

### Continuous Heart Rate Monitoring Product Options

Brand	Device	Pros	Cons	Price	Website link
Polar	OH1	<ul style="list-style-type: none"> <li>• Straps around the arm to provide hands free access</li> </ul>	<ul style="list-style-type: none"> <li>• Requires a phone to view data real time</li> <li>• Consider facility infection control policies</li> </ul>	~\$70-80	<a href="https://www.polar.com/us-en/products/accessories/oh1-optical-heart-rate-sensor">https://www.polar.com/us-en/products/accessories/oh1-optical-heart-rate-sensor</a>
Polar	H10	<ul style="list-style-type: none"> <li>• Strap around the chest to provide hands free access</li> </ul>	<ul style="list-style-type: none"> <li>• Requires a phone to view data real time</li> <li>• Patients may leave clinic with strapping on</li> <li>• Consider facility infection control policies</li> </ul>	~\$70-80	<a href="https://www.polar.com/us-en/products/accessories/h10_heart_rate_sensor">https://www.polar.com/us-en/products/accessories/h10_heart_rate_sensor</a>
Polar	FT7	<ul style="list-style-type: none"> <li>• Straps around the wrist</li> </ul>	<ul style="list-style-type: none"> <li>• Real time viewing limited by your access to the patient's arm during training</li> </ul>	~\$100	Can buy on amazon prime, not available on polar anymore
Masimo	Rad Series (5, 57)	<ul style="list-style-type: none"> <li>• Forehead sensor</li> <li>• Great real time monitoring, good accuracy</li> </ul>	<ul style="list-style-type: none"> <li>• Expensive</li> </ul>	~\$600-800	<a href="https://www.masimo.com/">https://www.masimo.com/</a>
Masimo	Rad 5 Hand Held Oxygen Sat Meter	<ul style="list-style-type: none"> <li>• Easy to read</li> <li>• Can clip onto gait belt</li> <li>• Continuous read</li> <li>• Accurate</li> </ul>	<ul style="list-style-type: none"> <li>• Bulky</li> <li>• Need to carry if not strapped to a belt</li> </ul>	~\$640	<a href="https://www.masimo.com/products/continuous/rad5/">https://www.masimo.com/products/continuous/rad5/</a>
Masimo	Mighty Sat finger oximeter	<ul style="list-style-type: none"> <li>• Can read during use</li> <li>• Attaches to finger so smaller and less bulky</li> <li>• Less expensive than some oximeters</li> <li>• Continuous read</li> </ul>	<ul style="list-style-type: none"> <li>• Harder for clinician to see reading as it is attached to the finger</li> </ul>	~\$299	<a href="https://www.masimo.com/products/monitors/spot-check/mightysatrx/">https://www.masimo.com/products/monitors/spot-check/mightysatrx/</a>
Nonin	Palm Sat 2500/a	<ul style="list-style-type: none"> <li>• Earlobe sensor available</li> <li>• Forehead sensor available</li> <li>• Great real time monitoring, good accuracy</li> </ul>	<ul style="list-style-type: none"> <li>• More expensive than polars but offer flexibility with types of sensors</li> </ul>	~\$300-500	<a href="https://www.nonin.com/products/2500/">https://www.nonin.com/products/2500/</a>