The MS-EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that entry-level students should be made aware of and measures they should learn to administer. Additional materials are available at http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis

Recommendations for Patients with Multiple Sclerosis:

**Students Should Learn to Use:**

- 12-Item MS Walking Scale
- 6 Minute Walk Test
- Activities-specific Balance Confidence Scale
- Dizziness Handicap Inventory
- Fatigue Scale for Motor & Cognitive Functions
- Functional Reach
- Rivermead Mobility Index
- Timed 25 Foot Walk
- Trunk Impairment Scale
- 2 Minute Walk Test
- 9-Hole Peg Test
- Berg Balance Test
- Dynamic Gait Index
- Functional Independence Measure
- Multiple Sclerosis Quality of Life (MS-QoL 54)
- Static Standing Balance Test
- Timed Up & Go (TUG) with Cognitive & Manual
- Visual Analog Scale (Fatigue)

**Students Should Be Exposed To:**

- 12 Minute Walk/Run
- Disease Steps
- Functional Assessment of MS
- Maximum Oxygen Uptake (VO₂ max and VO₂ peak)
- Multiple Sclerosis Functional Composite
- Short Form Health Survey of Medical Outcome Study (SF-36)
- Box & Blocks Test
- Four Square Step Test
- Minimal Inspiratory/Expiratory Pressure
- Modified Fatigue Impact Scale
- Multiple Sclerosis Impact Scale (MSIS-29)

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