

The MS-EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in acute care settings. Additional measures are recommended, but not as strongly. Additional materials are available at <http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis>

Recommendations for Patients with Multiple Sclerosis:

Highly Recommended Measures:

12-Item MS Walking Scale
9-Hole Peg Test
Berg Balance Scale
MS Impact Scale (MSIS-29)
Timed 25 Foot Walk
Timed Up & Go (TUG) with Cognitive & Manual

Recommended Measures:

6 Minute Walk Test	Maximal Inspiratory & Expiratory Pressure
Activities-Specific Balance Confidence Scale	Modified Fatigue Impact Scale
Box & Blocks test	MS International Quality of Life Questionnaire
Disease Steps	MS Quality of Life (MS-QoL 54)
Dynamic Gait Index	MS Quality of Life Inventory
Fatigue Scale for Motor & Cognitive Functions	Rivermead Mobility Index
Functional Reach	Short Form Health Survey of Medical Outcome Study (SF – 36)
Guy’s Neurological Disability Scale	Trunk Impairment Scale *
Hauser Ambulation Index	Visual Analog Scale (fatigue)

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