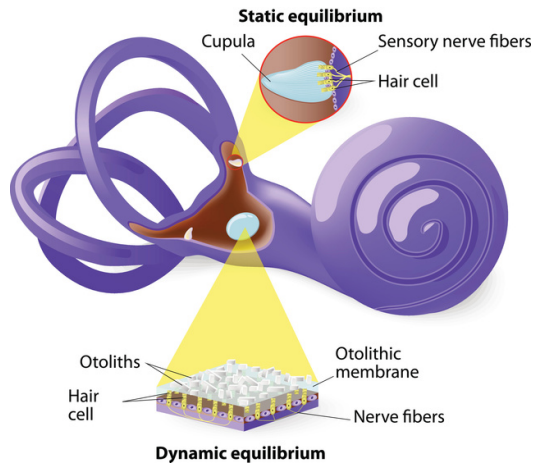


Supine Roll Test

Overview: position testing for horizontal canal benign paroxysmal positional vertigo (BPPV)

VESTIBULAR SYSTEM



Test:

- 1) Screen the individual for any cervical problems that may hinder performing this test
- 2) The patient will lay down on their back on the exam table with their head in neutral.
- 3) Quickly rotate the head to one side.
***Observe if any nystagmus is occurring: what direction it is moving, how fast is it moving, and for how long*
- 4) Slowly bring the patient's head back to neutral.
- 5) Quickly rotate the head to the other side.
***Observe if any nystagmus is occurring: what direction it is moving, how fast is it moving, and for how long*

Outcome:

- Positive test: If there is nystagmus seen during both of the rolls to each side
- negative test: no nystagmus seen
- **If nystagmus noted is difficult to distinguish refer to vestibular PT specialist*

Reference:

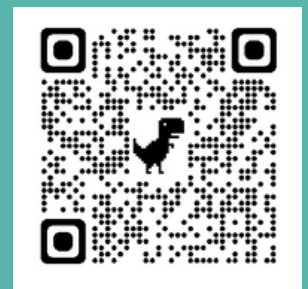
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ANPT Concussion/mTBI Knowledge Translation Task force

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