# REGISTRATION FORM

# Expanding Neurologic Expertise: Introduction to Vestibular Rehabiliation

APTA #:	ANPT Member? Yes No
Name:	
Address:	
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Daytime Tel:	
Fax #:	
E-mail:	

### **Course Location**

Inova Mount Vernon Hospital 2501 Parkers Lane Alexandria VA 22306

Registration Type (circle one)	>30 days prior early bird	30 days or fewer prior
PT Member of the Neurology, Orthopedics, Sports, or Pediatrics Academy	\$350	\$425
APTA PT Non-section Member	\$400	\$475
Non-APTA Member	\$475	\$550

<sup>\*</sup>Fees cover continental breakfast and break snacks, as well as a link to course materials for download. Please note the course materials will <u>not</u> be printed for registrants.

Registration Options: Online or by mail only

#### Register Online:

http://www.neuropt.org/go/events-and-courses/neurology-section-developed-courses

By Mail

Method of Payment OMasterCard	OVisa	<b>O</b> Amex
Card #:		
Exp. Date:		
Signature:		
Billing Zip Code:		

Or mail this form, with a **check made payable to ANPT** to:
ANPT
5841 Cedar Lake Rd. S.
Ste 204
Minneapolis, MN 55416

**Questions?** Please contact ANPT at 952-646-2038, or by email at info@neuropt.org.

Academy of Neurologic Physical Therapy 5841 Cedar Lake Road S. Ste 204 Minneapolis, MN 55416

# Expanding Neurologic Expertise: Introduction to Vestibular Rehabilitation

# Speakers: Eric Anson PT, PhD Jennifer Nash, PT, DPT, NCS

May 4-5, 2019

Inova Mount Vernon Hospital Alexandria, VA



# **CEUs**

This course provides for 1.6 CEUs. A post-course survey will be sent electronically to all registrants within 1 week after the course. The survey will contain a post-test and will assess course logistics and satisfaction. This information will help the Academy meet educational standards and strategic objectives. A participant must complete the survey within one week to obtain an emailed PDF CEU certificate.

# PARTICIPANTS, LOCATION AND HOUSING

May 4-5, 2019 Inova Mount Vernon Hospital 2501 Parkers Lane Alexandria, VA 22306.

For information on lodging, driving directions, and/or parking, Please visit: <a href="http://neuropt.org/education/neurology-section-developed-courses">http://neuropt.org/education/neurology-section-developed-courses</a>

Course is open to licensed Physical and Occupational Therapists.

## **CANCELLATION POLICY**

A 20% handling fee will be charged for cancellations received between 30 and 7 days prior to the course. No refunds will be given for no-shows or cancellations less than 7 days prior to the course. Onsite registrations will be accepted on a space available basis ONLY. The Academy of Neurologic Physical Therapy (ANPT) and host site reserve the right to cancel this course without penalty up to two weeks prior to the event. In the event of cancellation by the ANPT or host facility due to unforeseen circumstances, participants will be refunded their registration fee. We encourage participants to purchase trip insurance. ANPT will not be responsible for the refund of travel or hotel expenses.

# **C**OURSE OBJECTIVES

#### In this course participants will:

- Apply knowledge of vestibular/oculomotor anatomy and physiology to the differential diagnosis of vestibular disorders.
- Utilize information obtained from a patient history to develop one or more working hypotheses for vestibular dysfunction.
- Identify/Perform tests and measures used in the examination of a patient with vestibular pathology including examination of the vestibular and oculomotor systems and positional provocation tests.
- Establish an appropriate plan of care and prognosticate outcomes for individuals with vestibular dysfunction.
- Interpret examination findings associated with patient cases.
- Recognize examination findings that are not consistent with disorders of the vestibular system and warrant physician/ specialist/medical referral.

### COURSE DESCRIPTION

Vestibular Rehabilitation has become an integral part of physical therapy practice across the continuum of care. However, many physical therapists have not had the opportunity to engage in this area of specialty practice. This course is a comprehensive offering designed to meet the needs of individuals wishing to enhance their understanding of vestibular rehabilitation in order to effectively manage a range of patients with vestibular disorders and to identify individuals requiring referral for specialty support. Laboratory sessions will be utilized to enhance the development of psychomotor skills in evaluation and management techniques associated with vestibular rehabilitation.

### TENTATIVE COURSE SCHEDULE

## Day 1

8:00 - 8:15 8:15 - 10:00	Introduction and Pre-test Anatomy & Physiology of the Vestibular and Oculomotor System
10:00 -10:15	Break
10:15- 12:00	Examination and Intervention: BPPV
12:00-1:00	Lunch on your own
1:00 – 2:00	Lab 1: Positional Testing and Repositioning Maneuver
2:00 -3:00	Differential Diagnosis of Vestibular Disorders
3:00 - 3:15	Break
3:15 – 4:45	Examination: Vestibular System, Oculomotor and Postural Control and Gait
4:45 – 5:00	Q & A

# Day 2

8:00 – 8:30	Review: BPPV/ Peripheral Deficits
8:30 - 10:00	Lab 2: Oculomotor, VOR and gait/postural
0.50 - 10.00	
	control testing
10:00-10:15	Break
10:15 -12:00	Interventions for Vestibular Disorders
12:00 – 1:00	Lunch on your own
1:00 - 2:00	Lab 3: Interventions
2:00 - 3:00	Control Vestibular Duefunction
2.00 - 3.00	Central Vestibular Dysfunction
3:00 -3:15	Break
3:15 - 4:45	Non-Vestibular Causes of Dizziness
4:45 - 5:00	Post-test and Q & A
4.45 - 5.00	r usiriesi anu w a A

# THE FACULTY

Eric Anson, PT, PhD received his Masters degree in Physical Therapy from Texas Tech University Health Science Center in 2003. He received his doctoral degree in Kinesiology from the University of Maryland in 2015. Eric is an Assistant Professor at The University of Rochester School of Medicine and Dentistry in the department of Otolaryngology. Eric is an active researcher in the field of vestibular science and postural control with numerous peer reviewed publications. He has presented numerous abstracts and papers at national and international research and educational symposia on topics related to vestibular rehabilitation and postural control. Eric has been treating individuals with vestibular disorders for more than 10 years. He completed the APTA/Emory University Competency in Vestibular Rehabilitation in 2006.

Jennifer Nash PT, DPT, NCS is an APTA board certified Neurologic Clinical Specialist. She has extensive clinical experience with adults who have neurologic impairments including dizziness and balance deficits and specializes in movement disorders. Jennifer received her undergraduate degree in Exercise Physiology at University of Arizona and her master's and doctorate degrees in Physical Therapy from Northern Arizona University in 1999 and 2008 respectively. She is adjunct faculty at Touro University Nevada and has lectured at University of Nevada, Las Vegas. She is the Clinical Rehabilitation Manager at the Cleveland Clinic Lou Ruvo Center for Brain Health in Las Vegas where she leads the neurologic outpatient clinic for patients with neurodegerative diseases.

### **Course Developers:**

Susan L Whitney, PT, DPT, PhD, NCS, FAPTA Eric Anson, PT, MPT
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