The MS–EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in acute care settings. Additional measures are recommended, but not as strongly. Additional materials are available at [http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis](http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis).

### Recommendations for Patients with Multiple Sclerosis:

**Highly Recommended Measures:**

- 12–Item MS Walking Scale
- 9–Hole Peg Test
- Berg Balance Scale
- MS Impact Scale (MSIS–29)
- Timed 25 Foot Walk
- Timed Up & Go (TUG) with Cognitive & Manual

**Recommended Measures:**

- 6 Minute Walk Test
- Activities–Specific Balance Confidence Scale
- Box & Blocks test
- Disease Steps
- Dynamic Gait Index
- Fatigue Scale for Motor & Cognitive Functions
- Functional Reach
- Guy’s Neurological Disability Scale
- Hauser Ambulation Index
- Maximal Inspiratory & Expiratory Pressure
- Modified Fatigue Impact Scale
- MS International Quality of Life Questionnaire
- MS Quality of Life (MS–QoL 54)
- MS Quality of Life Inventory
- Rivermead Mobility Index
- Short Form Health Survey of Medical Outcome Study (SF – 36)
- Trunk Impairment Scale *
- Visual Analog Scale (fatigue)