

SCI EDGE outcome measures for motor complete (AIS A, B) SCI

The SCI EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with SCI. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in individuals with motor complete SCI. Additional measures are recommended, but not as strongly. Other measures may be reasonable to use but have less psychometric data in the SCI population. You can view the complete list of measures reviewed and supporting material at: https://www.neuropt.org/practice-resources/neurology-section-outcome-measures-recommendations/spinal-cord-injury

Recommendations for patients with spinal cord injury:

Highly recommended measures:

ASIA Impairment Scale
Handheld Myometry
World Health Organization
Quality of Life- BREF

Recommended measures:

- Capabilities of Upper Extremity
 Functioning Instrument
- Craig Handicap Assessment and Reporting Technique
- Craig Hospital Inventory of Environmental Factors
- Functional Independence

Measure

- Graded and Redefined
 Assessment of Sensibility
 Strength and Prehension
- Life Satisfaction Questionnaire 9
- Manual Muscle Test
- Multidimensional Pain
- Needs Assessment Checklist

- Numeric Pain Rating Scale
 Inventory, SCI Version
- Reintegration to Normal Living Index
- Satisfaction With Life Scale
- Short Form 36
- Sickness Impact Profile 68
- Spinal Cord Injury Functional
 Independence Measure III
- Walking Index for Spinal

Cord Injury II

- Wheelchair Users Shoulder Pain Index

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