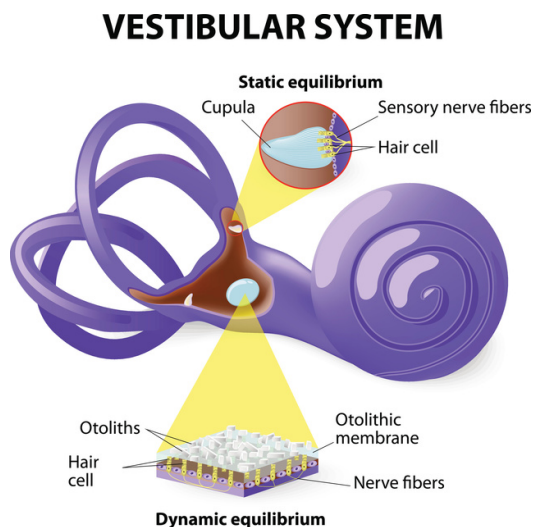


Supine Roll Test

Overview: position testing for horizontal canal benign paroxysmal positional vertigo (BPPV)



Test:

- 1) Screen the individual for any cervical problems that may hinder performing this test
- 2) The patient will lay down on their back on the exam table with their head in neutral.
- 3) Quickly rotate the head to one side.

***Observe if any nystagmus is occurring: what direction it is moving, how fast is it moving, and for how long*

- 4) Slowly bring the patient's head back to neutral.

- 5) Quickly rotate the head to the other side.

***Observe if any nystagmus is occurring: what direction it is moving, how fast is it moving, and for how long*

Outcome:

-Positive test: If there is nystagmus seen during both of the rolls to each side

-negative test: no nystagmus seen

***If nystagmus noted is difficult to distinguish refer to vestibular PT specialist*

Reference:

Bhattacharyya N, Baugh RF, Orvidas L, Barrs D, Bronston LJ, Cass S, Chalian AA, Desmond AL, Earll JM, Fife TD, Fuller DC, Judge JO, Mann NR, Rosenfeld RM, Schuring LT, Steiner RW, Whitney SL, Haidari J; American Academy of Otolaryngology-Head and Neck Surgery Foundation. Clinical practice guideline: benign paroxysmal positional vertigo. *Otolaryngol Head Neck Surg*. 2008 Nov;139(5 Suppl 4):S47-81. doi: 10.1016/j.otohns.2008.08.022. PMID: 18973840.

ANPT Concussion/mTBI Knowledge Translation Task force

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Clinical Practice Guideline Physical Therapy Evaluation and Treatment After Concussion/Mild Traumatic Brain Injury

Journal of Orthopedic & Sports Physical Therapy; April 2020; Volume 50, Issue 4



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