

# Parkinson EDGE Task Force Recommendations: By Disease Stage

Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Disease Stage Rating Hoehn & Yahr I  * PDEDGE task force as part of the core set of measures for Parkinson Disease	Recommended (3 or 4)  Body Structure and Function  BestTest  Fatigue Severity Scale  MDS-UPDRS revision*  Mini BesTest*  Montreal Cognitive Assessment (MoCA)*  Sit to stand, 5 repetitions*  Parkinson's Fatigue Scale	Body Structure and Function  Brief BESTest  Functional Axial Rotation  Mini Mental Status Exam (MMSE)  Multidirectional Functional Reach Test  Profile PD  Purdue Peg Board test  Push-release test	Do not recommend (1)  Body Structure and Function  Clinical Test of Sensory Integration and Balance  Retropulsive Test  Timed up and go cognitive and manual
		<ul> <li>Rapid Step-up Test - timed measure of 10 reps</li> <li>Saint Louis Mental Status Examination</li> <li>Timed sit to stand, reps completed in 30 sec</li> <li>Trunk Impairment Scale</li> <li>Walking while talking test (WWTT)</li> </ul>	



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Hoehn & Yahr I  * PDEDGE task force as part of the core set of measures for Parkinson Disease	Activity  2 minute walk test  6 Minute walk test*  360 degree Turn Test  9 hole peg test*  Dynamic Gait Index  Functional Gait Assessment*  Gait Speed* (10 meter walk test)  Self- Reported Disability Scale in Patients with Parkinson's Disease  Sit to stand, 5 repetitions*  Timed Up and Go	Activity  Dyskinesia Rating Scale Four square step test Modified Gait Efficacy Scale Modified Parkinson's Activity Scale OPTIMAL (APTA) Physical Performance Test (PPT) modified Profile PD Self-Efficacy Exercise Scale Single Leg Stance Timed 10m Backwards walk Tinetti Mobility Test POMA Trunk Impairment Scale Walking while talking test (WWTT)	Activity      Berg Balance Scale     Falls Efficacy Scale -     Modified     Freezing of Gait     Questionnaire     Functional Independence     Measure (FIM)     Functional reach test     Stops Walking When     Talking Test (SWWT)     Supine to stand     Timed up and go     cognitive and manual     Unified Dyskinesia     Rating Scale
	Participation  • Activities Specific Balance Confidence Scale (ABC)  • Continuous Scale Physical Functional Performance Test (CS-PFP)	Participation  Parkinson's ADL Scale  SF-36 SF-12 Walking while talking test (WWTT)	Participation  • History of Falls Questionnaire  •



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
	• PDQ-39	World Health	
	• PDQ-8 (short version)	Organization Quality	
Hoehn & Yahr I		of Life-BREF	
		(WHOQOL-BREF)	
* PDEDGE task force as part			
of the core set of measures for			
Parkinson Disease			



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Hoehn & Yahr II	Body Structure and Function	Body Structure and Function	Body Structure and Function
	BestTest	<ul> <li>Functional Axial Rotation</li> </ul>	<ul> <li>Clinical Test of Sensory</li> </ul>
* PDEDGE task force as part	Brief BESTest	Multidirectional	Integration and Balance
of the core set of measures for	Fatigue Severity Scale	Functional Reach Test	<ul> <li>Retropulsive Test</li> </ul>
Parkinson Disease	• MDS-UPDRS revision*	Profile PD	
	Mini BESTest*	Rapid Step-up Test -	
	Mini Mental Status Exam	timed measure of 10 reps	
	(MMSE)	Saint Louis Mental Status	
	Montreal Cognitive	Examination	
	Assessment (MoCA) *	Timed up and go cognitive and manual	
	<ul><li>Parkinson's Fatigue Scale</li><li>Push-release test</li></ul>	Timed sit to stand, reps	
		completed in 30 sec	
	• Sit to stand, 5 repetitions*	Trunk Impairment Scale	
		Walking while talking test	
		(WWTT)	
		,	
	Activity	Activity	Activity
	• 2 minute walk test	Modified Gait Efficacy	<u>rictivity</u>
	• 6 Minute walk test*	Scale Salt Efficacy	• Falls Efficacy Scale -
	• 360 degree Turn Test	Self-Efficacy Exercise	Modified
	• 9 hole peg test*	Scale Scale	Functional Independence
	Berg Balance Scale	Single Leg Stance	Measure (FIM)
	<ul> <li>Dynamic Gait Index</li> </ul>	Dyskinesia Rating Scale	<ul> <li>Stops Walking When</li> </ul>
	• Four square step test	Modified Parkinson's	Talking Test (SWWT)
	Freezing of Gait	Activity Scale	<ul> <li>Supine to stand</li> </ul>
	Questionnaire	OPTIMAL (APTA)	
	Functional Gait	Timed 10m Backwards	
Hoehn & Yahr II	Assessment*	walk	



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* PDEDGE task force as part of the core set of measures for Parkinson Disease	<ul> <li>Functional reach test</li> <li>Gait Speed* (10 meter walk test)</li> <li>Physical Performance Test (PPT) modified</li> <li>Purdue Peg Board test</li> <li>Self- Reported Disability Scale in Patients with Parkinson's Disease</li> <li>Sit to stand, 5 repetitions*</li> <li>Timed Up and Go</li> <li>Tinetti Mobility Test POMA</li> </ul>	<ul> <li>Timed up and go cognitive and manual</li> <li>Trunk Impairment Scale</li> <li>Unified Dyskinesia Rating Scale</li> <li>Walking while talking test (WWTT)</li> </ul>	Do not recommend (1)
	Participation  Activities Specific Balance Confidence Scale (ABC)  Continuous Scale Physical Functional Performance Test (CS-PFP)  PDQ-39*  PDQ-8* (short version)	<ul> <li>Participation</li> <li>Parkinsons ADL Scale</li> <li>SF-36</li> <li>SF-12</li> <li>Walking while talking test (WWTT)</li> <li>World Health Organization Quality of Life-BREF (WHOQOL-BREF)</li> </ul>	Participation  • History of Falls  Questionnaire



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Hoehn & Yahr III  * PDEDGE task force as part of the core set of measures for Parkinson Disease	Body Structure and Function  BestTest  Brief BESTest  Fatigue Severity Scale  MDS-UPDRS revision*  Mini BESTest*  Mini Mental Status Exam (MMSE)  Montreal Cognitive Assessment (MoCA) *  Parkinson's Fatigue Scale  Push-release test  Sit to stand, 5 repetitions*	<ul> <li>Body Structure and Function</li> <li>Functional Axial Rotation</li> <li>Multidirectional         Functional Reach Test</li> <li>Profile PD</li> <li>Rapid Step-up Test -         timed measure of 10 reps</li> <li>Saint Louis Mental Status         Examination</li> <li>Timed up and go cognitive         and manual</li> <li>Timed sit to stand, reps         completed in 30 sec</li> <li>Trunk Impairment Scale</li> <li>Walking while talking test         (WWTT)</li> </ul>	Body Structure and Function  Clinical Test of Sensory Integration and Balance Retropulsive Test
	Activity  2 minute walk test  6 Minute walk test*  360 degree Turn Test  9 hole peg test*  Berg Balance Scale  BESTest  Dynamic Gait Index  Four square step test  Freezing of Gait Questionnaire	Activity  • Functional Independence Measure (FIM)  • Modified Gait Efficacy Scale  • Self-Efficacy Exercise Scale  • Single Leg Stance  • Dyskinesia Rating Scale  • Modified Parkinson's Activity Scale  • OPTIMAL (APTA)	<ul> <li>Activity</li> <li>Falls Efficacy Scale -         Modified</li> <li>Stops Walking When         Talking Test (SWWT)</li> <li>Supine to stand</li> </ul>



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Hoehn & Yahr III  * PDEDGE task force as part of the core set of measures for Parkinson Disease	<ul> <li>Functional Gait         Assessment*</li> <li>Functional reach test</li> <li>Gait Speed* (10 meter walk test)</li> <li>Min BESTest*</li> <li>Physical Performance Test (PPT) modified</li> <li>Purdue Peg Board test</li> <li>Self- Reported Disability Scale in Patients with Parkinson's Disease</li> <li>Sit to stand, 5 repetitions*</li> <li>Timed Up and Go</li> <li>Tinetti Mobility Test POMA</li> </ul>	<ul> <li>Timed 10m Backwards walk</li> <li>Timed up and go cognitive and manual</li> <li>Trunk Impairment Scale</li> <li>Unified Dyskinesia Rating Scale</li> <li>Walking while talking test (WWTT)</li> </ul>	
	<ul> <li>Participation</li> <li>Activities Specific Balance Confidence Scale (ABC)</li> <li>Continuous Scale Physical Functional Performance Test (CS-PFP)</li> <li>PDQ-39*</li> <li>PDQ-8* (short version)</li> </ul>	<ul> <li>Participation</li> <li>Parkinsons ADL Scale</li> <li>SF-36</li> <li>SF-12</li> <li>Timed up and go cognitive and manual</li> <li>Walking while talking test (WWTT)</li> <li>World Health Organization Quality of Life-BREF (WHOQOL-BREF)</li> </ul>	Participation  • History of Falls Questionnaire



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Hoehn & Yahr IV  * PDEDGE task force as part of the core set of measures for Parkinson Disease	Body Structure and Function  BestTest  Brief BESTest  MDS-UPDRS revision*  Mini BESTest*  Mini Mental Status Exam (MMSE)  Montreal Cognitive Assessment (MoCA) *  Parkinson's Fatigue Scale  Purdue Peg Board test  Push-release test  Sit to stand, 5 repetitions*	Body Structure and Function  Clinical Test of Sensory Integration and Balance Fatigue Severity Scale Functional Axial Rotation Multidirectional Rapid Step-up Test - timed measure of 10 reps Saint Louis Mental Status Examination Timed sit to stand, reps completed in 30 sec second timed sit-to-stand Trunk Impairment Scale Unified Dyskinesia Rating Scale	Body Structure and Function  Functional Reach Test  Retropulsive Test  Timed up and go cognitive and manual
	Activity  2 minute walk test  6 Minute walk test*  360 degree Turn Test  9 hole peg test*  BESTest  Dynamic Gait Index  Four square step test  Freezing of Gait Questionnaire  Functional Gait Assessment*	<ul> <li>Activity</li> <li>Functional Independence Measure (FIM)</li> <li>Functional reach test</li> <li>Modified Gait Efficacy Scale</li> <li>Self-Efficacy Exercise Scale</li> <li>Dyskinesia Rating Scale</li> <li>Modified Parkinson's Activity Scale</li> </ul>	<ul> <li>Activity</li> <li>Berg Balance Scale</li> <li>Falls Efficacy Scale - Modified</li> <li>OPTIMAL (APTA)</li> <li>Profile PD</li> <li>Single Leg Stance</li> <li>Stops Walking When Talking Test (SWWT)</li> <li>Supine to stand</li> <li>Timed Up and Go</li> </ul>



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Hoehn & Yahr IV  * PDEDGE task force as part of the core set of measures for Parkinson Disease	<ul> <li>Gait Speed* (10 meter walk test)</li> <li>Mini BESTest*</li> <li>Physical Performance Test (PPT) modified</li> <li>Self- Reported Disability Scale in Patients with Parkinson's Disease</li> <li>Sit to stand, 5 repetitions*</li> <li>Tinetti Mobility Test POMA</li> <li>Walking while talking test (WWTT)</li> </ul>	<ul> <li>Timed 10m Backwards walk</li> <li>Trunk Impairment Scale</li> </ul>	Timed up and go cognitive and manual
	Participation • PDQ-39* • PDQ-8* (short version)	<ul> <li>Participation</li> <li>Activities Specific Balance Confidence Scale (ABC)</li> <li>Continuous Scale Physical Parkinsons ADL Scale</li> <li>Functional Performance Test (CS-PFP)</li> <li>SF-36</li> <li>SF-12</li> <li>World Health Organization Quality of Life-BREF (WHOQOL-BREF)</li> </ul>	Participation  History of Falls Questionnaire  Timed up and go cognitive and manual



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Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Hoehn & Yahr V  * PDEDGE task force as part of the core set of measures for Parkinson Disease  Hoehn & Yahr V	Body Structure and Function  MDS-UPDRS revision* Parkinson's Fatigue Scale	Body Structure and Function  Fatigue Severity Scale  Mini Mental Status Exam (MMSE)  Montreal Cognitive Assessment (MoCA) *  Purdue Peg Board test  Push-release test  Rapid Step-up Test - timed measure of 10 reps  Saint Louis Mental Status Examination	Body Structure and Function  30 second timed sit-to-stand  BestTest  Brief BESTest  Clinical Test of Sensory Integration and Balance  Functional Axial Rotation  Functional Reach Test  Mini BESTest*  Multidirectional reach test  Profile PD  Retropulsive Test  Sit to stand, 5 repetitions*  Timed up and go cognitive and manual  Trunk Impairment Scale  Unified Dyskinesia Rating Scale



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
* PDEDGE task force as part of the core set of measures for Parkinson Disease  Hoehn & Yahr V	Activity  • 360 degree Turn Test • Self- Reported Disability Scale in Patients with Parkinson's Disease	Activity  • Functional Independence Measure (FIM)  • Physical Performance Test (PPT) modified  • Self-Efficacy Exercise Scale	Activity  2 minute walk test 6 Minute walk test* 9 hole peg test* Berg Balance Scale BESTest Dynamic Gait Index Dyskinesia Rating Scale Falls Efficacy Scale - Modified Four square step test Freezing of Gait Questionnaire Functional reach test Functional Gait Assessment Functional Reach Gait Speed* (10 meter walk test) Mini BESTest* Modified Gait Efficacy Scale Modified Parkinson's Activity Scale OPTIMAL (APTA) Single Leg Stance Sit to stand, 5 repetitions* Stops Walking When Talking Test (SWWT)



Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
* PDEDGE task force as part of the core set of measures for Parkinson Disease			<ul> <li>Supine to stand</li> <li>Timed 10m Backwards walk</li> <li>Timed Up and Go</li> <li>Timed up and go cognitive and manual</li> <li>Tinetti Mobility Test POMA</li> <li>Trunk Impairment Scale</li> <li>Walking while talking test (WWTT)</li> </ul>
	Participation • PDQ-39* • PDQ-8* (short version)	Participation  Continuous Scale Physical Parkinsons ADL Scale  Functional Performance Test (CS-PFP)  SF-36  SF-12  World Health Organization Quality of Life-BREF (WHOQOL-BREF)	<ul> <li>Participation</li> <li>Activities Specific         Balance Confidence         Scale (ABC)</li> <li>History of Falls         Questionnaire</li> <li>Timed up and go         cognitive and manual</li> </ul>

