Parkinson EDGE Task Force Recommendations: Research
Research Recommendations:

**Body Structure and Function**

- BESTest
- Fatigue Severity Scale
- MDS-UPDRS revision
- Mini Mental Status Exam (MMSE)
- Mini BESTest
- Montreal Cognitive Assessment (MoCA)
- Parkinson's Fatigue Scale
- Purdue Peg Board test
- Push-release test
- Sit to stand 5 times
Research Recommendations:

**Activity**

- 2 minute walk test
- 6 Minute walk test
- Activities Specific Balance Confidence Scale (ABC)
- Berg Balance Scale
- BESTest
- Dynamic Gait Index
- Four square step test
- Freezing of Gait Questionnaire
- Functional Gait Assessment
- Functional reach test
- Gait Speed (10 meter walk test)
- MDS-UPDRS revision
- Mini BESTest
- Modified Gait Efficacy Scale
- Physical Performance Test (PPT)
- Self-Efficacy Exercise Scale
- Timed up and go (TUG)
- Timed up and go cognitive and manual
- Continuous Scale Physical Functional Parkinson's Fatigue Scale
- Performance Test (CS-PFP)
- Sit to stand 5 times Timed Up and Go
Research Recommendations:

Participation

MDS-UPDRS revision
PDQ-39
PDQ-8 (short version)
SF-36
World Health Organization Quality of Life-BREF (WHOQOL-BREF)