

# SCI EDGE outcome measures for chronic (>6mo) SCI

The SCI EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with SCI. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in individuals with acute SCI. Additional measures are recommended, but not as strongly. Other measures may be reasonable to use but have less psychometric data in the SCI population. You can view the complete list of measures reviewed and supporting material at: <http://www.neuropt.org/professional-resources/neurology-section-outcome-measures-recommendations/spinal-cord-injury>

## Recommendations for patients with spinal cord injury:

### Highly recommended measures:

6 minute walk  
 10 meter walk  
 ASIA Impairment Scale  
 Handheld Myometry  
 Numeric Pain Rating Scale  
 World Health Organization Quality of Life- BREF

### Recommended measures:

- Berg Balance Scale
- Capabilities of Upper Extremity Functioning Instrument
- Craig Handicap Assessment and Reporting Technique
- Craig Hospital Inventory of Environmental Factors
- Functional Independence Measure
- Graded and Redefined Assessment of Sensibility Strength and Prehension
- Life Satisfaction Questionnaire 9
- Manual Muscle Test
- Multidimensional Pain Inventory, SCI Version
- Reintegration to Normal Living Index
- Satisfaction With Life Scale
- Short Form 36
- Sickness Impact Profile 68
- SCI Functional Ambulation Inventory
- SCI Functional Ambulation Profile
- Spinal Cord Injury Functional Independence Measure III
- Timed Up and Go
- Walking Index for Spinal Cord Injury II
- Wheelchair Skills Test
- Wheelchair Users Shoulder Pain Index