StrokEDGE outcome measures for acute care

The StrokEDGE task force reviewed 54 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with stroke. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in acute care. Additional measures are recommended, but not as strongly. This effort merged work from the Neurology Section Functional Toolbox course and the Consensus Conference for Entry-level Education. Complete materials are available at [http://www.neuropt.org/go/EDGE](http://www.neuropt.org/go/EDGE)

Recommendations for patients with stroke:

**Highly recommended measures:**

- 6 minute walk
- 10 meter walk
- Functional Reach
- Orpington Prognostic Scale
- Postural Assessment Scale for Stroke Patients
- Timed Up and Go

**Recommended measures:**

- 5 time sit to stand
- Action Research Arm Test
- Ashworth
- Assessment of Life Habits
- Berg Balance Scale
- Box & Blocks test
- Chedoke–McMaster Stroke Assessment
- Fugl–Meyer Assessment of Motor Performance
- Modified Rankin Scale
- NIH Stroke Scale
- Rivermead Motor Assessment
- Stroke Rehabilitation Assessment of Movement
- Tardieu Spasticity Scale (Modified Tardieu)
- Trunk Impairment Scale
- Wolf Motor Function Test

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