

Vestibular Rehabilitation SIG
APTA CSM Feb 8, 2011 New Orleans

Business Meeting:

Officers attending: Chair: Sue Whitney
Vice Chair: Anne Galgon
Secretary: Michelle Gutierrez
Nominating Committee Chair: Debbie Struiksma
Nominating Committee Members: Becky Olson-Kellogg & Melissa Bloom
Newsletter editors: Betsy Grace & Jeff Hoder
Webmaster: Laura Morris
Practice Liason: Kim Gottshall
Communications Coordinator: April Hodge

Total Attending: Approximately: 180

1. Welcome by Sue Whitney

2. Chair Report: Sue Whitney

Overview of 2010:

Accomplishments in 2010:

We now have fact sheets in English, Spanish, Portuguese, Chinese, and Arabic.
We have all of the physician fact sheets on the web
We have started a Facebook page for the Vestibular SIG.
We have worked closely with the Advanced Vestibular Course Committee.
We started the Abstract of the Week and it has really taken off with our members.

Challenges since CSM 2010:

We continue to be challenged by the lack of space on the web.
We would like to upload movies but have been told that we are limited by space.
We cannot store all of our abstracts of the week because of space issues.
The map of vestibular PTs still has some kinks in it that need to be worked out.

Future goals relevant to the proposed Strategic Plan:

We are hoping to develop some Podcasts over the next year for downloading.
We will be adding a few fact sheets based on the feedback from our doodle survey.
We plan to advertize the physician fact sheets.
We would like to form a committee related evidence based care guidelines of certain conditions that will be decided at CSM by our group. We will recruit new committee members to move this effort forward.
We plan to continue with the abstract of the week.
We plan to continue to recognize a past contributor to the SIG and the best newsletter article to encourage involvement.
We plan to continue with our monthly phone calls
We are meeting at CSM to develop a strategic plan for future newsletters.

We are going to develop a New to the SIG link with FAQs for new members to let them know what we are doing for them.

3. **Patient and Physician Fact sheets** are on the Web: <http://www.neuropt.org/go/special-interest-groups/vestibular-rehabilitation>

4. **Map** is on the web: the map is running smoothly- no evidence of problems that Laura is aware of. No problems mentioned to me in months. Janene Holmberg is assisting with data entry for the map.

If you want to be added or are having problems, contact Laura Morris @ ptforbalance@gmail.com

5. Look for Vestibular Rehab SIG on **Facebook**

6. **Abstract of the week:** sign up to be a member of the SIG to receive; also on the website

7. **Nominating Slate:**

Nominating Committee: Jennifer Nash

Ethan Hood

Chair:

Sue Whitney

Charles Plishka

If you are interested in running next year for Secretary or Nominating committee, contact anyone on the nominating committee. Becky Olson-Kellogg (olso0184@umn.edu)

Melissa Bloom (msbloom@gmail.com)

8. **Call for volunteers:** Sign up if interested in helping to develop:

- FAQ
- Podcast
- Resource lists
- Pictures for exercises
- Common Outcome tools

9. **Presented Certificate and award to outgoing officers** to thank them and acknowledge all the work that they have done- to Nominating Chair- Debbie Struiksma.

10. **Presented Service Award:**

Congratulations to **Dr. Denise Gobert**, the 2011 recipient of the Vestibular SIG Service Award.

The award acknowledges a member of the Vestibular SIG whose contributions have been exceptional. Dr. Gobert, was the Chair of the Vestibular Rehabilitation SIG from 2002-2008.

During Denise's 6 years, she was an instrumental part of developing the VRSIG mission statement, "The mission of the Vestibular Rehabilitation special interest group (VRSIG) is to provide a forum for APTA Neurology Section members who have a common interest in the promotion of health, wellness, optimal function, and quality of life for individuals with vestibular injury or disease. The VR SIG is committed to facilitating advances in physical therapy for patient management, education, research and health care policy that reflect the needs of those we serve." And finalizing the policy statement of the "role of Physical Therapists in Vestibular and

Balance Rehabilitation”, with the completion of the White paper. The final White Paper was used to incorporated into the support of the HOD RC26-07. Denise worked hard with the Neurology Section, the APTA and RC 26-07 was passed by the HOD, “Physical Therapists are practitioners of choice in the rehabilitation and management of vestibular related balance disorders”.

11. CSM 20110 Vestibular SIG meeting Program

Managing Vertiginous Migraine: Practical evidence-based care.

Speaker: Janene Holmberg, PT, DPT, NCS

Thank you to the following who donated the give aways:

- Micro Medical Technologies who donated the Inview video goggles: Winner Michelle
 - Gutierrez.
- Faye Horak (BESTest DVD)
- Joseph Furman (Vestibular Disorders- A case study approach to Diagnosis and Treatment by Joseph M. Furman, Stephen P. Cass and Susan L. Whitney),
- Alan Desmond (Vestibular Function Evaluation and Treatment),
- Gary Jacobson and Neil Shepard (Balance function assessment and management), Neurotology (Furman and Whitney),
- VHI balance and vestibular kits,
- BPPV teaching CDs from Bernard Cohen,
- Susan Herdman (Vestibular Rehabilitation, 3rd edition)
- Clinical Neurophysiology of the Vestibular System by Robert W. Baloh and Kevin A. Kerber (2 copies)
- Personal online subscription to the Journal of Vestibular Research for one year

Respectfully submitted,

Michelle Gutierrez, PT
Secretary Vestibular Rehabilitation SIG