MS–EDGE Outcome Measures for Entry–Level Education

The MS–EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that entry–level students should be made aware of and measures they should learn to administer. Additional materials are available at http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis

Recommendations for Patients with Multiple Sclerosis:

Students Should Learn To Use:

12–Item MS Walking Scale	2 Minute Walk Test
6 Minute Walk Test	9–Hole Peg Test
Activities–specific Balance Confidence Scale	Berg Balance Test
Dizziness Handicap Inventory	Dynamic Gait Index
Fatigue Scale for Motor & Cognitive Functions	Functional Independence Measure
Functional Reach	Multiple Sclerosis Quality of Life (MS–QoL 54)
Rivermead Mobility Index	Static Standing Balance Test
Timed 25 Foot Walk	Timed Up & Go (TUG) with Cognitive & Manual
Trunk Impairment Scale	Visual Analog Scale (Fatigue)

Students Should Be Exposed To:

12 Minute Walk/Run	Box & Blocks Test
Disease Steps	Four Square Step Test
Functional Assessment of MS	Minimal Inspiratory/Expiratory Pressure
Maximum Oxygen Uptake (VO_2 max and VO_2 peak)	Modified Fatigue Impact Scale
Multiple Sclerosis Functional Composite	Multiple Sclerosis Impact Scale (MSIS–29)
Short Form Health Survey of Medical Outcome Study (SF–36)	

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