Expanding Neurologic Expertise: Advanced Practice in Vestibular Physical Therapy

Faculty:
Janet Callahan, PT, DPT, MS, NCS
Janet Helminski, PT, PhD

May 18-19, 2019
Brigham & Woman’s Hospital / Mass General Health Care Center
Foxborough, MA

REGISTRATION FORM

APTA #: ____________________________________________ ANPT Member? Yes No
Name:________________________________________________________
Address:____________________________________________________________________
Daytime Tel: __________________________________________ Fax #:________________________
E-mail: _____________________________________________________________

Course Location
Brigham & Woman’s Hospital / Mass General Health Care Center
20 Patriot Place
Foxborough, MA 02035

*Fees cover continental breakfast and break snacks, as well as a link to course materials for download. Please note the course materials will not be printed for registrants.

Registration Type (circle one)

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>&gt;30 days prior early bird</th>
<th>30 days or fewer prior</th>
</tr>
</thead>
<tbody>
<tr>
<td>PT Member of the Neurology, Orthopedics, Sports, or Pediatrics Academy</td>
<td>$350</td>
<td>$425</td>
</tr>
<tr>
<td>APTA PT Non-section Member</td>
<td>$400</td>
<td>$475</td>
</tr>
<tr>
<td>Non-APTA Member</td>
<td>$475</td>
<td>$550</td>
</tr>
</tbody>
</table>

Registration Options: Online or by mail only

- Register Online: http://www.neuropt.org/go/events-and-courses/neurology-section-developed-courses
- By Mail

Method of Payment  ○MasterCard  ○Visa  ○Amex
Card #:__________________________________________
Exp. Date:________________________________________
Signature:________________________________________
Billing Zip Code:__________________________________

Or mail this form, with a check made payable to ANPT to:
ANPT
5841 Cedar Lake Rd. S.
Ste 204
Minneapolis, MN 55416

Questions? Please contact ANPT at 952-646-2038, or by email at info@neuropt.org.
In this course participants will:
1. Perform history taking/interpretation skills in persons with a wide variety of vestibular disorders.
2. Describe vestibular diagnostic and functional testing.
3. Recommend testing when appropriate and utilize information for clinical management.
4. List positive and negative effects of pharmacological interventions and integrate them into evaluation and treatment.
5. Describe accurate differential diagnosis, integrating the use of eye motion analysis, tests of postural control, positional tests, and key aspects of the patient’s history.
6. Utilize tests and measures for managing those with vestibular disorders.
7. Describe available literature to enhance vestibular physical therapy practice.
8. Identify psychogenic factors in the dizzy patient and modify clinical management accordingly.
9. Apply advanced clinical skills and knowledge to more effectively treat migraine related dizziness, anxiety, complex and difficult forms of benign paroxysmal positional vertigo, peripheral and central vestibular disorders, and concussion.
10. Describe new technological advances in vestibular testing and intervention.

We ask that all participants bring their own Maddox Bar, Penlight, and Brock String. Below are suggested retailers:

- Maddox Bar: Bayou Ophthalmic Instruments, Inc.: 504-734-9399

CANCELLATION POLICY

A 20% handling fee will be charged for cancellations received between 30 and 7 days prior to the course. No refunds will be given for no-shows or cancellations less than 7 days prior to the course. On-site registrations will be accepted on a space available basis ONLY. The Academy of Neurologic Physical Therapy (ANPT) and host site reserve the right to cancel this course without penalty up to two weeks prior to the event. In the event of cancellation by the ANPT or host facility due to unforeseen circumstances, participants will be refunded their registration fee. We encourage participants to purchase trip insurance. ANPT will not be responsible for the refund of travel or hotel expenses.

TENTATIVE COURSE SCHEDULE

Day 1
8:00 am Introduction & Guiding Principles
8:15 am Eye Movements
9:00 am Central Vestibular Dysfunction
10:15 am Break
11:30 am Questions & Discussion
11:45 am Lunch (on your own)
12:45 pm Migraine
2:00 pm Break
2:15 pm PC/AC BPPV Lecture
4:15 pm PC/AC Lab
5:00 pm Questions & Discussion
5:15 pm Adjourn

Day 2
8:00 LC BPPV Lecture
9:30 LC Lab
10:15 Break
10:30 Eye Movements
11:15 Anxiety
12:15 Lunch (on your own)
1:15 Concussion
2:30 Break
2:45 Ocular Alignment
4:00 New Advances
4:45 Questions & Discussion
5:00 Adjourn

CEUs

This course provides for 1.5 CEUs. A post-course survey will be sent electronically to all registrants within 1 week after the course. The survey will contain a post-test and will assess course logistics and satisfaction. This information will help the Academy meet educational standards and strategic objectives. A participant must complete the survey within one week to obtain an emailed PDF CEU certificate.

THE FACULTY

Janet Callahan PT, DPT, MS, NCS is an APTA board certified Neurologic Clinical Specialist with a specialty in vestibular disorders and movement disorders. Janet received her BS in Physical Therapy from the University of Vermont and her advanced masters in neurologic physical therapy and DPT from the MGH Institute of Health Professions. She is an Assistant Professor at the Institute and continues a clinical practice at Massachusetts General Hospital where she oversees the neurologic outpatient practice and is the physical therapist for the Dystonia Clinic.

Janet Odry Helmsinki, P.T., Ph.D. is a Professor of Physical Therapy, Midwestern University. She received her PhD from Northwestern University’s Institute for Neuroscience, her advance MS in physical therapy with an emphasis in orthopedics from Northwestern University, and her BS in physical therapy from Marquette University. Her current areas of research include strategies to prevent recurrence of BPPV, evaluation and treatment of atypical BPPV, and central adaptation of the vestibular system.

Course Developers: Janet Callahan PT, MS, NCS; Rene’ D Crumbley, PT, DPT, NCS; Cheryl Ford-Smith, PT, DPT, MS, NCS; Michael Furtado, PT, DPT, NCS, CBIS; Colin R Grove, PT, MS, NCS; Janet O Helmsinski, PT, PhD; Janene M Holmberg, DPT, NCS; Kristen M Johnson, PT, MS, NCS; Karen H Lambert MPT, NCS; Laura O Morris, PT, NCS; Anne Mucha, PT, MS, NCS; Michael C Schubert, PT, PhD; Susan L. Whitney, PT, DPT, PhD, NCS, ATC, FAPTA