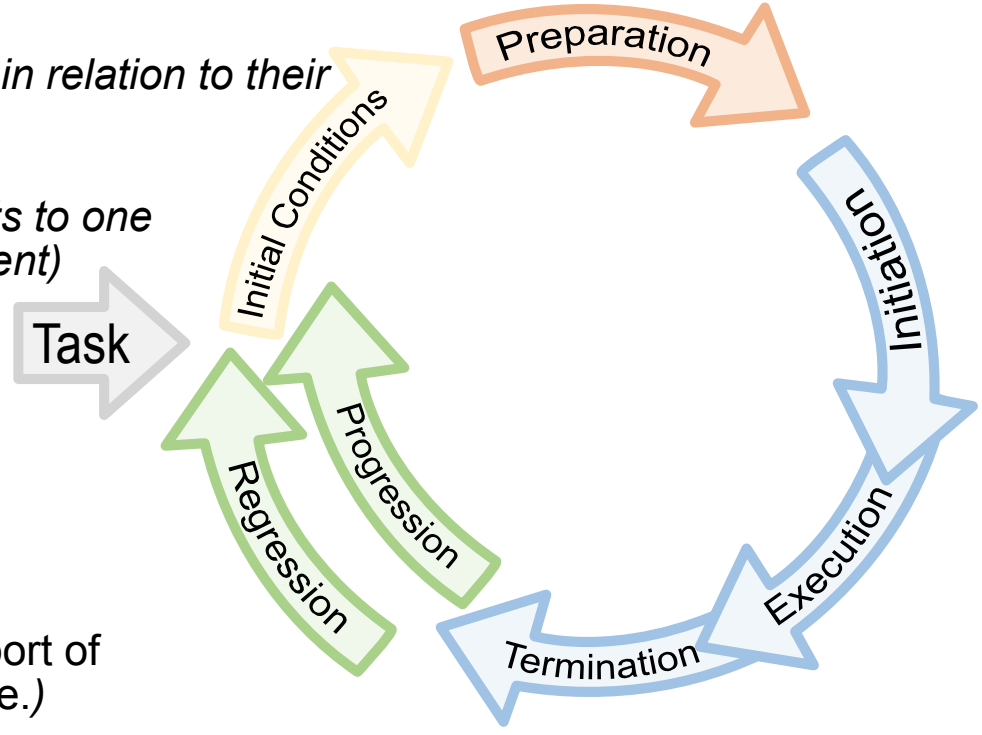
- □Verticality? (the *ability to orient the body in relation to the line of gravity)*
- □Stability? *(the ability to control their center of mass in relation to their base of support)*

□Alignment? *(appropriate relationship of body segments to one another, to their base of support, and to their environment)*

□Amplitude? *(extent or ROM used to complete a task)*

□Speed? *(time for task completion)*

□Symptom Provocation? *(*An observation or patient report of symptoms; movement that evokes a particular response.*)*



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When assessing & documenting elements of functional mobility, ask yourself:
Does the patient demonstrate appropriate…

Initiation → Execution → Termination

□Coordination?

- □*Sequencing and* Timing? *(efficient and appropriate initiation, execution, and termination of movement)*
- □Smoothness? *(continual movement without interruptions in speed or trajectory)*

□Postural Control?

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□Alignment? *(appropriate relationship of body segments to one another, to their base of support, and to their environment)*

□Amplitude? *(extent or ROM used to complete a task)*

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□Symptom Provocation? *(An observation or patient report of symptoms; movement that evokes a particular response.)*

↑ Progression ↓ Regression

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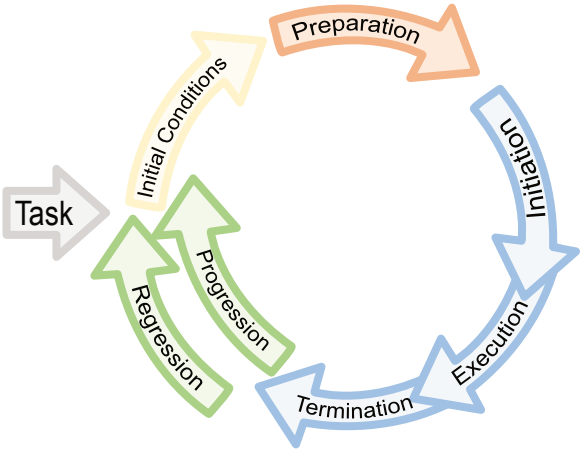

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