

Title: DD SIG: The Clinical Practice Guideline for PT Management of Parkinson Disease - with Miriam Rafferty – Episode 29

Description: A Clinical Practice Guideline (CPG) for PT management of PD was recently published in the Physical Therapy & Rehabilitation Journal in December, 2021. In this episode, Pam talks to Miriam Rafferty, an author of the CPG and co-chair of the CPG knowledge translation task force, about the development of this new guideline. They discuss the goals of the CPG and highlights intervention featured in the paper, as well as nuances about application to PT practice. This podcast gives both an introduction to the CPG for listeners who haven't read it, and "behind the scenes" insights for listeners who have.

If you are listening to this podcast before 3/28/22 and want to give the KT task force feedback, please fill out this survey: <https://redcap.dial.sralab.org/surveys/?s=ARPCH7T8YR>

The Degenerative Disease Special Interest Group is part of the Academy of Neurologic Physical Therapy – www.neuropt.org

Guest Information:

Miriam Rafferty, PT, DPT, PhD
Research Scientist at the Shirley Ryan AbilityLab
Assistant Professor at Northwestern University's Feinberg School of Medicine

Referenced Article

Jacqueline A Osborne, PT, DPT, Rachel Botkin, PT, MPT, Cristina Colon-Semenza, PT, MPT, PhD, Tamara R DeAngelis, PT, MPT, Oscar G Gallardo, PT, DPT, Heidi Kosakowski, Justin Martello, MD, Sujata Pradhan, PT, PhD, Miriam Rafferty, PT, DPT, PhD, Janet L Readinger, PT, DPT, Abigail L Whitt, PT, DPT, Terry D Ellis, PT, PhD, FAPTA, Physical Therapist Management of Parkinson Disease: A Clinical Practice Guideline from the American Physical Therapy Association, Physical Therapy, 2021;, pزاب302, <https://doi.org/10.1093/ptj/pزاب302>

ANPT Clinical Practice Guideline Resources: <https://neuropt.org/practice-resources/anpt-clinical-practice-guidelines/pt-management-of-parkinson-disease>

Related Information/Links

- Resource Development Survey (open through 3/28/22):
<https://redcap.dial.sralab.org/surveys/?s=ARPCH7T8YR>

Parkinson Disease CPG Toolkit

Aerobic Training Fact Sheet https://neuropt.org/docs/default-source/cpgs/pd/pd-aerobic-training-fact-sheet.pdf?sfvrsn=75455c43_2

Balance Training Fact Sheet https://neuropt.org/docs/default-source/cpgs/pd/pd-balance-training-fact-sheet.pdf?sfvrsn=5455c43_0

Resistance Training Fact Sheet https://neuropt.org/docs/default-source/cpgs/pd/pd-resistance-training-fact-sheet.pdf?sfvrsn=e14b5c43_0

APTA Pocket Guides on Guideline Central <https://www.guidelinecentral.com/guideline/1290615/>