

COURSE DESCRIPTION

Novices develop clinical competence and evolve into expert practitioners by making decisions that involve the complementary processes of systematic analysis and intuition. This 2-day course was developed with the overall objective of strengthening skills for all therapists seeking to advance their neurologic physical therapist practice. Participants will utilize current frameworks for clinical decision making to assist them in analyzing neurologic patient cases in the areas of balance and falls, brain injury, Guillain-Barre syndrome, Parkinsons disease, spinal cord injury, stroke, and vestibular dysfunction. Participants will apply current evidence and clinical guidelines in making patient management decisions particularly in the areas of evaluation, prognosis, and intervention. Given both the breadth and the depth of the course, participation may assist the physical therapist interested in sitting for the Neurologic Clinical Specialist exam.

COURSE OBJECTIVES

After this course, participants will:

- Complete a self-evaluation of preparedness for advanced neurologic physical therapist practice and describe strategies for individual professional growth.
- Systematically apply clinical decision making frameworks to neurologic physical therapy practice including examination, screening for referral, evaluation, diagnosis, prognosis, and intervention (including treatment progression).
- Develop focused clinical questions for seeking evidence to support clinical decisions.
- Accurately apply current evidence and clinical practice guidelines, in combination with patient values, to optimize prognostic and intervention decisions in a variety of neurologic patient populations.
- Discuss 10 "take home messages" for elevating practice that can be implemented in the clinical environment.

COURSE SCHEDULE

Tuesday, February 16th, 2010

7:30 Registration
8:00 Course Objectives & Pillars of Evidence
8:15 Developing Expertise
9:15 Framework Overview: Exploring Models
10:00 Break
10:15 Framework Overview (cont.)
11:00 Finding Evidence with Focused Clinical Questions
12:00 Lunch (on your own)
1:00 Bringing it Together for Practice: Application to a Patient Case – Complex, Multi-System Balance Dysfunction
2:30 Break
2:45 Case Application (cont.)
4:30 Questions & Discussion
5:00 Adjourn

Wednesday, February 17th, 2010

8:00 Concurrent Case Process & Outcome Expectations
8:15 Concurrent Case Session #1
CVA, Vestibular, SCI
10:15 Break
10:30 Concurrent Case Session #2
BI, Vestibular, GBS
12:00 Lunch (on your own)
1:00 Concurrent Case Session #3
CVA, PD
2:30 Break
2:45 Pulling it all Together & the Importance of Reflection
4:15 Take Home Messages
4:30 Questions & Discussion
5:00 Adjourn

CEU's

Application for 1.425 CEUs (14.25 contact hours) is pending with the APTA. The APTA coordinates CEU approval across all states.

THE FACULTY

Kathleen M Gill-Body, PT, DPT, MS, NCS is an Adjunct Clinical Associate Professor at the MGH Institute of Health Professions in Boston, MA. A Neurologic Clinical Specialist, she practices as a Senior Physical Therapist at the Newton Wellesley Hospital in Newton, MA. Dr. Gill-Body has an extensive history promoting advanced neurologic clinical practice. This is best exemplified in her leadership as co-chair for the 2005 III STEP Conference in Salt Lake City, UT.

Patricia L Scheets, PT, DPT, MHS, NCS is a National Clinical Specialist with Gentiva Health Services. She has worked extensively in developing neurologic advanced practice through the American Board of Physical Therapy Specialties and recently delivered the award session keynote at CSM 2009. A graduate of Washington University in St. Louis and Neurologic Clinical Specialist, Dr. Scheets has worked with colleagues to develop movement system diagnoses to guide neurologic physical therapists in their clinical decision making.

Cindy Zaboltny, PT, DPT, MS, NCS is an Associate Professor in the Ithaca College Department of Physical Therapy. She worked for 12 years in neurorehabilitation at Rancho Los Amigos Medical Center and currently continues her practice within Unity Health System in Rochester, NY. An active member of the Neurology Section, Dr. Zaboltny has served as chair of the Neurologic Clinical Specialist Committee, contributing to expertise development and advanced neurologic physical therapist practice.

CANCELLATION POLICY

Registration is on a space available basis only. Please do not make non-refundable reservations until after you have received confirmation of acceptance into the course. Cancellations received on or before **January 29, 2010**, will be refunded in full. A 20% handling fee will be charged for cancellation requests postmarked between **February 1, 2010 and February 10, 2010**. Refunds for no-shows or cancellations will not be issued after **February 10, 2010**. Cancellation requests must be made in writing. On-site registrations will be accepted on a space available basis ONLY. The Neurology Section reserves the right to cancel this course without penalty up to two weeks prior to the event.

REGISTRATION FORM

Neurologic Practice Essentials:
Laying the Foundation for Expert Practice

Register **NOW!** Earlybird Deadline December 23, 2009
Advance Deadline: January 20, 2010

APTA member number: _____

Name: _____

Address: _____

Daytime Tel: _____

Fax #: _____

E-mail: _____

REGISTRATION FEE: 12/23 1/20 On Site

(Circle One)

PT Member Neurology	\$325	\$375	\$400
PTA Member Neurology	\$300	\$350	\$375
APTA PT Non-Sec Member	\$375	\$425	\$450
APTA PTA Non-Sec Member	\$350	\$400	\$425
Non-Member	\$425	\$475	\$500
Section Student Member	\$275	\$300	\$325
APTA Student Member	\$300	\$325	\$350
Student Non-Member	\$325	\$350	\$375

Save money! Join the Neurology Section!

APTA members can join the Neurology Section for only \$50 (PT) or \$25 (PTA) and register for this course at the lower Section member rate.

Check here if your registration fee includes Neurology Section Membership: _____

Paying by credit card? Fax your registration to 703/706-3396;
OR call 800/999-2782, ext. 3395; OR register online via Internet at
www.apta.org/CSM; OR e-mail your registration to svcctr@apta.org.

Method of Payment (circle one)

Mastercard Visa American Express

Card #: _____

Exp. Date: _____

Signature: _____

Billing Zip Code: _____

Or mail this form, with credit card information or check made payable to APTA, to:

American Physical Therapy Association
Attn: CSM 2010 Registration
P.O. Box 79054
Baltimore, MD 21279-0054

Neurology Section, APTA

1111 North Fairfax Street

Alexandria, VA 22314-1488

NEUROLOGIC PRACTICE ESSENTIALS: LAYING THE FOUNDATION FOR EXPERT PRACTICE



Kathleen M Gill-Body, PT, DPT, MS, NCS
Patricia L Scheets, PT, DPT, MHS, NCS
Cindy Zablony, PT, DPT, MS, NCS

February 16 & 17, 2010
Combined Sections Meeting
San Diego, CA

