



ACADEMY OF  
**NEUROLOGIC**  
PHYSICAL THERAPY

*Degenerative Diseases  
Special Interest Group*

# 6MWT

6-Minute Walk Test

# MDC

Multiple  
Sclerosis

MDC: 80m, 20%  
MCID: 22m or 53m

Alzheimer's  
Disease

MCID: 34m

Parkinson's  
Disease

MDC: 82 m

Huntington's  
Disease

MDC:  
early stage: 56m  
middle stage: 126m  
late stage: 71m

# & MCID

Graphic by: The ANPT Degenerative Disease SIG

References: A Core Set of Outcome Measures for Adults With Neurologic Conditions Undergoing Rehabilitation: A CLINICAL PRACTICE GUIDELINE (2018)

Rehabilitation Measures Database: <https://www.sralab.org/rehabilitation-measures>

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