StrokEDGE outcome measures for in– and outpatient rehabilitation

The StrokEDGE task force reviewed 54 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with stroke. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in rehabilitation settings. Additional measures are recommended, but not as strongly. This effort merged work from the Neurology Section Functional Toolbox course and the Consensus Conference for Entry–level Education. Complete materials available at [http://www.neuropt.org/go/EDGE](http://www.neuropt.org/go/EDGE)

**Recommendations for patients with stroke:**

**Highly recommended measures:**

- 6 minute walk
- 10 meter walk
- Berg Balance Scale
- FIM*
- Functional Reach
- Goal Attainment Scale
- Motor Activity Log
- Postural Assessment Scale for Stroke Patients
- Stroke Impact Scale†
- Timed Up and Go

**Recommended measures:**

- 5 time sit to stand
- 9 hole peg test
- Action Research Arm Test
- Activities–Specific Balance Confidence Scale
- Arm Motor Ability Test
- Assessment of Life Habits
- Box & Blocks test
- Chedoke–McMaster Stroke Assessment
- Dynamic Gait Index
- Dynamometry
- EuroQOL
- Falls Efficacy Scale*
- Fugl–Meyer Assessment of Motor Performance
- Functional Ambulation Categories*
- Modified Rankin Scale
- NIH Stroke Scale
- Rivermead Motor Assessment
- Stroke Adapted SIP–30†
- Stroke Rehabilitation Assessment of Movement
- Tardieu Spasticity Scale (Modified Tardieu)
- Trunk Impairment Scale
- Wolf Motor Function Test

*=inpatient rehab only
†=outpatient rehab only

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