MS–EDGE Outcome Measures for Entry-Level Education

The MS–EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that entry-level students should be made aware of and measures they should learn to administer. Additional materials are available at http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis

Recommendations for Patients with Multiple Sclerosis:

**Students Should Learn To Use:**

12–Item MS Walking Scale
6 Minute Walk Test
Activities–specific Balance Confidence Scale
Dizziness Handicap Inventory
Fatigue Scale for Motor & Cognitive Functions
Functional Reach
Rivermead Mobility Index
Timed 25 Foot Walk
Trunk Impairment Scale
2 Minute Walk Test
9–Hole Peg Test
Berg Balance Test
Dynamic Gait Index
Functional Independence Measure
Multiple Sclerosis Quality of Life (MS–QoL 54)
Static Standing Balance Test
Timed Up & Go (TUG) with Cognitive & Manual
Visual Analog Scale (Fatigue)

**Students Should Be Exposed To:**

12 Minute Walk/Run
Disease Steps
Functional Assessment of MS
Maximum Oxygen Uptake (VO₂ max and VO₂ peak)
Multiple Sclerosis Functional Composite
Short Form Health Survey of Medical Outcome Study (SF–36)

Box & Blocks Test
Four Square Step Test
Minimal Inspiratory/Expiratory Pressure
Modified Fatigue Impact Scale
Multiple Sclerosis Impact Scale (MSIS–29)