

Dizziness Handicap Inventory Fact Sheet

ANPT Concussion/mTBI Knowledge Translation Task force

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Overview: Self-perceived questionnaire that evaluates the impacts of dizziness

Scoring: 25 questions; "yes" (4 points), "sometimes" (2 points), and "no" (3 points); total score ranges from 0-100; The higher the score the greater perceived dizziness

Domains:

- 1) Functional (9 questions, 36 points)
- 2) Emotional (9 questions, 36 points)
- 3) Physical (7 questions, 28 points)

Cut off scores:

- mild: 0-30
- moderate: 31-60
- severe: 60-100

Vestibular MDC: 17.18

Vestibular MCID: Pre-treatment and Post treatment would need to have an 18 point difference

References:

- 1) Jacobson, G.P., Newman, C.W. (1990). The development of the dizziness handicap inventory. Arch Otolaryngol Head Neck Surg, 116, 424-427.
- 2) Whitney, S.L., Wrisley, D.M., et al. (2004). "Is perception of handicap related to functional performance in persons with vestibular dysfunction?" Otol Neurotol 25(2): 139-143.