

Decision Tree: Concussion Exam - Exertion Intolerance

Describes Dizziness with Position Changes

- Test for Orthostatic Hypotension
- Screen for BPPV

Describes Headache with Physical Activity

- Discuss Migraine history
- Discuss headache features
- Discuss recovery time

Describes Dizziness with Physical Activity

- Discuss dizziness history
- Discuss dizziness features
- Consider using VOMS

Describes Light-headedness or History of Syncopal Episodes

- Consider Buffalo Concussion Treadmill Test or Buffalo Concussion Bike Test

Reports Asymptomatic Status: Looking for clearance

- Follow return to play protocol
- EXIT testing

ANPT Concussion/mTBI Knowledge Translation Task force

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References



***Consider irritability of symptoms to help select which test you should perform first**