

Instrument name: 2 Minute Walk Test									
Reviewer: Jeffrey Hode	er and '	Гerry E	llis			Date of review: 2/20/2012			
ICF domain (check all that apply):									
Body structure Body function X Activity Participation environment									
Construct/s measured (check all that apply):									
Body structure and Fu	nction	1	A	Activity		Participation			
<u>X</u> Aerobic		H	Balance	/falls		Community function			
capacity/endurance		F	Bed mol	bility		Driving			
Ataxia		_ <u>X</u> _	Gait (in	clude sta	irs)	Health and wellness			
<u>X</u> Cardiovascular/pulm	onary	H	High Le	vel mobi	lity	Home management			
status]	Fransfer	S		Leisure/Recreational			
Cognition			Wheelch	nair skills	5	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
_X_Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic	city					Work			
Pain									
Sensory integration									
Somatosensation									
			Other:						
Other:						Other:			
I inly to ush show as guing									
	<u>rehab</u>		es.org/	Lists/Rel	<u>nabMeasur</u>	<u>es/PrintView.aspx?ID=896</u>			
Recommendation Cate	gories	5		-	-				
Hoehn and Yahr	4	3	2	1	Commen	ts			
stage									
Ι		X							
II		X			U	ange of variability in this			
						henkman, 2011)			
III		X				device may be utilized, if			
XX /		**				still ambulate independently.			
IV		X			Once assi	istance is needed to ambulate,			



					this test b	ecomes less valid.
V				X		
Overall Comments:	Initial study by Light et al in JNPT 1997, required (3) trials, done before a 2.0 hour functional assessment battery, during a functional assessment battery and at the end of a functional assessment battery. They took the measurements of the 3 rd trial. H&Y III or IV. Some articles site comfortable or preferred walking speed, some as far as possible. Light et al "cover as much ground as you can in 2 minutes"; 2 practice trials, one test secondary to testing effects.					
Overall Comments:	No co	No cost. Easy to administer.				
Entry-Level Criteria	Students should learn to administer tool		n ex	Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level curricula?	YES X	NO	Y	ES	NO	
Research Use	YES		N	NO		Comments
Is this tool appropriate for use in intervention research studies?	Х					

NIH toolbox adapted the instructions from the American Thoracic Society's 6 minute walk test. Normative data establish with n=4800 ages 5-85. NIH study utilized a 50 ft course. One trial was performed. The 2 MWT requires up to 2 practice sessions to reduce a practice effect (Light et al, 1997), with Light noting that the walking distance increased significantly over 3 trials.

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Instrument name: 5x sit to stand										
Reviewer: Alicia Espos	Date of review: 4/28/13; 5/31/13									
ICF domain (check all that apply):										
Body structure Body function X_Activity Participation environment										
Construct/s measured (check all that apply):										
Body structure and Fu	nctio						Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility _XMuscle performan Muscle tone / spastic Pain Sensory integration Somatosensation Other:	се		Activity X_Balance/falls Bed mobility Gait (include stairs) High Level mobility Transfers Wheelchair skills				Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work			
							Ouler.			
Link to rehabmeasures	s.org	summa	ry:							
Recommendation Cate	gorie	es								
Hoehn and Yahr	4	3	2	1	na	Comn	nents			
stage										
Ι	X					subject	g studies in PD with large numbers and reported data on &Y stage			
II	Χ									
III	Χ									
IV	x									
V					X	May n	ot be appropriate as patient			



research studies?					establishment of normative				
					properties and				
Is this tool appropriate for use in intervention	Х				Good psychometric				
	YES		NO		Comments				
Research Use	VES		NO		Commonta				
curricula?	Х								
required for entry level	110		115						
Should this tool be	YES	NO	YES	NO					
	tool								
Entry-Devel Criteria		ninister	read liter	ature)					
Entry-Level Criteria	should	l learn	exposed to	o tool (e.g. to					
	Stude		Students		Comments				
		may be some floor affect across stages of the disease.							
	unable to arise from a chair without using the upper extremities. There								
		Duncan et.al. 2011 found that individuals in each H and Y stage (I=2, III=2, III=2 and IV=1) were unable to perform FTSTS because they were							
		certain patient populations.							
		_	_	re set amount o	of time may be preferable for				
					isequently counting the				
		-	-		may not be able to complete				
					to stand; 10x sit to stand) to stand; 10 second sit to				
	Maarr		ftime		sitts stand. 10x sitts -t1)				
	•	-	d sit to stand						
	•		d sit to stand	ł					
		• 10x sit to stand							
Overall Comments:	Variati	Variations of sit to stand tests exist							
				stand	e a and to perform bit to				
				would not	be able to perform sit to				

References

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Lord, S. R., Murray, S. M., et al. (2002). "Sit-to-stand performance depends on sensation, speed, balance, and psychological status in addition to strength in older people." Journals of Gerontology. Series A, Biological Sciences and Medical Sciences 57(8): M539-543.

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Tiedemann, A., Shimadda, H., et al. (2008). "The comparative ability of eight functional mobility tests for predicting falls in community-dwelling older people." Age and Ageing 37(4): 430-435.

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Instrument name: 6 Minute Walk Test									
Reviewer: Jeffrey Hod	Reviewer: Jeffrey Hoder and Terry Ellis								
ICF domain (check all that apply):									
Body structure Body function X_Activity Participation									
Construct/s measured (check all that apply):									
Body structure and Fu	nctio	n		Activity		Participation			
X Aerobic capacity/endurance Ataxia X Cardiovascular/pulm status Coordination Coordination (non-equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Somatosensation	;		High Le Transfe	bility iclude sta evel mob	ility	Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work			
Other:			Other:			Other:			
Link to rehabmeasure	s.org					-			
summary: <u>http://www</u>	.reha	bmeasu	<u>res.org/</u>	Lists/Rel	habMeasur	es/PrintView.aspx?ID=895			
Recommendation Cate	gori	es							
Hoehn and Yahr stage	4	3	2	1	Commen	ts			
I	X					significant amount of e data published.			
II	Χ								
III	X					device may be utilized, if 1 still ambulate independently.			
IV	Χ				istance is needed to ambulate,				



					this test b	ecomes less valid.		
V				X				
Overall Comments:	Excellent psychometrics. Frequently utilized within the literature to evaluate walking capacity. There is some variability in the length of track/hallway that is utilized in the research. Generally either 30- 30.5m (Canning, 2006; Falvo, 2009) or 100ft length (Steffen, 2008; American Thoracic Society, 2002), with recommended turning around cones.							
Overall Comments:	and fo instruct provid "You during minute distant the int muscle	General instructions: The participants were required to walk back and forth along the 30-m walkway for 6 minutes. Participants were instructed to walk <i>as far as possible</i> in the 6 minutes and were provided with standardized encouragement every minute, for example, "You are doing well, you have 5 minutes to go." Total distance walked during the test was recorded to the nearest tenth of a meter and the 6- minute average walking velocity was calculated by dividing the total distance walked by the total number of seconds in the test. To reflect the intensity of exercise performed, heart rate, breathlessness, and leg muscle fatigue were recorded on immediate completion of the test. Leg muscle fatigue were evaluated by using the Borg 10-point Rating of Perceived Exertion scale. –Canning, 2006						
Entry-Level Criteria		ents d learn niniste	exj	posed to	should be) tool (e.g. erature)	Comments		
Should this tool be required for entry level curricula?	YES X	NO	YES NO					
Research Use	YES		NC)		Comments		
Is this tool appropriate for use in intervention research studies?	X							



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Canning CG, Ada L, Johnson JJ, McWhirter S. Walking capacity in mild to moderate Parkinson's disease. Arch Phys Med Rehabil 2006;87:371-5.

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Instrument name: 9 Hole Peg Test									
Primary Reviewer: Suz	Date of review: May 2013								
and Rosemary Gallaghe	and Rosemary Gallagher, PT, DPT, GCS								
ICF domain (check all	that a	apply):							
X Body function/st	ructu	re	<u>X</u> .	Activity		_Participation			
Construct/s measured (check all that apply):									
Body structure and Fu	nctio			Activity		Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition X_Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation	•		High Le Transfei	bility clude sta evel mobi	ility	 Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work 			
<u>X</u> Other: Dexterity			Other:			Other:			
Link to rehabmeasures	s.org	summa	rv:						
Recommendation Cate	-		J						
Hoehn and Yahr stage	4	3	2	1	Commen	its			
Ι		Χ							
II		X							
III		A X							
IV		X							
V				X	Stage 5 no this review	ot included in studies used for w.			
Overall Comments:									



	Excellent test-retest reliability. MDC established in one study. No other psychometrics found for the PD population							
Entry-Level Criteria	Studer should to adm tool			should be o tool (e.g. terature)	Comments			
Should this tool be required for entry level curricula?	YES NO X		YES	NO	Widely used in clinical settings.			
Research Use	YES		NO		Comments			
Is this tool appropriate for use in intervention research studies?			X					

Earhart, G., Cavanaugh, J., et al. (2011). "The 9-Hole Peg Test of Upper Extremity Function: Average Values, Test-Retest Reliability, and Factors Contributing to Performance in People With Parkinson Disease." JNPT 35(4): 157-163.

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Instrument name: 10 Meter Walk Test								
Reviewer: Jeffrey Hode	Reviewer: Jeffrey Hoder and Terry Ellis Date							
ICF domain (check all that apply):								
Body structure Body function X_Activity Participation								
Construct/s measured (check all that apply):								
Body structure and Fu	nctio	n	Activi	ty that a	pply	Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation	-		Activity that app Balance/falls Bed mobility A Gait (include stairs High Level mobility Transfers Wheelchair skills Other:			Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work Other:		
Other:								
Link to rehabmeasures	s.org							
summary: <u>http://www.</u>	<u>reha</u>	bmeasu	res.org/	Lists/Reh	<u>abMeasur</u>	<u>es/PrintView.aspx?ID=901</u>		
Recommendation Cate	gorie	es						
Hoehn and Yahr stage	4	3	2	1	Commen	its		
I	X				There is a	significant amount of		
						e data established.		
II	Χ							
III	Х					device may be utilized, if 1 still ambulate independently.		
IV		X				istance is needed to ambulate,		



					this test b	ecomes less valid.	
V				X			
V Overall Comments:	n>4800 Genera Comfo nearest 2 optio 1. 2. Steffer 37 com MDC =	 areferred distance? NIH Toolbox utilized a 4 meter gait speed and has >4800 for ages 5-85. Generally the average of 2 trials for comfortable, 2 trials for fast speed. Comfortable speed and as fast as possible with time recorded to the tearest 100th of a second and documented in meters/second. coptions: 1. A distance of 10 m is marked on the floor. The subject begins the test 5 m before the starting line and completed the test 5 m after the finish line. Time is recorded from the time when the subject crossed the starting line to the time when he or she crossed the finish line. (Schenkman, 1997; Fritz, 2009) 2. A distance of 10 m is marked on the floor. Subsequent marks are placed at 2 m from starting point and 2 m from ending point to allow a 6 m timed middle section for the test. Subject starts, walks 2 meters, is timed over the middle 6 meters, then timer is stopped 2 meters before finish. (Brusse, 2005; Steffen, 2008) 3. Steffen, 2008: 7. community-dwelling adults with parkinsonism ADC = 0.18 m/s comfortable; 0.25 m/s fast CC=.96 comfortable; 0.97 fast 					
Overall Comments:						_	
Entry-Level Criteria	Students should learn to administer tool			posed to	should be o tool (e.g. erature)	Comments	
Should this tool be required for entry level curricula?	YES X	NO	Y	ES	NO	-	
Research Use	YES	1	N	0		Comments	
Is this tool appropriate for use in intervention	Х						



research studies?		

References

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Fritz, S., Lusardi, M.(2009). White Paper: "Walking Speed: the Sixth Vital Sign." Journal of Geriatric Physical Therapy 32(3): 110.

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Reuben D; Magasi S; McCreath H; Bohannon RW; Wang Y-C; Bubela DJ; et al. (2013) "Motor assessment using the NIH Toolbox ." Neurology 80 (11 Supplement 3).

Schenkman, M., Cutson, TM, Kuchibhatla, M, Chandler, J, and Pieper, C. (1997). "Reliability of Impairment and Physical Performance Measures for Person's with Parkinson's Disease." Physical Therapy 77(1): 19-27.

Steffen, T. and Seney, M. (2008). "Test-retest reliability and minimal detectable change on balance and ambulation tests, the 36-item short-form health survey, and the unified Parkinson disease rating scale in people with parkinsonism." Physical Therapy 88(6): 733-746.

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Instrument name: 30 second sit to stand test									
Reviewer: Alicia Esposito, PT, DPT, NCS and Deb Kegelmeyer DPT, MS, GCS						Date of review: 4/30/13			
ICF domain (check all that apply):									
X_Body structureBody functionX_Activity Participation									
	Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation			
Aerobic			Balance			Community function			
capacity/endurance			Bed mo	•		Driving			
Ataxia				clude stai	/	Health and wellness			
Cardiovascular/pulm	onary		-	evel mobi	lity	Home management			
status			_Transf			Leisure/Recreational			
Cognition			wheelc	hair skills	8	activities			
Coordination (non-						Life satisfaction			
equilibrium) Dizziness						Quality of life Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility									
$\frac{1}{X}$ Muscle performan	00					Shopping Social function			
Muscle tone / spasti						Work			
Pain	City								
Sensory integration									
Somatosensation									
			Other:						
Other:			other.			Other:			
Other.									
Link to rehabmeasure	s.org	summa	ry:			L			
Recommendation Cate	0								
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
I			X						
II			X						
III			X						
IV			Χ						
V			N/A						
Overall Comments:	No	iteratur	e regard	ling its us	se in the $\overline{P}\overline{D}$	population. Measures of time			
	are	are more precise (5x sit to stand, 10x sit to stand) then counting of							



Overall Comments:	repetitions within a particular time frame (30 second sit to stand; 10 second sit to stand). Individuals who are weak however may not be able to complete the requisite number of repetitions in a pre set amount of time may be preferable for certain populations.						
Entry-Level Criteria	Students should learn to administer tool			should be to tool (e.g. terature)	Comments		
Should this tool be	YES	NO	YES	NO	In context with variations in		
required for entry level curricula?		X		X	other sit to stand tests		
Research Use	YES		NO		Comments		
Is this tool appropriate for use in intervention research studies?			X		Not to be used in PD related research secondary to a lack of literature supporting its use in the PD population		

Jones, CJ et al (1999). "A 30-s chair-stand test as a measure of lower body strength in community-residing older adults." Research Quarterly for Exercise and Sport. 70(2): p113-119

MacFarlane, DJ et al (2006). "Validity and normative data for thirty second chair stand test in elderly community dwelling hong kong chinese." American Journal of Human Biology. 18: p418-421.

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Instrument name: 360	° Turi	n Test						
Reviewer: Terry Ellis PT, PhD, NCS; Laura Savella Spt and Jeffrey Hoder					Spt and	Date of review: 4/30/2013		
ICF domain (check all	that	apply):				I		
Body structure _ Environment		Body f	unction	<u>X</u>	Activity	Participation		
Construct/s measured	(chec	k all th	at apply	y):				
Body structure and Fu	nctio	n	A	Activity		Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:			High Le Fransfer	bility clude stai evel mob	ility	<pre>Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work</pre>		
I ink to ushah massure	0.040	Gumma	141 7 4					
Link to rehabmeasures Recommendation Cate			ı y.					
Hoehn and Yahr	<u>gor (</u>	3	2	1	Commer	ats		
stage	•	5	2	1	Commen	11.5		
I		X	exce H&			Good psychometric properties and excellent clinical utility of this measure in H&Y Stage 1. Lacking some information on validity and reliability.		
II		X	Good p exceller			Good psychometric properties and excellent clinical utility of this measure in H&Y Stage 2. Lacking some information		



	г г			1	· · · · · · · · · · · · · · · · · · ·	
					on validity	and reliability.
III	2	X			excellent of H&Y Stag	chometric properties and clinical utility of this measure in ge 3. Lacking some information y and reliability.
IV			X		No studies H&Y Stag	s on this measure have included ges 4.
V			X		-	s on this measure have included
Overall Comments:	The existing evidence offers some norm elders and persons with PD, evidence of reliability in PD, and convergent validity Continuous Scale Physical Functional E psychometric data applies to patients in I this measure have included H&Y Stages				f acceptable test-retest y of the test with the Exam (CS-PFP) in PD. The H&Y Stages 1-3. No studies on	
Entry-Level Criteria	Students should learn to administer tool		n ez	Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level curricula?	YES	NO X	Y	ES	NO X	The 360 Degree Turn Test is part of the Berg Balance Test, which students will learn to administer. Although there are a limited number of studies in persons with PD, the available evidence suggests that the psychometric properties of the 360 Degree Turn Test are adequate.
Research Use	YES		N	0		Comment
Is this tool appropriate for use in intervention research studies?			X			At present more evidence is needed on the psychometric properties of the 360 Degree Turn Test, including its validity, reliability, and responsiveness in subjects with PD before it should be



	used as an independent assessment of dynamic
	balance.

Berg K. Measuring balance in the elderly: preliminary development of an instrument. *Physiotherapy Canada*. 1989; 41(6):304–311.

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Instrument name: Activities Specific Balance Confidence (ABC) Scale						
Reviewer: Erin Hussey	and (Cathy H	arro			Date of review: May 2013
ICF domain (check all	that a	apply):				l
	ody fur	nction	X_	_ Activity	Participation	
Environment						
	Construct/s measured (check					
Body structure and Fu	nctio			Activity		Participation
Aerobic			_Balano			Community function
capacity/endurance			Bed mol	•	• 、	Driving
Ataxia				nclude st	· ·	Health and wellness
Cardiovascular/pulmo	onary			evel mob	ility	Home management
status			Transfer			Leisure/Recreational
Cognition Coordination (non-			wneelci	hair skills	8	activities Life satisfaction
equilibrium)						Quality of life
Dizziness						X Reintegration to
Dual Tasks						community
Fatigue						Role function
Flexibility						Shopping
Muscle performance	•					Social function
Muscle tone / spastic						Work
Pain	5					
Sensory integration						
Somatosensation						
			Other:			
Other:						Other:
			ry:			
			1	1	1	
	4	3	2	1	Commen	its
stage						
Ι		Χ			Demonst	rated in small subset of samples
					that inclu	ded Hoehn Yahr Stage I
II		Χ			Demonst	rated good psychometrics and
					good clin	ical utility in target population
III		Χ			Demonst	rated good psychometrics and
						ical utility in target population
IV			X		-	
Recommendation Cate Hoehn and Yahr stage I II	stage X X X			1	that inclu Demonst good clin Demonst good clin Insufficie	rated in small subset of samples ded Hoehn Yahr Stage I rated good psychometrics and ical utility in target population rated good psychometrics and



V Overall Comments: Overall Comments:	stage eithe For o	es of Pa er indep optimal	at data representing use in this the stage; Items represent that are not completed in this in individuals in early to middle cal utility with completion stered within 20 minutes. ation is recommended with tool is questionable.			
Entry-Level Criteria	Students should learn to administer tool		n e	Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level curricula?	YES	x NO	X	(ES K	NO	
Research Use	YES		N	NO		Comments
Is this tool appropriate for use in intervention research studies?	Х					

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Instrument name: Ber	g Bala	nce Sc	ale					
Reviewer: Deb Kegelm	ieyer a		Date of review: 3/6/13					
ICF domain (check all	that a	pply):						
Body structure environment	_Bod	y funct	tion	_X_	_ Activity	Participation		
Construct/s measured	onstruct/s measured (check all that apply):							
Body structure and Fu	nction			Activity		Participation		
Aerobic			_Balanc			Community function		
capacity/endurance			Bed mo	•		Driving		
Ataxia				clude sta	/	Health and wellness		
Cardiovascular/pulmo	onary		-	evel mob	ility	Home management		
status			Transfer			Leisure/Recreational		
Cognition			wheelcl	hair skill	S	activities Life satisfaction		
Coordination (non- equilibrium)						Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance	;					Social function		
Muscle tone / spastic						Work		
Pain	-							
Sensory integration								
Somatosensation								
			Other:					
Other:						Other:		
Link to rehabmeasures	oras	ummo	WX 7 •					
Recommendation Cate	U		1 y.					
Hoehn and Yahr		3	2	1	Commen	40		
stage	4	5	2	1	Commen	115		
I		x Ceiling e				ffects noted		
					8			
II	X							
III	X							
IV						able use due to no assistive		
					device ca	n be used.		
V				Χ	Cannot b	e used		
Overall Comments:								



Entry-Level Criteria	Students should learn to administer tool			should be to tool (e.g. terature)	Comments
Should this tool be required for entry level	YES	YES NO		NO	
curricula?		x		Х	
Research Use	YES	YES			Comments
Is this tool appropriate for use in intervention research studies?	x				

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Scalzo, P. L., Nova, I. C., et al. (2009). "Validation of the Brazilian version of the Berg balance scale for patients with Parkinson's disease." Arquivos de Neuro-Psiquiatria 67(3B): 831-835.



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Steffen, T. M., Hacker, T. A., et al. (2002). "Age- and gender-related test performance in community-dwelling elderly people: Six-Minute Walk Test, Berg Balance Scale, Timed Up & Go Test, and gait speeds." Physical Therapy 82(2): 128-137.

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Instrument name: BESTest								
Reviewer: Cathy Harro	Reviewer: Cathy Harro and Erin Hussey Date of review: June, 2013							
ICF domain (check all that apply):Body structure \underline{X} Environment \underline{X}					ctivity _	Participation		
Construct/s measured	(chec	k all th	at apply	y):				
Body structure and Fu	nctio	n	I	Activity		Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness X_Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain X_Sensory integration Somatosensation X_Other: Other: balance motor strategies	city		X_Balance/falls Bed mobility Gait (include stairs) High Level mobility Transfers Wheelchair skills			<pre>Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work</pre>		
Link to rehabmeasure	U		ry:					
Recommendation Cate	egorie							
Hoehn and Yahr stage	4	3	2	1	Commen	its		
I	-	X			Excellent	psychometrics AND good		
·		<u> </u>			clinical u	tility.		
II		X			clinical u	-		
III		X	K Ex			Excellent psychometrics AND good clinical utility.		



111		X 7			F 11 (
IV	-	X			Excellent clinical ut	psychometrics AND good ility.
V				X		Y stage was not assessed in
·				1		as functional level is too low for
					,	ed balance test.
Overall Comments:	Event	104440	at noto	at and into	Ũ	
Overan Comments:						bility for total BESTest scores.
						validity. Adequate predictive
						rospective -6month).
Overall Comments:						tes to administer test for
	traine	ed ratei	rs. Tra	aining DV	D available	for purchase.
	Stud	ents		Students	should be	Comments
Entry-Level Criteria	shou	ld lear	'n	exposed t	o tool (e.g.	
Entry-Lever Criteria	to ad	minist	er	to read lit	erature)	
	tool					
Should this tool be	YES	NO		YES	NO	Clinical utility >30 minutes to
required for entry level						administer. Shortened version
curricula?		Х			Х	of test (Mini BEST) is
						published with strong
						psychometrics and better
						clinical utility (15 min. to
						administer). Expose students
						to original text to understand
						-
						subsections and face validity.
Research Use	YES			NO		Comments
Is this tool appropriate	Х					Excellent psychometrics:
for use in intervention						reliability, validity, predictive
research studies?						validity without floor or
						ceiling effects in PD
						population. Further studies are
						needed to determine
						responsiveness of this
						measure for assessing
						clinically meaningful change
						in balance.



Duncan RP, Leddy AL et al. (2013); Comparative utility of the BESTest, Mini-BESTest, and Brief BESTest for predicting falls in individuals with Parkinson's disease: A Cohort Study. Physical Therapy. 93(4):542-50

Duncan RP, Leddy AL, Cavanaugh JT et al (2012). Accuracy of fall prediction in Parkinson Disease: 6-month and 12-month prospective analyses. Parkinsons Disease. ID: 237673

Franchignoni, F., Horak, F., et al. (2010). "Using psychometric techniques to improve the Balance Evaluation System's Test: the mini-BESTest." Journal of rehabilitation medicine: official journal of the UEMS European Board of Physical and Rehabilitation Medicine 42(4): 323.

Horak, F. B., Wrisley, D. M., et al. (2009). "The Balance Evaluation Systems Test (BESTest) to differentiate balance deficits." Physical Therapy 89(5): 484-498.

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Padgett PK, Jacobs JV, Kasser SL (2012). Is the BESTest at its Best? A suggested brief version based on interrater reliability, validity, internal consistency, and theoretical construct. Phys Ther 92: 1197-1207



Instrument name: Brief BESTest						
Reviewer: Cathy Harro	and	Erin Hu	ssey			Date of review: May, 2013
ICF domain (check all	that a	apply):				
Body structure	Body structure \underline{X} B				Activity	Participation
Environment						
Construct/s measured	(ahaa	lz all th	at annly	<i>z</i>)•		
Body structure and Fu				Activity		Participation
Aerobic			Balance	U		Community function
capacity/endurance			Bed mol			Driving
Ataxia				clude sta	irs)	Health and wellness
Cardiovascular/pulmo	onary			evel mob	/	Home management
status	-		Transfer	ſS	-	Leisure/Recreational
Cognition			Wheelcl	hair skills	5	activities
Coordination (non-						Life satisfaction
equilibrium)						Quality of life
Dizziness						Reintegration to
Dual Tasks					community	
Fatigue					Role function	
Flexibility					Shopping	
Muscle performance						Social function
Muscle tone / spastic	city					Work
$\frac{Pain}{\underline{X}}$ Sensory integration						
Somatosensation						
			Other:			
\underline{X} Other: Postural cont	rol	— ·	other.			Other:
strategies	.101					
Silutegies						
Link to rehabmeasures	s.org	summa	ry:			
Recommendation Cate	egorie	s				
Hoehn and Yahr	4	3	2	1	Commen	its
stage						
Ι		X			Excellent	clinical utility. Limited number
					of studies	s in PD but good initial test
					psychom	etrics. Lacking any data on test
						ability, concurrent validity, or
						veness of measure.
II		X			_	clinical utility; good test
		**				etrics in few published studies.
					Payenoni	erres in rew published studies.



	<u> </u>			(1	
		_		(see abov	
III	X				clinical utility; good test
					trics in few published studies.
				(see abov	•
IV	X				clinical utility; good test
					trics in few published studies.
				(see abov	
V			X		ny research for this stage;
					l level may be too low for
					ctivities on the test.
Overall Comments:			•	•	ninutes to administer with
		-		-	metrics: Significantly less
					ni BESTest or full version
		-	•	-	llers. Lacking research on
	concur	rent or dis	scriminativ	d test responsiveness.	
Overall Comments:					
					1
	Studer			should be	Comments
Entry-Level Criteria	should		-	to tool (e.g.	
U		ninister	to read li	terature)	
	tool				
Should this tool be	YES	NO	YES	NO	PD EDGE recommends
required for entry level					MiniBEST over this Brief
curricula?		X		Х	BESTest, based on stronger
					test psychometrics and more
					extensively researched.
Research Use	YES		NO		Comments
Is this tool appropriate	X				Test has excellent construct
for use in intervention					validity, internal consistency,
research studies?					and inter-rater reliability;
					however research is lacking
					-
					regarding responsiveness as a
					regarding responsiveness as a balance outcome measure.
					balance outcome measure.



Duncan RP, Leddy AL et al. (2013); Comparative utility of the BESTest, Mini-BESTest, and Brief BESTest for predicting falls in individuals with Parkinson's disease: A Cohort Study. Phys Ther

Padgett PK, Jacobs JV, Kasser SL (2012). Is the BESTest at its Best? A suggested brief version based on interrater reliability, validity, internal consistency, and theoretical construct. Phys Ther 92: 1197-1207



Instrument name: Continuous Scale Physical Functional Performance										
Reviewer: Terry Ellis P Jeffrey Hoder	PT and	Date of review: 4/30/2013								
ICF domain (check all that apply):										
Body structure Body function X Activity X Participation										
Construct/s measured (check all that apply):										
Body structure and Fu	nctio			Activity		Participation				
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue X_Flexibility _X_Muscle performanc Muscle tone / spastic Pain Sensory integration Somatosensation	e		_ <u>X</u> _Balance/falls Bed mobility _ <u>X</u> _Gait (include stairs) _ <u>X</u> _High Level mobility Transfers Wheelchair skills			<pre>Community function Driving Health and wellness <u>X</u>_Home management Leisure/Recreational activities Life satisfaction Quality of life _X_Reintegration to community _X_Role function Shopping Social function Work</pre>				
Other:										
Link to rehabmeasures.org summary:										
Recommendation Cate	egorie	s								
Hoehn and Yahr	4	3	2	1	Comments					
stage										
Ι		X			Excellent validity and reliability in this					
					population. Limited by extensive time needed to administer CS-PFP					
II		Χ	Exc		Excellent	Excellent validity and reliability in this				
					population. Limited by extensive time					
			need		needed to	needed to administer CS-PFP				
III		X			Excellent validity and reliability in this					



				population	n. Limited by extensive time		
				needed to	administer CS-PFP		
IV		X		No studie	s tested the CS-PFP on subjects		
				in H&Y S	tage IV		
V		X		No studie	s tested the CS-PFP on subjects		
				in H&Y S	6		
Overall Comments:	The C	S-PFP req	uires patie		out "real life" everyday		
	functional tasks, typically performed in the home environment,						
	optimizing its ecological validity. For this reason, it may be considered						
	a reasonable option to measure tasks at the Participation Level. The						
		-			bility, as well as evidence		
	suggesting its sensitivity to changes in function in Parkinson's Disease:						
	H&Y Stages 1-3. No studies have tested its validity and reliability in						
	H&Y stages 4 and 5. The CS-PFP has limited clinical utility based on						
	the extensive list of equipment required (much of which must be						
	standardized in size, weight, etc.) and the space demands (ex. washing						
	machine and dryer), the cost of training for use of this tool, and the						
	long time administration of this test takes in a population with						
	Parkinson's disease (45-70 minutes) (Schenkman et al, 2002) or 40-60						
	min (Hearty et al, 2007). The short form CS-PFP10 has not yet been						
	examined in a population with Parkinson's disease, but the shorter time						
	of administration for populations of older adults (30 minutes) may						
	make this a more useful clinical measure in the PD population.						
	Although the CS-PFP is an excellent test of participation with strong						
	ecological validity; it is time consuming and has considerable						
	requirements for equipment and space. Therefore, it is not						
	recommended in the PD core set of measures.						
	Students		Students should be		Comments		
Entry-Level Criteria	should learn		exposed to tool (e.g.				
	to administer		to read literature)				
	tool						
Should this tool be	YES	NO	YES	NO	Students should be exposed to		
required for entry level	ILS		1123		this tool given its strong		
curricula?		X		X	psychometric properties in the		
					elderly population and in		
					persons with Parkinson's		
					disease. In addition, it is a		
					potentially valuable tool to		
					assess tasks at the		
					assess tasks at the		



			Participation Level. However, given the formal training, equipment, and space requirements it may not be feasible to learn to administer in the academic setting.
Research Use	YES	NO	Comments
Is this tool appropriate for use in intervention research studies?	X		The CS-PFP has excellent validity and reliability, as well as evidence suggesting its sensitivity to changes in function in Parkinson's Disease: H&Y Stages 1-3. The CS-PFP is appropriate to use in research studies, where its cost, the time it takes to administer, and the training requirements may be less prohibitive. It is comprehensive in nature and has strong ecological validity.

Arnett SW, Laity JH, Agrawal SK, Cress ME. Aerobic reserve and physical functional performance in older adults. Age and Ageing. 2008;37(4):384–9.

Cress M. Quantifying physical functional performance in older adults. Muscle & nerve. 1997; S17–S20.

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Cress M, Buchner D. Continuous-scale physical functional performance in healthy older adults: a validation study. Arch Phys Med Rehabil, 1996;77:1243-1250.

Cress MS, Meyer M. Maximal voluntary and functional performance levels needed for independence in adults aged 65 to 97 years. Phys Ther. 2003;83(1):37-48.



Cress ME, Petrella JK, Moore TL, Schenkman ML. Continuous-scale physical functional performance test: validity, reliability, and sensitivity of data for the short version. Phys Ther. 2005. 85(4):323–35.

Frisard M, Fabre JM, Russell RD, et al. Physical activity level and physical functionality in nonagenarians compared to individuals aged 60-74 years. J Gerontol A Biol Sci Med Sci. 2007;62(7):783–788.

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Schenkman M, Ellis T, Christiansen C, et al. Profile of functional limitation and task performance among people with early- and middle- stage Parkinson disease. Phys Ther. 2011; 91(9):1339-1354

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Schenkman M, Hall DA, Barón AE, Schwartz RS, Mettler P, Kohrt WM. Exercise for people in early- and mid-stage Parkinson disease: a 16-month randomized controlled trial. Phys Ther. 2012;92(11): 1395–1410.



Instrument name: CTSIB - Clinical Test of Sensory Integration and Balance									
Reviewer: Deb Kegeln	neyer	and Ali	cia Espo	osito		Date of review: May 2013			
ICF domain (check all that apply):									
Body structure x Body function Activity Participation									
environment									
Construct/s measured	Participation								
Body structure and Fu Aerobic	ncuo		Balance	Activity		Community function			
capacity/endurance			Bed mo			Driving			
Ataxia				clude stai	irs)	Health and wellness			
Cardiovascular/pulm	onarv		· ·	vel mobi	/	Home management			
status	j		Transfer			Leisure/Recreational			
Cognition			Wheelcl	hair skills	S	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic	city					Work			
Pain									
Sensory integration									
_x_Somatosensation			0.1						
Othan			Other:			Other:			
Other:									
Link to rehabmeasures	s.org	summa	ry:						
Recommendation Cate	gorie	es							
Hoehn and Yahr	4	3	2	1	Commen	nts			
stage									
I				X	1 study –	no difference between PD and			
				controls					
II				X					
III				X	1 study p	oor results, 1 study ok results			
IV			X						
V				X	Floor effe	ect, they cant do it.			
Overall Comments:				Ove	rall not sep	earate PD from healthy age			
	mat	ched co	ntrols ex	ccept in H	H&Y stage	IV			



Overall Comments:					
Entry-Level Criteria	Students should learn to administer tool		exposed	should be to tool (e.g. terature)	Comments
Should this tool be required for entry level	YES	NO	YES	NO	
curricula?		Х		X	
Research Use	YES		NO	1	Comments
Is this tool appropriate for use in intervention research studies?			X		

Chong RKY, Horak FB, Frank J, Kaye J (1999). "Sensory Organization for Balance: Specific Deficits in Alzheimer's but not in Parkinson's Disease. J. of Gerontology 54A(3):M122-M128.

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Shumway-Cook, A. and Horak, F. B. (1986). "Assessing the influence of sensory integration on balance. Suggestions from the field." Physical Therapy 66: 1548-1549.



Whitney, S. L. and Wrisley, D. M. (2004). "The influence of footwear on timed balance scores of the modified clinical test of sensory interaction and balance." Archives of Physical Medicine and Rehabilitation 85(3): 439-443.

Wrisley, D. and Whitney, S. (2004). "The effect of foot position on the modified clinical test of sensory interaction and balance." Archives of physical medicine and rehabilitation 85(2): 335-338.

Wrisley, D. M. and Whitney, S. L. (2004). "The effect of foot position on the modified clinical test of sensory interaction and balance." Arch Phys Med Rehabil 85(2): 335-338.



Instrument name: Dynamic Gait Index								
Reviewer: Cathy Harro	and		Date of review: 6/12/2013					
ICF domain (check all that apply):								
Body structure Body function X_Activity Participation environment								
Construct/s measured (check all that apply):								
Body structure and Fu	nctio	n	A	Activity		Participation		
Aerobic		_x_]	Balance	/falls		Community function		
capacity/endurance		I	Bed mol	bility		Driving		
Ataxia		_x_(Gait (inc	clude stai	rs)	Health and wellness		
Cardiovascular/pulmo	onary		-	vel mobi	lity	Home management		
status			Fransfer			Leisure/Recreational		
Cognition			Wheelch	nair skills	5	activities		
Coordination (non-						Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
_x_Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance						Social function Work		
Muscle tone / spastic	Jity							
_x_Sensory integration Somatosensation								
			Other:					
x Other: balance motor	r		Julei.			Other:		
strategies	L					Other.		
strategies								
Link to rehabmeasures	s.org	summa	rv:			I		
Recommendation Cate			J					
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
I	X				Excellent	psychometrics AND excellent		
						tility; Note small % of		
						nts across research studies were		
						, therefore unclear if ceiling		
					-	, meretore uncrear ir cennig		
	.				effect.	1		
II	X					psychometrics AND excellent		
					clinical u	clinical utility		



	·							
III	X				Excellent clinical uti	psychometrics AND excellent		
IV	X					psychometrics AND excellent		
1 V	Λ							
						ility; small % of participants		
						lies were in stage IV, therefore		
						floor effect		
V				NA		stage not assessed in research;		
						o low level for the designed		
					balance te	st		
Overall Comments:	Psyc	hometrics	s: Exco	ellent tes	st-retest in F	PD population; inter-rater		
	relia	bility not	tested	in PD bu	it excellent	in stroke, MS, CDE. Excellent		
	valic	lity to dete	ect fall	lers from	non-fallers	s in multiple PD studies.		
		•				ardized balance measures in		
				•		, Timed Walk tests), but not		
				,	-	lidity with disease severity		
				1		PD (2.9pts) but no MCID.		
	`		<i>,</i>			fallers from nonfallers based		
		-			•	s multiple studies.		
			-		-	ng treadmill locomotor training		
	and RAC cued step training with moderate effect size. Unclear if							
	ceiling or floor effects for those with PD in stage 1 and 4 respectively							
	but r	not eviden	t in sta	ages 2-3.				
	Г	11 (C1'	• 1 1 1		. 10			
Overall Comments:						ninutes to administer test for		
						required except for review of		
			-			rdized scoring. Equipment		
	read	ily availat	ole in t	the clinic	e to adminis	ster the text. No fee for use of		
	this	test.						
	NOT	E: Unclea	ar if D	GI vs F0	GA is more	sensitive and responsive test in		
	PD p	population	n at thi	s time. N	fore researc	h has examined psychometrics		
	of D	GI in PD t	han F Q	GA; how	ever Face va	alidity of FGA reflects 3 new		
	item	s that may	be re	flective	of balance p	problems during mobility in PD		
		•			-	d walking with eyes closed).		
	`	-		-		which measure is more		
						measure responsiveness to		
	-	bilitation i		•		measure responsiveness to		
		lents			hould be	Comments		
Entry-Level Criteria						Comments		
	snou	ıld learn	ex	posea to	tool (e.g.			



	to adm tool	inister	to read literature)		
Should this tool be required for entry level curricula?	YES	NO X	YES	NO X	Clinical utility 10 minutes to administer. Original version of Functional Gait Assessment. Has strong psychometric properties across multiple studies in PD.
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?	X				Excellent psychometrics: reliability, validity, predictive validity especially related to fall risk in PD population. A few studies on responsiveness support this as a sensitive measure to change in balance following mobility or gait interventions.

Cakit, B. D., Saracoglu, M., et al. (2007). "The effects of incremental speed-dependent treadmill training on postural instability and fear of falling in Parkinson's disease." Clin Rehabil 21(8): 698-705.

Dibble LE, Lange M. (2006). Predicting falls in individuals with Parkinson Disease: a reconsideration of clinical balance measures. JNPT 30 (2): 60-66

Dibble LE, Christensen J, Ballard DJ, Foreman KB (2008). Diagnosis of fall rsik in Parkinson Disease: An analysis of individual and collective clinical balance test interpretation. Phys Ther 88 (3): 323-332

Huang, S. L., Hsieh, C. L., et al. (2011). "Minimal detectable change of the timed "up & go" test and the dynamic gait index in people with Parkinson disease." Phys Ther 91(1): 114-121.

Jonsson, L. R., Kristensen, M. T., et al. (2011). "Intra- and interrater reliability and agreement of the Danish version of the Dynamic Gait Index in older people with balance impairments." Archives of Physical Medicine and Rehabilitation 92(10): 1630-1635.



Kadivar A, Corcos DM, FOto J, Hondzinski JM. (2011). Effect of step training and rhythimic auditory stimulation on functional performance in Parkons Patients. Neurorehabilitation Neural Repair 25 (7): 626-635

Landers, M. R., Backlund, A., et al. (2008). "Postural instability in idiopathic Parkinson's disease: discriminating fallers from nonfallers based on standardized clinical measures." J Neurol Phys Ther 32(2): 56-61. F

Romero, S., Bishop, M. D., et al. (2011). "Minimum detectable change of the Berg Balance Scale and Dynamic Gait Index in older persons at risk for falling." Journal of Geriatric Physical Therapy 34(3): 131-137.

Shumway-Cook, A., Baldwin, M., et al. (1997). "Predicting the probability for falls in community-dwelling older adults." Physical Therapy 77(8): 812-819.

Shumway-Cook, A., Gruber, W., et al. (1997). "The effect of multidimensional exercises on balance, mobility, and fall risk in community-dwelling older adults." Physical Therapy 77(1): 46-57.

Tinetti, M. E. (1986). "Performance-oriented assessment of mobility problems in elderly patients." Journal of the American Geriatrics Society 34(2): 119-126.

Tinetti, M. E., Mendes de Leon, C. F., et al. (1994). "Fear of falling and fall-related efficacy in relationship to functioning among community-living elders." Journal of Gerontology 49(3): M140-147.

Vereeck, L., Wuyts, F., et al. (2008). "Clinical assessment of balance: normative data, and gender and age effects." Int J Audiol 47(2): 67-75.



Instrument name: Functional Axial Rotation (FAR)								
Reviewer: Erin Hussey	and	Cathy H	arro			Date of review: May, 2013		
ICF domain (check all	that	apply):						
X Body structure Environment		Body f	unction		_Activity	Participation		
Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation		
Aerobic]	Balance	/falls		Community function		
capacity/endurance		I	Bed mo	bility		Driving		
Ataxia			· ·	clude stai	/	Health and wellness		
Cardiovascular/pulme	onary		-	evel mob	ility	Home management		
status			Fransfei			Leisure/Recreational		
Cognition			Wheelcl	hair skills	5	activities		
Coordination (non-						Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
Dual Tasks					community Role function			
Fatigue								
_xFlexibility Muscle performance						Shopping Social function		
Muscle tone / spastic						Work		
Pain	Jity							
Sensory integration								
Somatosensation								
			Other:					
Other:			o ther.			Other:		
Link to rehabmeasures	_		ry:					
Recommendation Cate	0	1						
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι			Χ		Good reli	ability, but has insufficient data		
			and con			istency of administration to		
					recomme	nd		
II			Χ		Good reli	Good reliability, but has insufficient data		
					and consi	stency of administration to		
					recomme			
III			X			ability, but has insufficient data		
111			Δ			•		
					and consistency of administration to			



				recomme	nd			
IV		X		Good rel	ability, but has insufficient data			
				and consi	stency of administration to			
				recomme	end			
V			X	No data t	for this Hoehn Yahr stage			
Overall Comments:	Tool	has been	reported i	n research usin	ng varied methods of data			
	summ	ary report	ted by the	e originator an	d other variations specific to			
					k flexibility reported by authors			
					Clinical Utility: requires			
	-				and stabilizing base. Measure			
	can be	e complet	ed within	5-10 minutes	of set-up.			
Overall Comments:								
	Stude			nts should be	Comments			
Entry-Level Criteria		d learn	_	ed to tool (e.g.				
J.		minister	to rea	d literature)				
	tool							
Should this tool be	YES	NO	YES	NO	The construct of measuring			
required for entry level					spinal ROM is valuable for			
curricula?		Х		X	students; the method for			
					flexibility assessment using			
					this specific tool has			
					insufficient psychometric data			
					or consistency at this time to			
					recommend for entry level.			
Research Use	YES		NO		Comments			
Is this tool appropriate			Х					
for use in intervention								

Schenkman M, Hughes MA, Bowden, MG, Studenski SA (1995). A clinical tool for measuring functional axial rotation. *Phys Ther*, *75*(2), 151-156.



Schenkman ML, Clark K, Xie T, Kuchibhatla M, Shinberg M, Ray L (2001). Spinal movement and performance of a standing reach task in participants with and without Parkinson disease. Phys Ther. 81:1400 –1411.

Schenkman ML, Cutson TM, Kuchibhatla M, et al. (1997) Reliability of impairment and physical performance measures for persons with Parkinson's disease. Phys Ther. 77:19–27.

Schenkman ML, Morey M, Kuchibhatla M. (2000). Spinal flexibility and balance control among community-dwelling adults with and without Parkinson's disease. J Gerontol A Biol Sci Med Sci. 55:M441–M445.

Schenkman M, Ellis T, Christiansen C, et al. (2011). Profile of functional limitations and task performance among people with early- and middle-stage Parkinson disease. Phys Ther. 91:1339 –1354.



Instrument name: Falls Efficacy Scale									
Reviewer: Erin Husse	y					Date of review: May, 2013			
ICF domain (check all	that a	apply):							
Body structure	В	odv fu	nction	Х	Activity	Participation			
Body structure Body function X Activity Participation Environment									
Construct/s measured (check all that apply):									
Body structure and Fu	· ·			Activity		Participation			
Aerobic		X	K_Balan	ce/falls		Community function			
capacity/endurance			Bed mo	bility		Driving			
Ataxia			Gait (in	clude sta	irs)	Health and wellness			
Cardiovascular/pulmo	onary			evel mob	oility	Home management			
status			Transfe			Leisure/Recreational			
Cognition			Wheelc	hair skill	S	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping Social function			
Muscle performance						Work			
Muscle tone / spastic	JILY					WOIK			
Sensory integration									
Somatosensation									
			Other:						
Other:			other.			Other:			
Link to rehabmeasures	s.org	summa	ary:			•			
Recommendation Cate	gorie		-						
Hoehn and Yahr	4	3	2	1	Commen	nts			
stage									
Ι				X		recommend on the basis of			
						vidence in published literature.			
II		X			Unable to	recommend on the basis of			
						vidence in published literature.			
III				Χ	Unable to	recommend on the basis of			
						vidence in published literature.			
IV				Χ	Unable to	recommend on the basis of			



						current ev	idence in published literature.	
V				Χ		Not repres	sented at Stage V	
Overall Comments:	Psychometrics: Some evidence of responsiveness to intervention but mixed evidence relative to distinguishing fallers from non-fallers at Hoehn & Yahr Stages 2 or 3. Multiple different variations of the Falls Efficacy Scale limit comparison across studies and too few studies available specific to the Tinetti FES 10-item version. The variations include number of items (ranging from 10 to 16) and rating scale.							
Overall Comments:		<u>Clinical Utility:</u> Good efficiency as patient questionnaire (5-15 minutes)						
Entry-Level Criteria	Students should learn to administer tool			Students should be exposed to tool (e.g. to read literature)		tool (e.g.	Comments	
Should this tool be required for entry level curricula?	YES	X NO	,	YES		NO X	Unable to support at entry level for use with Parkinson disease based on current evidence and variability in format.	
Research Use	YES			NO			Comments	
Is this tool appropriate for use in intervention research studies?				X				

Cakit BD, Saracoglu M, Genc H, Erdem HR. (2007). The effects of incremental speed-dependent treadmill training on postural instability and fear of falling in Parkinson's disease. Clinical Rehabilitation 21:698–705

Harada, N., Chiu, V., et al. (1995). "Screening for balance and mobility impairment in elderly individuals living in residential care facilities." Physical Therapy 75(6): 462.

Hellstrom, K. and Lindmark, B. (1999). "Fear of falling in patients with stroke: a reliability study." Clinical rehabilitation 13(6): 509.



Hotchkiss, A., Fisher, A., et al. (2004). "Convergent and predictive validity of three scales related to falls in the elderly." American Journal of Occupational Therapy 58(1): 100-103.

Huang, T. T. and Wang, W. S. (2009). "Comparison of three established measures of fear of falling in community-dwelling older adults: psychometric testing." International Journal of Nursing Studies 46(10): 1313-1319.

Parry, S. W., Steen, N., et al. (2001). "Falls and confidence related quality of life outcome measures in an older British cohort." Postgraduate Medical Journal 77(904): 103-108.

Powell, L. and Myers, A. (1995). "The activities-specific balance confidence (ABC) scale." The Journals of Gerontology: Series A 50(1): M28.

Rahman, S. S., Griffin, H. J., Quinn, N. P., & Jahanshahi, M. M. (2011). On the nature of fear of falling in Parkinson's disease. *Behavioural Neurology*, *24*(3), 219-228.

Tinetti, M., Richman, D., et al. (1990). "Falls efficacy as a measure of fear of falling." Journal of gerontology 45(6): P239.

Thomas AA, Rogers JM, Amick MM, Friedman JH (2010). Falls and the falls efficacy scale in Parkinson's disease. Journal of Neurology. 257:1124–1128.



Instrument name: Functional Gait Assessment								
Reviewer: Cathy Harro	and	Erin Hus	ssey			Date of review: May, 2013		
ICF domain (check all	that	apply):				I		
Body structure	F	Rody fur	oction	x	Activity	Participation		
Environment	L	ouy iui	letion	<u>_</u>	receivity			
Construct/s measured Body structure and Fu	· ·			y): Activity		Participation		
Aerobic	neuo		Balance	ľ		Community function		
capacity/endurance			Bed mol			Driving		
Ataxia				nclude sta	airs)	Health and wellness		
Cardiovascular/pulmo	onarv			evel mob	/	Home management		
status	5		Transfei		5	Leisure/Recreational		
Cognition			Wheelcl	hair skills	8	activities		
Coordination (non-						Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
_ <u>X</u> _Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance						Social function		
Muscle tone / spastic	city					Work		
Pain V C								
<u>X</u> _Sensory integration								
Somatosensation			Other:					
\underline{X} Other: balance moto			Juner:			Other:		
strategies	21							
strategies								
Link to rehabmeasures	s.org	summa	ry:					
Recommendation Cate	gorie	s						
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι	Χ				Excellent	psychometrics AND excellent		
						tility; Note small % of		
						nts across research studies were		
						, therefore unclear if ceiling		
					effect.	, mererere unereur ir cennig		
П	v				-	noushamatrics AND 11 (
II	X					psychometrics AND excellent		
					clinical u	tılıty.		



		minister			erature)	
Entry-Level Criteria	shou	ld learn	exp	osed to	tool (e.g.	
	Stud				hould be	Comments
		-				interventions.
						oss stages of disease and to
						which measure is more
	`	-		-		d walking with eyes closed).
						its during mobility in PD
				•		tool and addition of 3 new test
				-		recommending FGA based on
	in PD) populati	on at t	his time	. Both tests	have excellent psychometrics
	NOT	E: Unclea	r if D	GI vs. F	GA is more	e sensitive and responsive test
		- aammino		Proceed	and bu	and allow booting.
						andardized scoring.
					-	s more detailed and complex g is required except for review
Overall Comments:				•	-	ninutes to administer test for
			1 7 7			· · · · · · · · · · · · · · · · · · ·
				-		·
	-	•			tion, respon	
			-			ose with PD in stage 1 and 4 3. Further research is needed on
				-		ations (large effect size).
						easure is responsive to change
						od discriminative validity
				-		edictive ability to identify
- , et all commentes.						Normative data published for
Overall Comments:	Psvcl	nometrics	: excel	lent rel		concurrent validity with
					low to mee	et minimum criteria for this
					-	ould have functional level too et minimum criteria for this
V				NA		stage not assessed in research;
						floor effect.
					across stud	dies were in stage IV, therefore
					clinical uti	ility; small % of participants
IV	X					psychometrics AND excellent
					clinical uti	
III	X				-	psychometrics AND excellent



	tool				
Should this tool be required for entry level curricula?	YES X	NO	YES	NO	Clinical utility 10 minutes to administer. Revised version of Dynamic Gait Index. Has strong psychometric properties across multiple studies in PD.
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?	X				Excellent psychometrics: reliability, validity, predictive validity especially related to fall risk in PD population. Only one study on responsiveness that support this as a sensitive measure to change in on vs. off levodopa medications. Further research needed on MDC and MCID in PD population.

Duncan RP et al. (2012) Accuracy of fall prediction in Parkinson Disease: Six- month and 12month prospective analyses. Parkinson's Disease Artcile ID 237673. Doi: 10.1155/201/237673

Ellis T, Cavanaugh JT, Earhart GM et al. (2011) Which measures of physical function and motor impairment best predict quality of life in Parkinson's Disease? Parkinsonism Relat Disord 17 (9): 693-697

Foreman KB, Addison O, Kim HS, Dibble LE. (2011)a Testing balance and fall risk in persons with Parkinson's disease, an argument for ecologically valid testing. Parkinsonism Relat Disord 17 (3): 166-171

Foreman KB et al (2011)b Improved dynamic postural task performance without improvements in postural responses: the blessing and the curse of dopamine replacement. Parkinson's Disease. Article ID 692150. Doi: 10.1155/2012/692150



Leddy, A. L., Crowner, B. E., et al. (2011). "Functional gait assessment and balance evaluation system test: reliability, validity, sensitivity, and specificity for identifying individuals with Parkinson disease who fall." Physical Therapy 91(1): 102-113.

Walker, M., Austin, A., et al. (2007). "Reference group data for the functional gait assessment." Physical Therapy 87(11): 1468.

Wrisley, D. M. and Kumar, N. A. (2010). "Functional gait assessment: concurrent, discriminative, and predictive validity in community-dwelling older adults." Physical Therapy 90(5): 761-773.

Wrisley, D. M., Marchetti, G. F., et al. (2004). "Reliability, internal consistency, and validity of data obtained with the functional gait assessment." Physical Therapy 84(10): 906-918.



Instrument name: Freezing of Gait Questionnaire									
Reviewer: Deb Kegelm		Date of review: May 2013							
ICF domain (check all that apply):									
Body structure	Body function x Activity Participation								
environment									
Construct/s measured (check all that apply):									
Body structure and Fu				Activity		Participation			
Aerobic			Balance			x Community function			
capacity/endurance		H	Bed mol	bility		Driving			
Ataxia		_x_	_Gait (ir	nclude sta	airs)	Health and wellness			
Cardiovascular/pulmo	nary		-	vel mobi	lity	Home management			
status			Γransfer			Leisure/Recreational			
Cognition			Wheelch	nair skills	5	activities			
<u>Coordination (non-</u> equilibrium)						Life satisfaction			
Dizziness						Quality of life Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic	ity					Work			
Pain									
Sensory integration									
Somatosensation			0.1						
0.1			Other:			01			
Other:						Other:			
Link to rehabmeasures	.org s	summa	ry:						
Recommendation Cate	gorie	s							
Hoehn and Yahr	4	3	2	1	Commen	ts			
stage									
Ι					Not in stu	ıdies			
II		X							
III	x								
IV		X							
V					Not in stu	ıdies			
Overall Comments:	Gav	e 3 not 4	4 due to	lack of c	orrelation	with other measures leading			
	som	e to que	stion va	lidity the	ough it is no	ot agreed that it should correlate			
	with	those n	neasures	5.					



Overall Comments:					
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level	YES	NO	YES	NO	
curricula?		Х	X		
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?	x				

Amboni, M., Cozzolino, A., et al. (2008). "Freezing of gait and executive functions in patients with Parkinson's disease." Mov Disord 23(3): 395-400.

Ellis, T., et al. "Which measures of physical function and motor impairment best predict quality of life in Parkinson's disease?." *Parkinsonism & Related Disorders*, v. 17 issue 9, 2011, p. 693-7.

Giladi, N., Shabtai, H., et al. (2000). "Construction of freezing of gait questionnaire for patients with Parkinsonism." Parkinsonism Relat Disord 6(3): 165-170.

Giladi, N., Tal, J., et al. (2009). "Validation of the freezing of gait questionnaire in patients with Parkinson's disease." Mov Disord 24(5): 655-661.

Gurevich, T. and Giladi, N. (2003). "Freezing of gait in multiple system atrophy (MSA)." Parkinsonism Relat Disord 9(3): 169-174.

Moore, O., Peretz, C., et al. (2007). "Freezing of gait affects quality of life of peoples with Parkinson's disease beyond its relationships with mobility and gait." Mov Disord 22(15): 2192-2195.

Nieuwboer, A., Kwakkel, G., et al. (2007). "Cueing training in the home improves gait-related mobility in Parkinson's disease: the RESCUE trial." Journal of Neurology, Neurosurgery & Psychiatry 78(2): 134-140.



Nieuwboer, A., Rochester, L., et al. (2009). "Reliability of the new freezing of gait questionnaire: agreement between patients with Parkinson's disease and their carers." Gait Posture 30(4): 459-463.

Nilsson, M. H. and Hagell, P. (2009). "Freezing of Gait Questionnaire: validity and reliability of the Swedish version." Acta Neurol Scand 120(5): 331-334.

Schaafsma, J. D., Balash, Y., et al. (2003). "Characterization of freezing of gait subtypes and the response of each to levodopa in Parkinson's disease." Eur J Neurol 10(4): 391-398.

Shine, JM., et al. "Assessing the utility of Freezing of Gait Questionnaires in Parkinson's Disease." *Parkinsonism & Related Disorders*, v. 18 issue 1, 2012, p. 25-9.

Tan, DM., et al. "Freezing of gait and activity limitations in people with Parkinson's disease." *Archives of Physical Medicine and Rehabilitation*, v. 92 issue 7, 2011, p. 1159-65.



Instrument name: Four Square Step Test								
Reviewer: Deb Kegelm	eyer a	and Alic	ia Espo	sito		Date of review: 3/6/13		
ICF domain (check all	ICF domain (check all that apply):							
Body structure Body function x Activity Participation environment								
Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation		
Aerobic			Balanc			Community function		
capacity/endurance			Bed mo	-		Driving		
Ataxia				clude stai	/	Health and wellness		
Cardiovascular/pulm	onary		-	vel mobi	lity	Home management		
status			Fransfei			Leisure/Recreational		
Cognition Coordination (non-			wneelcl	hair skills	8	activities Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance	•					Social function		
Muscle tone / spastie	city					Work		
Pain			Other:					
Sensory integration						Other:		
Somatosensation								
Other:								
Link to rehabmeasures	0		ry:					
Recommendation Cate			1	1	1			
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι			X		Not studi	ed but based on elderly and		
					stroke she	ould be useful		
II		X			study			
III		X			Only one	study		
IV		X			Only one	study		
V				X				
Overall Comments:	One	well do	ne stud	y, no MC	CID or MID	and no SEM		



Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level curricula?	YES	NO X	YES	NO x	
Research Use	YES	YES			Comments
Is this tool appropriate for use in intervention research studies?	X				I'm not strongly recommending but I think it would be useful as long as there isn't anything better to measure multi-directional stepping in a functional way.

Dite, W. and Temple, V. A. (2002). "A clinical test of stepping and change of direction to identify multiple falling older adults." Arch Phys Med Rehabil 83(11): 1566-1571.

Duncan, RP and Earhart, G. (2013). "Four Square Step Test Performance in People With Parkinson Disease." Journal of Neurologic Physical Therapy 37(1): 2-8.



Instrument name: Fati	Instrument name: Fatigue Severity Scale								
Reviewer: Terry Ellis P Jeffrey Hoder	T, Ph	D, NCS	; Laura	Savella s	PT and	Date of review: 4/30/2013			
ICF domain (check all that apply):									
Body structure X Body function Activity Participation									
	Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:	;		High Le Transfei	bility clude stai vel mobi	lity	Community function Driving _X_Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community _X_Role function Shopping _X_Social function Work			
Link to rehabmeasures http://www.rehabmeas	-		•	hMeasu	res/PrintV	/iew asnx?ID=1101			
Recommendation Cate			US/ 140114		105/111110	101101			
Hoehn and Yahr	4	3	2	1	Commen	nts			
stage									
I		X			Good Psy	chometric Properties and good			
					clinical u	tility in PD			
II		Χ			Good Psy	chometric Properties and good			
						tility in PD			
III		Χ			Good Psy	chometric Properties and good			
					clinical u	clinical utility in PD			



IV		X		Only one	study of psychometrics for PD		
				recruited p	pts in H&Y Stage 4 (n=3);		
V		X		No studies	s in this H&Y stage		
Overall Comments:	Although there is limited volume of research examining the psychometric properties of the FSS in persons with PD, those that have been published reveal adequate psychometric properties.Responsiveness to exercise interventions requires additional studies.At this point no studies examining psychometric properties included persons in H&Y Stage 5. One study examined psychometric properties in 3 persons H&Y Stage 4.						
	Studen	nts	Students	should be	Comments		
Entry-Level Criteria	should	learn	exposed t	o tool (e.g.			
Entry-Lever Criteria	to adm tool	inister	to read lit	erature)			
Should this tool be	YES	NO	YES	NO	The Fatigue Severity Scale		
required for entry level					requires further study in		
curricula?		Х		Х	persons with PD, but can be		
					applied to several other		
					diagnostic groups and		
					therefore of value for students		
					to learn to administer. It is		
					quick and easy to implement		
					with excellent clinical utility.		
					There is currently no data on		
					cut-off scores in PD and little		
					normative data to guide a		
					novice clinician in the		
					interpretation of any score on		
					the FSS.		
					uic 1.90.		
Research Use	YES	.	NO	·	Comments		
Is this tool appropriate	Х				The Fatigue Severity Scale		
for use in intervention					may be used in research		
research studies?					studies to discriminate among		
					patients with PD with and		
					without fatigue. The FSS was		
					responsive to pharmacological		
					intervention (Mendonca et al,		



	2007), but not exercise
	intervention (Winward et al,
	2012)
)

Garber CE and Friedman JH. Effects of fatigue on physical activity and function in patients with Parkinson's disease. *Neurology*. 2003;60(7):1119-1124.

Grace J, Mendelsohn A, et al. A comparison of fatigue measures in Parkinson's disease. *Parkinsonism Relat Disord*. 2007;13(7):443-445.

Goulart FO, Godke BA, Borges V, et al. Fatigue in a cohort of geriatric patients with and withouth Parkinson's disease. *Brazilian Journal of Medical and Biological Research*. 2009;42:77-775.

Hagell P, Hoglund A, et al. Measuring fatigue in Parkinson's disease: a psychometric study of two brief generic fatigue questionnaires. *J Pain Symptom Manage*. 2006;32(5):420-432.

Herlofson K, Larsen JP. The influence of fatigue on health-related quality of life in patients with Parkinson's disease. *Acta Neurol Scand.* 2003;107(1):1-6.

Friedman JH, Alves G, Hagell P, et al. Fatigue rating scales critique and recommendations by the Movement Disorders Society task force on rathing scales for Parkinson's Disease. *Mov Disord*. 2010;7:805-822.

Mendonca DA, Menenzes K, Jog MS. Methylphenidate improves fatigue scores in Parkinson disease: a randomized controlled trial. *Mov Disord*. 2007;22:2070-2076.

Valderramas S, Feres AC, et al. Reliability and validity study of a Brazilian-Portuguese version of the Fatigue Severity Scale in Parkinson's disease patients. *Arq Neuropsiquiatr*. 2012;70(7):497-500.

Winward C, Sackley C, MeekC, et al. Weekly exercise does not improve fatigue levels in Parkinson's disease. *Mov Disord*. 2012;27(1):143-146.



Instrument name: Functional Independence Measure									
Reviewer: Deb Kegelmeyer and Alicia EspositoDate of review: May 2013									
ICF domain (check all	ICF domain (check all that apply):								
Body structure Body function x Activity Participation environment									
	d (check all that apply):								
Body structure and Fu	nction			Activity		Participation			
Aerobic			Balance			Community function			
capacity/endurance			_Bed mo	•	•	Driving			
Ataxia			- `	nclude sta	· · ·	Health and wellness			
Cardiovascular/pulme	onary			vel mobi	lity	Home management			
status			_Transfe		1	Leisure/Recreational			
Cognition Coordination (non-		X_	_wheeld	chair skil	IS	activities Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance	;					Social function			
Muscle tone / spastic						Work			
Pain	2								
Sensory integration									
Somatosensation									
		(Other:						
Other:						Other:			
Link to rehabmeasures			ry:						
Recommendation Cate			r	1	1				
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
Ι				X	No studie	es in PD			
II				x	Only one	subject in PD			
III			x			-			
IV									
V			x						
Overall Comments:	Onlv	norma		a in the t	wo studies	on PD. Some issues noted in			
	-				s in studies				
			551 0 PO	r mation.	. III Studios				



Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level	YES	NO	YES	NO	
curricula?		х		Х	
Research Use	YES	·	NO		Comments
Is this tool appropriate			X		Utility not demonstrated in
for use in intervention					PD or strongly in some other
research studies?					studies

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Cournan, M. (2011). "Use of the Functional Independence Measure for Outcomes Measurement in Acute Inpatient Rehabilitation." Rehabilitation Nursing 36(3): 111-117.

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Ellis, T., et al. "Effectiveness of an inpatient multidisciplinary rehabilitation program for people with Parkinson disease." *Physical Therapy*, v. 88 issue 7, 2008, p. 812-9.

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Gurka, J. A., Felmingham, K. L., et al. (1999). "Utility of the functional assessment measure after discharge from inpatient rehabilitation." J Head Trauma Rehabil 14(3): 247-256.

Heinemann, A. W., Linacre, J. M., et al. (1994). "Prediction of rehabilitation outcomes with disability measures." Arch Phys Med Rehabil 75(2): 133-143.



Hobart, J., Lamping, D., et al. (2001). "Evidence-based measurement Which disability scale for neurologic rehabilitation?" Neurology 57(4): 639-644.

Keith, R. A., Granger, C. V., et al. (1987). "The functional independence measure: a new tool for rehabilitation." Adv Clin Rehabil 1: 6-18.

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Instrument name: Functional Reach								
Primary Reviewer: Ro	GCS	Date of review: 4/2013						
Secondary Reviewer: Suzanne O' Neil, T, DPT, NCS								
ICF domain (check all	that	apply):						
Body function/str	ructur	e -	X	Activity	·	_ Participation		
Construct/s measured (check all that apply):								
Body structure and Fu	nctio	n	1	Activity		Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:			High Le Transfei	bility clude sta vel mobi	ility	<pre>Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work</pre>		
I inly to ush show as given								
Link to rehabmeasure	U		1 y:					
Recommendation Cate Hoehn and Yahr		es 3	2	1	Commer	ats		
stage	4	5	2	1	Commen	115		
I				X				
II		Χ						
III		Χ						
IV		X Need me				re psychometrics in this stage		
V				Χ	Not asses	ssed in this group		
Overall Comments:		• The	FR and	the UPD	ORS show a	low correlation: association:		
		($\emptyset = 0.39$) significance: ($X^2(1) = 2.967$) and therefore measure						

	 different constructs. The FRT, in comparison to the UPDRS may be more useful in predicting the risk of postural instability during daily activity. (Jenkins et al. (2010) <i>Parkinsonism and Related Disorders</i>, 16; 409-41). The FR showed only moderate sensitivity (.52) and specificity (.53) in discriminating between PD fallers and non-fallers (Kerr et al. (2010) <i>Neurology</i>, 75;116-124) Behrman et al. (2002) concluded that the FRT is effective in differentiating subjects with PD with and without a fall history, and also subjects with PD and a fall history, from healthy adults. Students Students should be Comments 							
Entry-Level Criteria	should		Students should be exposed to tool (e.g. to read literature)		Comments			
Should this tool be required for entry level curricula?	YES	NO X	YES	NO X	The FRT is a useful measure for use in people with PD both in the clinical and research setting. It is recommended that students be exposed to this measure. In a clinical setting the FR was found to be a good option to assess balance in terms of time and ease of administration. Tanji et al (2008) Mo'vt disorders, 23:13; 1897-1905.			
Research Use	YES	1	NO	I	Comments			
Is this tool appropriate for use in intervention research studies?	X							

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Katz-Leurer, M., Fisher, I., et al. (2009). "Reliability and validity of the modified functional reach test at the sub-acute stage post-stroke." Disabil Rehabil 31(3): 243-248.

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Lynch, S. M., Leahy, P., et al. (1998). "Reliability of measurements obtained with a modified functional reach test in subjects with spinal cord injury." Phys Ther 78(2): 128-133.

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Steffen, T. and Seney, M. (2008). "Test-retest reliability and minimal detectable change on balance and ambulation tests, the 36-item short-form health survey, and the unified Parkinson disease rating scale in people with parkinsonism." Physical Therapy 88(6): 733-746.

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Weiner, D. K., Duncan, P. W., et al. (1992). "Functional reach: a marker of physical frailty." J Am Geriatr Soc 40(3): 203-207.



Instrument name: History of Falls Questionnaire									
Reviewer: Suzanne O'N Gallagher	eal, F	emary	Date of review: May 2013						
ICF domain (check all	that	apply)	:						
Body structure Body function Activity $\underline{\mathbf{X}}$ Participation									
Environment									
Construct/s measured (check all that apply):									
Body structure and Fu				Activity		Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation			_Bed m _Gait (in _High L _Transf	nclude sta .evel mob	oility	▲ Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work			
Other:						Other:			
Link to rehabmeasure	s.org	summ	ary:						
Recommendation Cate	egorie	es							
Hoehn and Yahr	4	3	2	1	Commer	nts			
stage									
Ι				X					
II				X					
III	1			X					
IV				X					
V	1								
Overall Comments:			recomm 's popul		e to lack of	psychometric data for the			



Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level	YES	NO	YES	NO	
curricula?		X		X	
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?			X		

Talbot L, Musiol R, et al. (2005). "Falls in young, middle-aged and older community dwelling adults: perceived cause, environmental factors and injury." BMC Public Health 5(86).



Instrument name: Mini-BESTest									
Reviewer: Cathy Harro AND Erin Hussey						Date of review: May, 2013			
ICF domain (check all	ICF domain (check all that apply):								
Body structure Environment	Body fu	nction	<u>X</u>	Activity	Participation				
Construct/s measured	(chec	k all th	at apply	y):					
Body structure and Fu	nctio	n	A	Activity		Participation			
Aerobic			Balance	e/falls		Community function			
capacity/endurance			Bed mol	•		Driving			
Ataxia			- `	clude sta	/	Health and wellness			
Cardiovascular/pulmo	onary			evel mob	ility	Home management			
status			Transfei			Leisure/Recreational			
Cognition			Wheelcl	hair skills	5	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
<u>_X</u> _Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function Work			
Muscle tone / spasticity									
Pain V Sancom integration									
<u>X</u> Sensory integration Somatosensation									
Somatosensation			Other:						
V. Other: balance motor						Other:			
<u>X</u> Other: balance motor strategies						Other.			
strategies									
Link to rehabmeasures.org summary:									
Recommendation Categories									
Hoehn and Yahr	4	3	2	1	Commen	its			
stage	-	-		_					
I	X				Excellent psychometrics AND excellent				
-					clinical utility.				
II	X					psychometrics AND excellent			
**			clinical ut						
	V					•			
III	Χ					cellent psychometrics AND excellent			
						elinical utility.			
IV	Χ				Excellent	psychometrics AND excellent			



					clinical ut	ility.			
V				NA		stage was not assessed in			
					· · · · · · · · · · · · · · · · · · ·	functional level too low for the palance test.			
Overall Comments:	Test Psychometrics: Excellent test-retest and inter-rater reliability.								
	Excellent concurrent validity with multiple standardized balance and								
	mobility measures and excellent discriminative validity. Adequate								
	ability to predict fall risk (retrospective fallers and prospective-6 & 12								
	month). Some discrepancy is total score used across studies. Measure is								
	responsive to change during rehabilitation with established MDC and								
	SEM.								
Overall Comments:	Excellent <u>Clinical Utility</u> : Requires 10-15 minutes to administer test for								
	trained raters. Training DVD available for BESTest items, however								
	Mini-BEST revised scoring from 4 level to 3 level with revised scoring definitions.								
	Students Students should be Comments								
	should learn			exposed to tool (e.g.					
Entry-Level Criteria	to administer			to read literature)					
	tool								
Should this tool be	YES	NO) <u>}</u>	YES	NO	Clinical utility 10-15 minutes			
required for entry level						to administer. Shortened			
curricula?	Х					version of test (BESTest);			
						strong psychometric			
						characteristics across multiple			
						studies in PD.			
Research Use	YES		I	NO		Comments			
Is this tool appropriate	Х					Excellent psychometrics:			
for use in intervention						reliability, validity, predictive			
research studies?	validity without floor or				•				
						ceiling effects in PD			
						population. Future research should remain consistent with			
						standardization of scoring (28			
						total points) outlined by			
						primary authors.			



Duncan RP, Leddy AL et al. (2013). Comparative utility of the BESTest, Mini-BESTest, and Brief BESTest for predicting falls in individuals with Parkinson's disease: A Cohort Study. Phys Ther

Duncan RP, Earhart GM (2013). Four square step test performance in people with Parkinson disease. JNPT 00: 1-7

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Franchignoni, F., Horak, F., et al. (2010). "Using psychometric techniques to improve the Balance Evaluation Systems Test: the mini-BESTest." J Rehabil Med 42(4): 323-331

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King LA, Horak F (2013). On the Mini BESTest scoring and the reporting of total scores. Phys Ther 93: 571-575

Leddy, A. L., Crowner, B. E., et al. (2011). "Utility of the Mini-BESTest, BESTest, and BESTest sections for balance assessments in individuals with Parkinson disease." J Neurol Phys Ther 35(2): 90-97

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McNeely M, Duncan RP et al (2012). Medication improves balance and complex gait performance in Parkson disease. Gait & Posture 36: 144-148



Instrument name: Min	ni Me	ntal Stat	te Exam	ination				
Primary Reviewer: Ro	Primary Reviewer: Rosemary Gallagher, PT, DPT, GCS							
Secondary Reviewer:	Suzai	CS						
ICF domain (check all	ICF domain (check all that apply):							
				A				
X Body function/s	struct	ure		Activity		_ Participation		
Construct/s measured	(chec	k all th	at apply	y):				
Body structure and Fu	nctio	n	I	Activity		Participation		
Aerobic			Balance			Community function		
capacity/endurance			Bed mo	•		Driving		
Ataxia			`	clude stai	/	Health and wellness		
Cardiovascular/pulm	onary		-	vel mobi	lity	Home management		
status			Transfei			Leisure/Recreational		
_X_Cognition			Wheelcl	hair skills	5	activities		
Coordination (non-						Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance						Social function		
Muscle tone / spastic	city					Work		
Pain								
Sensory integration								
Somatosensation			0.1					
0.1			Other:			0.1		
Other:						Other:		
Link to rehabmeasures	s.org	summa	rv:			<u> </u>		
Recommendation Cate								
Hoehn and Yahr	4	3	2	1	Commen	nts		
stage			-	1	Commen			
I			X		Is not sen	sitive enough to pick up mild		
1			Λ					
						impairment, MoCA is more		
						and is more highly		
					recomme			
II	Χ				*Strict Li	censing ruling: Must purchase		
					but cost is	s not prohibitive. Still a		
						y used test.		
III	X							



IV	X						
V		X		Not sensitive to change in people with severe dementia			
Overall Comments:		•	t to ceiling nsitive to r	mpairment (MoCA is better)			
Entry-Level Criteria	Students should learn to administer tool		expose	nts should be ed to tool (e.g. d literature)	Comments		
Should this tool be required for entry level curricula?	YES	NOX	YES	NO X	-		
Research Use	YES		NO		Comments		
Is this tool appropriate for use in intervention research studies?	X				Use in research currently but Montreal Cognitive Assessment (MoCA) is a better tool to pick up mild cognitive impairment (MCD) often found in early stages of PD.		

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Molloy, D. W. and Standish, T. I. (1997). "A guide to the standardized Mini-Mental State Examination." International Psychogeriatrics 9 Suppl 1: 87-94; discussion 143-150.

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Ozdemir, F., Birtane, M., et al. (2001). "Cognitive evaluation and functional outcome after stroke." Am J Phys Med Rehabil 80: 410-415.

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Salter, K., Jutai, J., et al. (2005). "Issues for selection of outcome measures in stroke rehabilitation: ICF body functions." Disability & Rehabilitation 27(4): 191-207.

Srivastava, A., Rapoport, M. J., et al. (2006). "The utility of the mini-mental status exam in older adults with traumatic brain injury." Brain Inj 20(13-14): 1377-1382.

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Zadikoff C, Fox SH, Tang-Wai DF, et al (2008) A comparison of the Mini Mental State Exam to the Montreal Cognitive Assessment in identifying cognitive deficits in Parkinson's disease. *Mov't Disorders*, 23(2): 297-299.



Instrument name: Montreal Cognitive Assessement (MoCA)								
Reviewer: Erin Hussey	Reviewer: Erin Hussey and Cathy Harro					Date of review: May, 2013		
ICF domain (check all that apply):Body structureXBody functionActivityParticipation								
Environment	^	_ Douy II	unction		_Activity			
Construct/s measured	(chec	k all tha	at apply	y):				
Body structure and Fu	nctio	n	A	Activity		Participation		
Aerobic]	Balance	/falls		Community function		
capacity/endurance			Bed mo	-		Driving		
Ataxia			· ·	clude stai	/	Health and wellness		
Cardiovascular/pulmo	onary		-	evel mob	ility	Home management		
status			Fransfei			Leisure/Recreational		
_X_Cognition			Wheelcl	hair skills	5	activities		
Coordination (non-						Life satisfaction		
equilibrium) Dizziness						Quality of life Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance	:					Social function		
Muscle tone / spastic						Work		
Pain	2							
Sensory integration								
Somatosensation			Other:			Other:		
Other:								
Link to rehabmeasures	org	summa	WX 7 •					
Recommendation Cate	0		i y.					
Hoehn and Yahr	4	3	2	1	Commer	nte		
stage	-	5	2	1	Commen	11.5		
I	X				Strong no	sychometrics and good clinical		
1	Л				01	use in screening for cognitive		
					-	use in screening for cognitive		
					decline			
II	Х				01	sychometrics and good clinical		
					-	use in screening for cognitive		
					decline			
III	Χ				Strong ps	sychometrics and good clinical		
					utility for	use in screening for cognitive		



				decline	
IV	X			Strong psy	chometrics and good clinical
				utility for	use in screening for cognitive
				decline	
V	2	X			umber of subjects have been
					tt Stage V. Those reported
					e of tool in screening for
			D 11 /	cognitive	
Overall Comments:	-			•	cellent correlation with MMSE
					reening level, excellent
		-		-	ve impairment in earlier stages.
		-	_	-	y for the screening of dementia Cutoff scores reported for mild
		-	rment and fo	-	_
Overall Comments:	-				ut 10 minutes to administer.
o ver un commentes.	ciiiic	ur conney:		equines us o	
	Stude	ents	Students	should be	Comments
Entry-Level Criteria	shoul	d learn	exposed t	o tool (e.g.	
Entry-Lever Criteria	to adr	ninister	to read lit	erature)	
			, ,		
	tool				
Should this tool be	tool YES	NO	YES	NO	
Should this tool be required for entry level	YES	NO	YES	NO	
		NO	YES	NO	
required for entry level	YES	NO	YES	NO	Comments
required for entry level curricula? Research Use	YES X YES	NO		NO	
required for entry level curricula? Research Use Is this tool appropriate	YES X	NO		NO	Recommended for use in
required for entry level curricula? Research Use Is this tool appropriate for use in intervention	YES X YES	NO		NO	Recommended for use in research particularly when
required for entry level curricula? Research Use Is this tool appropriate	YES X YES	NO		NO	Recommended for use in research particularly when cognition is being screened
required for entry level curricula? Research Use Is this tool appropriate for use in intervention	YES X YES	NO		NO	Recommended for use in research particularly when

Chou KL, Amick MM, Brandt J, et al. (2010). A recommended scale for cognitive screening in clinical trials of Parkinson's disease. *Movement Disorders*. 25(15):2501–2507. doi:10.1002/mds.23362



Dalrymple-Alford JC, MacAskill MR, Nakas CT, et al. (2010). The MoCA well-suited screen for cognitive impairment in Parkinson disease. *Neurology*. 75(19):1717–1725. doi:10.1212/WNL.0b013e3181fc29c9

Gill DJ, Freshman A, Blender JA, Ravina B. (2008). The Montreal Cognitive Assessment as a screening tool for cognitive impairment in Parkinson's disease. *Movement Disorders*. 23(7):1043–1046.

Hoops S, Nazem S, Siderowf AD, et al. (2009). Validity of the MoCA and MMSE in the detection of MCI and dementia in Parkinson disease. *Neurology*. 73(21):1738–1745.

Nazem S, Siderowf AD, Duda JE, et al. (2009). Montreal Cognitive Assessment Performance in Patients with Parkinson's Disease with "Normal" Global Cognition According to Mini-Mental State Examination Score. *Journal of the American Geriatrics Society*. 57(2):304–308.

Nasreddine, Z. S., Phillips, N. A., et al. (2005). "The Montreal Cognitive Assessment, MoCA: a brief screening tool for mild cognitive impairment." Journal of the American Geriatrics Society 53(4): 695-699.

Robben, S. M., Sleegers, M. M., Dautzenberg, P. J., van Bergen, F. S., ter Bruggen, J., & Rikkert, M. (2010). Pilot study of a three-step diagnostic pathway for young and old patients with Parkinson's disease dementia: screen, test and then diagnose. *International Journal Of Geriatric Psychiatry*, 25(3), 258-265.

Rossetti, H. C., Lacritz, L. H., et al. (2011). "Normative data for the Montreal Cognitive Assessment (MoCA) in a population-based sample." Neurology 77(13): 1272-1275.

Smith, T., Gildeh, N., et al. (2007). "The Montreal Cognitive Assessment: validity and utility in a memory clinic setting." Canadian Journal of Psychiatry. Revue Canadienne de Psychiatrie 52(5): 329-332.

Toglia, J., Fitzgerald, K. A., et al. (2011). "The Mini-Mental State Examination and Montreal Cognitive Assessment in persons with mild subacute stroke: relationship to functional outcome." Archives of Physical Medicine and Rehabilitation 92(5): 792-798.

Zadikoff C, Fox SH, Tang-Wai DF, et al (2008). A comparison of the Mini Mental State Exam to the Montreal Cognitive Assessment in identifying cognitive deficits in Parkinson's disease. *Movement Disorders*. 23(2):297–299.



Instrument name: Modified Gait Efficacy Scale							
Reviewer: Alicia Espos Kegelmeyer DPT, MS, O		PT, DPT	', NCS a	and Deb		Date of review: May 2013	
ICF domain (check all							
environment					_X Activ	vityX Participation	
Construct/s measured	````						
Body structure and Fu	nctio			Activity		Participation V C	
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:			X_Balance/falls Bed mobility Gait (include stairs) High Level mobility Transfers Wheelchair skills			_XCommunity function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction X_Quality of life Reintegration to community Role function Shopping Social function Work	
Link to rehabmeasures	0		ry:				
Recommendation Cate	<u> </u>	(
Hoehn and Yahr	4	3	2	1	Commen	ts	
stage			v				
Ι			X				
II			Χ				
III			Χ				
IV			Χ				
V			N/A				
Overall Comments:	PD	EDGE g	grading:	2 due to	lack of est	ablishment of psychometric	



	proper	properties and normative data in the PD population						
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments			
Should this tool be required for entry level	YES	NO	YES	NO	Similar self efficacy objective measures like the ABC and			
curricula?		Х		X	the FES have been more			
					thoroughly researched and			
					thus should be the focus of			
					entry level education			
Research Use	YES	1	NO		Comments			
Is this tool appropriate			Х		Can be utilized in researched			
for use in intervention					however, similar self efficacy			
research studies?					objective measures like the			
					ABC and the FES have been			
					more thoroughly researched			
					and			

Newell, et al (2011). "The modified gait efficacy scale: establishing the psychometric properties in older adults." Physical Therapy. 92: p318-328.



Instrument name: Mo	dified l	Parkins	son Act	ivity Sca	le	
Reviewer: Suzanne O'	Neal, I	PT, DI	PT, NC	S		Date of review: May 2013
ICF domain (check all	that ap	pply):				
Body structure environment	F	Body f	unction	2	X Activ	ity Participation
Construct/s measured	(check	all tha	at apply	y):		
Body structure and Fu	nction		I	Activity		Participation
Aerobic			_Balano			Community function
capacity/endurance			_Bed m	•		Driving
Ataxia		<u>_X</u>	_ `	nclude s		Health and wellness
Cardiovascular/pulmo	onary	\underline{X}		Level mo	bility	Home management Leisure/Recreational
status Cognition			_Transf Wheelcl	ters hair skill	e.	activities
Coordination (non-		—	w neerer	nan SKIII	0	Life satisfaction
equilibrium)						Quality of life
Dizziness						Reintegration to
 Dual Tasks						community
Fatigue						Role function
Flexibility						Shopping
Muscle performance						Social function
Muscle tone / spastic	vity					Work
Pain						
Sensory integration						
Somatosensation			Other:			
Other:		—_'	other:			Other:
Ould1.						Other.
Link to rehabmeasures	org su	umma	ry:			
Recommendation Cate	gories					
Hoehn and Yahr	4	3	2	1	Commen	its
stage						
Ι			X			
II			X			
III			X			
IV			X			
V				X		
Overall Comments:	Good	correl	ation w	ith UPDI	RS (motor)	and VAS. No ceiling effect
					nly one stu	-
					-	



Entry-Level Criteria	Students should learn to administer tool			should be to tool (e.g. terature)	Comments
Should this tool be required for entry level curricula?	YES	NO X	YES	NO X	Good psychometrics however only one study found.
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?			X		

Keus S.J.H., Nieuwboer, A., et al. (2009). "Clinimetric analyses of the Modified Parkinson Activity Scale." Parkinsonism and Related Disorders 15(4)263-9.



Instrument name: Physical Performance Test- Modified									
Reviewer: Jeffrey Hoder a		Date of review: 2/20/2012							
ICF domain (check all tha	t appl	y):							
Body structureBody function X_ Activity Participationenvironmer									
Construct/s measured (check all that apply):									
Body structure and Fun				Activity		Participation			
Aerobic capacity/endu Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastici Pain Sensory integration	ovascular/pulmonary tion dination (non- im) less Γasks μe ility le performance le tone / spasticity			falls ility ude stairs el mobility air skills	-	 Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work 			
Somatosensation Other:			7thar			Other:			
Link to rehabmeasures.or	ra	^_(_X_Other:						
summary: <u>http://www.re</u> Recommendation Catego	ehabm	easures	.org/List	s/Rehabl	<u>Measures/Pr</u>	rintView.aspx?ID=1104			
Hoehn and Yahr stage	4	3	2	1	Comments	S			
1			X		Small n in s	studies.			
11		х							
III		X							
IV		х							
V			Х		Small n in s	studies.			
Overall Comments:	• A	PPT 5-point med AD	looking scale of Ltasks:	at gait a f (0-4) or	nd balance. each item	em scale of PPT and a modified place beans in a coffee can, lift			

	ACADEMY OF NEUROLOGIC PHYSICAL THERAPY
	 heavy book (PDR), don a lab coat, pick up a penny from the floor, turn 360 degrees, walk 50 ft, negotiate 9-12 steps (time and # flights). PPT (7 items): excludes stairclimbing Modified PPT (9 items): progressive standing static balance (Romberg, ½ tandem, tandem), chair rise, book lift, don/doff jacket, pick up penny from floor, 360 degree turn, 50 ft walk, stair climb (time and # flights). (excludes writing and simulated eating) Classification: Modified PPT: Not frail (32–36 points), mildly frail (25–31 points), or moderately frail (17–24 points). (Brown et al, 2000; 107 elderly subjects, >77 y.o.) 10-15 minutes to administer Equipment needed
Overall Comments:	 Parkinson's disease: MDC = 2.5 (Paschal, 2006) looked at PPT (9 and 7 item) (Paschal, 2006; n =14; mean age = 62.4(6.3); mean time of diagnosis 6.4(6.3) years; modified Hoehn and Yahr Stages 2 and 2.5) Excellent psychometrics (test/retest ICC=0.818 for modified version, 0.895 for full version; interrater reliability 0.93-0.99) Correlates with Katz Activities of daily living and Tinetti gait. Insensitive to short term fluctuations (Paschal, 2006)
	 Modified PPT: (Tanji, 2008; n=79 total; mean age=65.5; HY stage I n=5, II=47, III=13, IV=9, V=5) High Interrater reliability (0.94-0.99) Modified PPT discriminated levels of disability (total UPDRS) better than motor impairment (motor UPDRS). Good with early stages of PD, unsatisfactory with advanced disease. Correlated well with UPDRS.
	No normative data established. *There are different versions of this test and their names seemed to be used interchangeably in the literature. Conclusion: In its various forms, the Physical Performance Test has a nice sampling of ADLs. The modified PPT needs to be further researched for individuals with PD to determine MDC, MIDC, and



	any pre	any predictive value. I would not include this in our core group.								
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments					
Should this tool be required for entry level	YES	NO	YES	NO						
curricula?		х		х						
Research Use	YES		NO		Comments					
Is this tool appropriate for use in intervention research studies?	Х				PPT for studies looking at dexterity. Mod PPT for studies more focused on gait and balance.					

Binder EF, Storandt M, Birge SJ. (1999). "The Relationship Between Psychometric Test Performance and Physical Performance in Older Adults." Jour Gerontology Med Sci; 54A(8):M428-M432.

Brown M, Sinacore DR, Binder EF, Kohrt WM. (2000). "Physical and Performance Measures for the identification of mild to moderate frailty." J Gerontol A Biol Sci Med Sci; 55(6):M350-5.

Lusardi, M. M., Pellecchia, G. L., et al. (2003). "Functional performance in community living older adults." Journal of Geriatric Physical Therapy 26: 14-22.

Paschal, K., Oswald, A., et al. (2006). "Test-retest reliability of the physical performance test for persons with Parkinson disease." J Geriatr Phys Ther 29(3): 82-86.

Reuben, D. B. and Siu, A. L. (1990). "An objective measure of physical function of elderly outpatients. The Physical Performance Test." J Am Geriatr Soc 38(10): 1105-1112.

ROZZINI, R., FRISONI, G. B., et al. (1997). "The effect of chronic diseases on physical function. Comparison between activities of daily living scales and the Physical Performance Test." Age and Ageing 26(4): 281-287.

Tanji H, Gruber-Baldini AL, Anderson KE, Pretzer-Aboff I, Reich SG, Fishman PS, Weiner WJ, Shulman LM. (2008). "A comparative study of physical Performance measures in Parkinson's disease." Mov Disord; 23(13): 1897-905.



Instrument name: Multidirecitonal Functional Reach								
Reviewer: Alicia Esposito, and Deb Kegelmeyer						Date of review: 4/30/13	3	
ICF domain (check all	that a	pply):						
Body structure environment	_X	_Body	functio	n	_XAct	tivity Participation		
Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation		
Aerobic			Balanc			Community function		
capacity/endurance			Bed mol	•		Driving		
Ataxia			· ·	clude stai	/	Health and wellness		
Cardiovascular/pulmo	onary		-	vel mobi	lity	Home management		
status			Fransfer	s nair skills		Leisure/Recreational		
Cognition Coordination (non-			wneelci	iair skins	5	Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
 Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance						Social function		
Muscle tone / spastic	vity					Work		
Pain								
Sensory integration								
Somatosensation			~ 1					
041			Other:			Other		
Other:						Other:		
Link to rehabmeasures	org s	summa	ry:					
Recommendation Cate	gorie	s						
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι			X					
II			Χ					
III			Χ					
IV			Χ					
V			N/A					
Overall Comments:	No li	iterature	e regard	ing its us	e in the PE	population. The		
	mult	idirecti	onal fun	ctional r	each provi	des a unique opportunity to		
	meas	sure read	ch in alt	ernate di	rections as	forward reach does not predict		



Overall Comments:	ability to perform backward or lateral reach and therefore fall risk may not be accurately captured with a reaching test in only one direction. Decreased strength of psychometric properties for backward and lateral reach may indicate that forward reach (as per the functional reach) may be a more effective use of time						
Entry-Level Criteria	StudentsStudents should beshould learnexposed to tool (e.g.to administerto read literature)tool		Comments				
Should this tool be required for entry level curricula?	YES NO X		YES	NO X			
Research Use	YES		NO	<u> </u>	Comments		
Is this tool appropriate for use in intervention research studies?			X		Not to be used in PD related research secondary to a lack of literature supporting its use in the PD population		

Holbein-Jenny, MA et al (2005). "Balance in personal care home residents: a comparison of the berg balance scale, the multi-directional reach test, and the activities-specific balance confidence scale." Journal of Geriatric Physical Therapy. 28(2): pp. 48-53.

Newton, RA (1997). "Balance screening of an inner city older adult population." Arch Phys med Rehabil. 78: pp. 587-591.

Newton, RA (2001). "Validity of the multi directional reach test: A practical measure for limits of stability in older adults." Journal of Gerontology: Medical Sciences. 56A(4): p: M248-M252.

Steffen, TM, Mollinger, LA (2005). "Age and gender related test performance In community dwelling adults." Journal of neurological physical therapy. 29(4)p:181-188.



Instrument name: OPTIMAL								
Reviewer: Deb Kegelme	Reviewer: Deb Kegelmeyer and Alicia EspositoDate of review: May 2013							
ICF domain (check all t	hat ap	oply):						
Body structure	В	Body fi	unction	х	Activ	ity Participation		
environment		5						
Construct/s measured (o	heck	all the	at annly	<i>/</i>):				
Body structure and Fun				Activity		Participation		
Aerobic		x	Balanc	ů.		Community function		
capacity/endurance		_x_	Bed m	obility		Driving		
Ataxia		_X_	_Gait (ir	nclude sta	airs)	Health and wellness		
Cardiovascular/pulmor	nary			evel mol	oility	_xHome management		
status			_Transfe			_x_Leisure/Recreational		
Cognition			Wheelch	nair skills	8	activities		
Coordination (non-						Life satisfaction		
equilibrium)						Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility Muscle performance						Shopping Social function		
Muscle tone / spastici	tv					Work		
x Pain	ty							
Sensory integration								
Somatosensation								
		(Other:					
Other:		`				Other:		
Link to rehabmeasures.	org su	imma	ry:					
Recommendation Categ	ories							
Hoehn and Yahr	4 3	3	2	1	Commen	its		
stage								
Ι			X					
II			X					
III			X					
IV				x	Maybe a	2 there may be some ceiling		
					-	re though it hasn't been studied		
V						to do test items		
Overall Comments:	Some	ceilin	g effect	s were no	oted in othe	r populations. No studies in PD		
			-			included some individuals with		



	PD but	weren't	separated or	ut for analys	is
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level	YES	YES NO		NO	
curricula?		х		Х	
Research Use	YES	YES			Comments
Is this tool appropriate for use in intervention research studies?			X		No studies in PD but good in those studied.

Guccione, AA., et al. "Development and testing of a self-report instrument to measure actions: outpatient physical therapy improvement in movement assessment log (OPTIMAL)." Physical Therapy, v. 85 issue 6, 2005, p. 515-30.



Instrument name: Parkinson's Disease Activities of Daily Living Scale										
Reviewer: Alicia Esposito		Date of review: 4/30/13								
ICF domain (check all that apply):										
Body structureBody function XActivityX_ Participation										
environment										
Construct/s measured (check all that apply):										
Body structure and Fun	ction			Activity		Participation				
Aerobic capacity/endu	irance		Balance/f			Community function				
Ataxia			Bed mobi	•		Driving				
Cardiovascular/pulmo	nary		-	ude stairs	-	Health and wellness				
status			-	el mobility	1	Home management				
Cognition			ransfers			Leisure/Recreational				
Coordination (non-		/	Wheelcha	air skills		activities				
equilibrium)						Life satisfaction				
Dizziness						X_Quality of life				
Dual Tasks						Reintegration to community				
Fatigue						Role function				
Flexibility						Shopping				
Muscle performance						Social function				
Muscle tone / spasticit	.y					Work				
Pain										
Sensory integration										
Somatosensation										
Other:		(Other:			Other:				
Link to rehabmeasures.or	-	mary:								
Recommendation Catego	1									
Hoehn and Yahr stage	4	3	2	1	Comment					
			х			does not provide information as				
					per H and	Y scale and instead uses disease				
					duration					
Ш			х							
=			Х							
IV			х							
V			Х							
Overall Comments:	Furt	her asses	ssment o	of psychor	netric prope	erties is necessary to determine				
	how	effective	e the PAI	DLS is as a	measure o	f self rated ADL ability. Since the				
						, ne severity of the problem and the				
	authors report that it should not be utilized in isolation, the question									



	then ot states t rated D global r problem	remains whether the information provided by the PADLS is more effective then other already established self assessments of ADL ability. The author states that the PADLS provides health professionals a reliable index of self rated DL which takes little time to complete. The PADLS provides a single global rating and does not allow the individual to rate severity of specific problems. The PADLS is not suitable in isolation and must complement existing measures in order to provide the health professional with more							
	-				t's perceive their illness.				
Overall Comments:									
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments				
Should this tool be required for entry level	YES	NO	YES	NO					
curricula?		x		x					
Research Use	YES		NO		Comments				
Is this tool appropriate for use in intervention research studies?			Х		Not to be used in PD related research secondary to a lack of literature supporting its use				

Hobson, JP, Edwards, NI, Meara, RJ (2001). "The parkinson's disease activities of daily living scale: a new simple and brief subjective measure of disability in parkinson's disease." Clin Rehabil 15: 241-246.

Martinez-Martin, P et al (2008). "Specific patient-reported outcome measures for parkinson's disease: analysis and applications." Expert Rev. Pharmacoeconomics Outcome Res 8(4) 401-418



Instrument name: Parkinson's Fatigue Scale									
Reviewer: Alicia Espos	Reviewer: Alicia Esposito, and Deb KegelmeyerDate of reviewer								
ICF domain (check all t	that a	pply):							
Body structure environment	_X_	_Body	functio	n _	X Act	tivityX Participation			
Construct/s measured (onstruct/s measured (check all that apply):								
Body structure and Fu	nction	ļ	A	Activity		Participation			
Aerobic			Balance			Community function			
capacity/endurance			Bed mol	•		Driving			
Ataxia				clude stai	/	Health and wellness			
Cardiovascular/pulmo	nary		-	vel mobi	lity	Home management			
status Cognition			Fransfer Wheelel	s nair skill:		Leisure/Recreational			
Coordination (non-			w neerci	Iall Skills	5	Life satisfaction			
equilibrium)						X_Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
_XFatigue						Role function			
Flexibility						Shopping			
Muscle performance	• .					X_Social function			
Muscle tone / spastic	ity					Work			
Pain Sensory integration									
Somatosensation									
		(Other:						
Other:						Other:			
Link to rehabmeasures	.org s	umma	ry:			•			
Recommendation Cate	gories								
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
Ι		X							
II		X							
III		X							
IV		X							
V		X							
Overall Comments:	Reco	mmeno	ded scal	e as per t	he Movem	ent Disorders Society			
	Reco	mmena	dations t	for patier	nts with Pa	rkinson's Disease across all			



	 stages of H and Y or the UPDRS motor scale Good psychometric properties and clinical utility. Variability regarding scoring method is necessary in order to ensure consistency of its use. Whether the PFS provides an advantage over generic fatigue scales is unclear. Because fatigue is multidimensional with physical emotional, cognitive and social features, the PFS may not adequately reflect clinically significant non-physical aspects of fatigue. 						
Overall Comments:							
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments		
Should this tool be required for entry level curricula?	YES NO X		YES X	NO	Highly specific tool measuring fatigue only in individuals with Parkinson's Disease.		
Research Use	YES		NO		Comments		
Is this tool appropriate for use in intervention research studies?	X				Should be utilized only if measuring the PHYSICAL aspects of fatigue. The PFS may not provide an advantage over generic fatigue scales.		

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Instrument name: Park	kinsoi	n's Disea	ase Que	stionaire	-8			
Reviewer: Terry Ellis P	Date of review: 4/30/13							
ICF domain (check all	that	apply):						
Body structure Body function Activity X Participation environment								
Construct/s measured	Construct/s measured (check all that apply):							
Body structure and Fu	nctio	n	I	Activity		Participation		
Aerobic]	Balance	/falls		Community function		
capacity/endurance			Bed mo	•		Driving		
Ataxia				clude stai	/	Health and wellness		
Cardiovascular/pulm	onary		-	vel mobi	lıty	Home management		
status			Fransfer		_	Leisure/Recreational		
Cognition Coordination (non-		`	w neelcl	hair skills	5	activities Life satisfaction		
equilibrium)						\underline{X} Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility						Shopping		
Muscle performance	e					Social function		
Muscle tone / spastic	city					Work		
Pain								
Sensory integration								
Somatosensation			0.1					
Other:			Other:			Other:		
						Other.		
Link to rehabmeasure	s.org	summa	ry:					
Recommendation Cate	egorie							
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι	Χ				At least 2	studies report excellent		
						etric properties in Stage 1		
II	Χ		Numero			s studies report excellent		
						etric properties in Stage 2		
III	Χ				Numerou	s studies report excellent		
					psychom	etric properties in Stage 3		
IV	Χ					studies report excellent		
						etric properties in Stage 4		



V Overall Comments:	but rep the use the PD	studies do ort the me of this m Q-8 is hig	ean H&Y st easure is fo hly recomn	excellent of adequate i including number of cage. The ma r persons in	reports on adequate to convergent validity and nternal consistency in a sample persons in H&Y Stage 5. participants in each H&Y stage ajority of evidence supporting H&Y Stages 2-3. The use of persons in H&Y Stages 1-4 and Y Stage 5.
	This is a quick, valid, and reliable tool with adequate to excellent psychometric data supporting its use in persons with PD. It is moderately to highly responsive to changes in HRQoL with natural disease progression and with pharmacological interventions, particularly in the later H&Y stages. However, responsiveness to rehab interventions has not been adequately assessed. The PDQ-8 has no ceiling/floor effects and is adequately correlated with H&Y Stages, UPDRS scores, and disease duration.				
Entry-Level Criteria	Studer should to adm tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level curricula?	YES X	NO	YES NO		This is a quick, valid, and reliable tool with adequate to excellent psychometric data supporting its use in persons with Parkinson's disease. It is a useful tool for identifying changes in quality of life over time as the disease progresses. Responsiveness to rehabilitation interventions is unknown.
Research Use	YES	<u> </u>	NO		Comments
Is this tool appropriate for use in intervention research studies?	X				This is a quick, valid, and reliable tool with adequate to excellent psychometric data supporting its use in persons



with PD. It is moderately to
highly responsive to changes
in HRQoL with disease
progression and with
pharmacological
interventions, however
responsiveness to rehab
interventions has not been
adequately assessed. The
PDQ-8 has no ceiling/floor
effects and is adequately
correlated with H&Y Stages,
UPDRS scores, and disease
duration.

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Instrument name: Park	inson	's Disea	se Ques	stionaire-3	39			
Reviewer: Terry Ellis, F Jeffrey Hoder	Reviewer: Terry Ellis, PT PhD, NCS; Laura Savella, sPT and Jeffrey Hoder							
ICF domain (check all	that	apply):						
Body structure	В	odv fun	ction	А	ctivity	X Participation		
Environment		5			<u> </u>	I		
Construct/s measured	(chec	k all th	at apply	v):				
Body structure and Fu	` <u> </u>			Activity		Participation		
Aerobic capacity/endurance Ataxia			Balance Bed mo Gait (in		irs)	Community function Driving Health and wellness		
Cardiovascular/pulmo status	onary		Transfe		•	Home management Leisure/Recreational		
Cognition Coordination (non-			Wheele	hair skills	S	activities Life satisfaction		
equilibrium) Dizziness						<u>X</u> _Quality of life Reintegration to		
Dual Tasks						community		
Fatigue						Role function		
Flexibility Muscle performance						Shopping Social function		
Muscle tone / spastic						Work		
Pain								
Sensory integration								
Somatosensation			a 1					
Other:			Other:			Other:		
Link to rehabmeasures	s.org	summa	ry:			•		
http://www.rehabmeas			ts/Reh	abMeasu	res/PrintV	/iew.aspx?ID=1017		
Recommendation Cate	0	r		1	1			
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι	X					s studies report good to		
TT	v					psychometric properties		
II	X					s studies report good to		
III	X					psychometric properties s studies report good to		
111								
			excellen			xcellent psychometric properties		



IV	X			Numerous	s studies report good to			
				excellent	psychometric properties			
V	X			Numerous	s studies report good to			
				excellent	psychometric properties			
Overall Comments:	Many studies do not specify number of participants in each H&Y stage							
	-	but report the mean H&Y stage. The use of the PDQ-39 is highly						
	recommended for persons in H&Y Stages 1-5.							
	The psychometric properties of the PDQ-39 have been extensively studied. There is extensive psychometric data available for this measure, the majority of which reveals adequate to excellent validity and reliability for both the PDQ-39 Summary Index score and most of the 8 domain scores (with the notable exception of the Social Support domain). Caution should be taken when interpreting information from the various domains of the PDQ-39, as the psychometric data suggests the domain scores are often less valid and reliable and have larger floor and ceiling effects compared with the PDQ-39 Summary Index score.							
	Stude	nts	Students	should be	Comments			
Entry-Level Criteria	should	l learn	exposed t	o tool (e.g.				
Entry-Lever Criteria	to adn	ninister	to read lit	erature)				
	tool							
Should this tool be	YES	NO	YES	NO	The PDQ-39 is a valid and			
required for entry level					reliable tool with adequate to			
curricula?	Х				excellent psychometric data			
					supporting its use in persons			
					with Parkinson's disease. It is			
					a useful tool for identifying changes in quality of life over			
					time with disease progression,			
					and has shown to be			
					responsive to both			
					pharmacological and			
					rehabilitation interventions			
Research Use	YES	<u> </u>	NO		Comments			
Is this tool appropriate	X							



for use in intervention	reliable tool with adequate to
research studies?	excellent psychometric data
	supporting its use in persons
	with PD. It is moderately to
	highly responsive to changes
	in HRQoL with disease
	progression, pharmacological
	and rehabilitation
	interventions.
	The PDQ-39 Summary Index
	has neither ceiling nor floor
	effects, but some domain
	scores (Stigma, Social
	Support, and Communication)
	display floor effects, while
	others (Mobility, Social
	Support) have displayed
	ceiling effects.

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Instrument name: Profile PD							
Reviewer: Cathy Harro and Erin Hussey						Date of review: May, 2013	
ICF domain (check all	that	apply):					
Body structure Environment	Body fu	nction	<u>X</u>	Activity	Participation		
Construct/s measured (check all that apply):							
Body structure and Fu	nctio	n	I	Activity		Participation	
Aerobic		<u>_X</u>	<u>X</u> Balance/falls			Community function	
capacity/endurance		<u>_X</u>	\underline{X} Bed mobility			Driving	
Ataxia		<u>_X</u>	Gait (ir	nclude sta	uirs)	Health and wellness	
Cardiovascular/pulme	onary		High Level mobility			Home management	
status			<u>X</u> Transfers			Leisure/Recreational	
<u>_X</u> Cognition			Wheelchair skills			activities	
Coordination (non-						Life satisfaction	
equilibrium)						Quality of life	
Dizziness						Reintegration to	
Dual Tasks						community	
Fatigue						Role function	
Flexibility						Shopping	
\underline{X} Muscle performance						Social function	
\underline{X} Muscle tone / spast	icity					Work	
Pain Songorny integration							
Sensory integration							
Somatosensation			0.1				
V. Other Destural control			Other:			Other:	
\underline{X} Other: : Postural control							
strategies; bradykinesia							
Link to rehabmeasures.org summary:							
Recommendation Categories							
Hoehn and Yahr	4	3	2	1	Commen	ots	
stage	.	Ũ	-	•	Commen		
I			X		Good but	limited psychometrics in PD	
-						ublished studies) and good	
					clinical u	<i>,</i> E	
П			v				
II			X			limited psychometrics in PD	
					· · ·	ublished studies) and good	
					clinical u		
III			X		Good but	limited psychometrics in PD	



					(anly 2 m	blighad studies) and good	
					clinical ut	blished studies) and good	
IV				X		ot been examined in stage 4 in	
1 V				Λ		al 2 research studies.	
V				X		ot been examined in stage 5 in	
v				Λ			
Overall Comments:	Daval	Original 2 research studies.					
Overan Comments:	-	<u>Psychometrics</u> : Profile PD published research limited to original study					
	•	by Schenkman and one other study. A single study provides evidence for excellent inter-rater reliability and adequate internal consistency in					
					•	bood construct validity for	
						disease severity. Lack of	
		-	-	-	-	r sensitivity to change. Further	
				-		recommendations can be made	
					-	stages of disease. Further	
				-		-	
	research is also needed to compare UPDRS-MS with Profile PD to						
Overall Comments:		support construct/criterion validity.					
Overan Comments:		<u>Clinical Utility</u> : Good—requires 20-30 minutes to administer, no cost					
	or specialized equipment for the test.						
	Students Students should be Comments						
	should learn			exposed to tool (e.g.		Comments	
Entry-Level Criteria				to read literature)			
	to administer tool			to read literature)			
Should this tool be	YES	NO		YES	NO	Limited research on this tool	
Should this tool be required for entry level	YES			YES		Limited research on this tool but its parallel structure and	
	YES	X NO		YES	NO X		
required for entry level	YES			YES		but its parallel structure and	
required for entry level	YES			YES		but its parallel structure and face validity to UPDRS (gold	
required for entry level	YES			YES		but its parallel structure and face validity to UPDRS (gold standard PD measure), with	
required for entry level	YES			YES		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function	
required for entry level	YES		•	YES		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good	
required for entry level	YES		,	YES		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical	
required for entry level	YES			YES		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in	
required for entry level curricula? Research Use				NO		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in persons with PD. Comments	
required for entry level curricula? Research Use Is this tool appropriate						but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in persons with PD. Comments Further research is needed on	
required for entry level curricula? Research Use Is this tool appropriate for use in intervention				NO		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in persons with PD. Comments Further research is needed on its psychometric properties in	
required for entry level curricula? Research Use Is this tool appropriate				NO		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in persons with PD. Comments Further research is needed on its psychometric properties in PD population before it is	
required for entry level curricula? Research Use Is this tool appropriate for use in intervention				NO		but its parallel structure and face validity to UPDRS (gold standard PD measure), with focus on activity and function specific to PD makes it a good learning tool about physical therapy examination in persons with PD. Comments Further research is needed on its psychometric properties in	



	research. However, this tool
	has good construct and face
	validity as comprehensive
	measure of PD clinical
	symptoms and effect on daily
	function; therefore further
	research is warranted on its
	test psychometrics.

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Instrument name: Purdu	e Pegb	oard Te	st				
Reviewer: Jeffrey Hoder		Date of review: 4/20/2012					
ICF domain (check all that	at appl	y):					
Body structure	_X_ Bo	dy funct	ion	X_ Activit		Participationenvironment	
Construct/s measured (c	heck a	ll that a	pply):				
Body structure and Fu				Activity		Participation	
Aerobic capacity/end Ataxia Cardiovascular/pulmo status Cognition X_Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility X_Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation	onary		Balance/falls Bed mobility Gait (include stairs) High Level mobility Transfers Wheelchair skills			Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work	
_X_Other: Dexterity		_x_	_X_Other: Fine motor			Other:	
Link to rehabmeasures.o	org sun	mary:					
Recommendation Catego	ories						
Hoehn and Yahr stage	4	3	2	1	Comments	5	
I			х		Small n in s	studies	
11		х					
		X					
IV		Х					
V			x		Small n in s	studies	
Overall Comments:	Strong psychometrics. It is valid and reliable. It has been used in medication trials (Tan,2003), post neurosurgery (Pal,2000) and to measure dexterity during off times in PD (Brown, 1998). It was used to test dexterity during dual task performance (Proud, 2010).						
	Dex	erity w	as measu	ired with	and without a	a dual task in PD: dominant and	



	non-do	non-dominant hand with and without dual task (serial 7). (Proud, 2010).							
	Significant difference between number of pegs placed by PD subjects versus								
	non-PD	(n=22, PD	, n=22 contr	ols; mean age	e=64 yrs old, mean mH&Y=2).				
	Time to	accomplis	sh test: 30 se	econds. Corre	lated strongly to UPDRS total and				
	motor (Proud, 201	LO). Dexterit	ty decreases v	with increased severity of disease.				
		,	1	,	,				
Overall Comments:	Cost \$1	10-150 (9	hole peg tes	t wooden: \$6	0- Rolyan plastic \$80)				
					Normative data was established				
	on facto	ory worker	s who perfo	rmed manual	tasks for their occupation.				
	(Tiffin, 1948).								
		Students should Students should be Comments							
		ts should	Comments						
Entry-Level Criteria	learn to)	exposed to	o tool (e.g.					
	adminis	ster tool	to read literature)						
Chaudal this to all he	VEC	NO	VEC	NO					
Should this tool be	YES	NO	YES	NO					
required for entry level		X							
curricula?		^		Х					
	VES	^	NO	X	Comments				
Research Use	YES	^	NO	X	Comments				
	YES X	^	NO	X	Comments				
Research Use	_	^	NO	X	Comments				
Research Use Is this tool appropriate	_	^	NO	X	Comments				
Research Use Is this tool appropriate for use in intervention	_	^ 	NO	X	Comments				

Brown RG, Jahanshahi M. (1998). "An unusual enhancement of motor performance during bimanual movement in Parkinson's disease." J Neurol Neurosurg Psychiatry; 64:813-6.

Pal, PK, Samii, A, Kishore A, et al. (2000)."Long term outcome of unilateral pallidotomy: follow up of 15 patients for 3 years." J Neurol Neurosurg Psychiatry; 69:337-44.

Proud, EL, & Morris, ME. (2010)."Skilled Hand Dexterity in Parkinson's Disease: Effects of Adding a Concurrent Task." Arch Phys Med Rehabil; 91: 794-799.

Tan EK, Ratnagopal, P, Han, SY, Wong, MC. (2003)."Piribedil and bromocriptine in Parkinson's disease: a single-blind crossover study." Acta Neurol Scand; 107:202-6.



Instrument name: Pus	Instrument name: Push and Release Test								
Reviewer: Terry Ells P' Jeffrey Hoder	PT and	Date of review: 4/30/2013							
ICF domain (check all	that	apply):							
Body structure	Х	Body f	function	X	Activity	y Participation			
environment		_ •							
Construct/s measured (check all that apply):									
Body structure and Fu	nctio	n		Activity		Participation			
Aerobic capacity/endurance			Balance Bed mo			Community function			
Ataxia			Gait (ind	clude stai	rs)	Health and wellness			
Cardiovascular/pulme	onary]	High Le	vel mobi	lity	Home management			
status			Transfei	rs		Leisure/Recreational			
Cognition			Wheelcl	hair skills	5	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic	city					Work			
Pain									
Sensory integration									
Somatosensation			0.1						
0.1			Other:			0.1			
Other:						Other:			
Link to rehabmeasures	s.org	summa	ry:			l			
Recommendation Cate	gorie	es							
Hoehn and Yahr	4	3	2	1	Commen	nts			
stage									
Ι			X		Jacobs et	al, 2006 does not report H&Y			
					stages of	subjects. It is not know if			
					-	n H&Y 1 were included in this			
					study				
II		X	1		Adequate	validity and reliability in H&Y			
					*	Excellent clinical utility			
III	İ	X			Adequate	Adequate validity and reliability in H&Y			



				1		
						xcellent clinical utility
IV	X	K			-	validity and reliability in H&Y
					Stage 4; E	xcellent clinical utility
V		2	K		Jacobs et a	al, 2006 does not report H&Y
					stages of s	subjects. It is not known if
					patients in	H&Y 5 were included in this
					study.	
Overall Comments:	The in	ter-rate	r relia	bility ar	nd converger	nt validity of the Push and
	Releas	e test h	as sho	wn to b	e adequate in	n persons with PD. It has also
	been s	hown to	discr	iminate	between fall	lers and non-fallers with PD. It
	has no	t been a	dequa	tely tes	ted in its abil	ity to predict fall risk in PD.
	Stude	nts	St	udents	should be	Comments
	should	l learn	ex	posed t	to tool (e.g.	
Entry-Level Criteria	to adn	ninister		-	terature)	
	tool					
		-			-	
Should this tool be	YES	NO	Y.	ES	NO	Preliminary evidence suggests
required for entry level		N			V	the P&R Test has adequate
curricula?		Х			Х	validity and inter-rater
						reliability in PD, although
						more evidence is needed. It
						has shown to discriminate
						between fallers and non-
						fallers with PD. It has
						excellent clinical utility.
Research Use	YES		N	0		Comments
Kesear ch Use	ILS		14	U		Comments
Is this tool appropriate	Х					Preliminary evidence suggests
for use in intervention						the P&R Test has adequate
research studies?						validity and inter-rater
						reliability in PD, although
						renacinty in LD, annough
						more evidence is needed. It
						more evidence is needed. It
						more evidence is needed. It has shown to discriminate
						more evidence is needed. It has shown to discriminate between fallers and non- fallers with PD.
						more evidence is needed. It has shown to discriminate between fallers and non- fallers with PD. Compared to the Pull Test, it
						more evidence is needed. It has shown to discriminate between fallers and non- fallers with PD. Compared to the Pull Test, it displays greater sensitivity in
						more evidence is needed. It has shown to discriminate between fallers and non- fallers with PD. Compared to the Pull Test, it



	has poorer specificity in the
	"OFF" state but superior
	specificity in the "ON" state.

Jacobs JV, Horak FB, et al. An alternative clinical postural stability test for patients with Parkinson's disease. *J Neurol*. 2006;253(11):1404-1413.

Valkovic P, Brozova H, et al. Push-and-release test predicts Parkinson fallers and nonfallers better than the pull test: comparison in OFF and ON medication states. *Mov Disord*. 2008;23(10):1453-1457



Instrument name: Pull test as done on UPDRS – Retropulsive test									
Reviewer: Deb Kegelmeyer and Alicia EspositoDate of review: May 2013									
ICF domain (check all that apply):									
Body structure x Body function Activity Participation									
environment									
Construct/s measured (check all that apply):									
Body structure and Fu	<u>`</u>	all that ap	Activity	17	Participation				
Aerobic		x Bal	ance/falls	y	Community function				
capacity/endurance			mobility		Driving				
Ataxia			(include st	airs)	Health and wellness				
Cardiovascular/pulmo	onary	High	Level mo	bility	Home management				
status		Tran			Leisure/Recreational				
Cognition		Whe	elchair ski	lls	activities				
Coordination (non- equilibrium)					Life satisfaction				
Dizziness					Quality of life Reintegration to				
Dual Tasks					community				
Fatigue					Role function				
Flexibility					Shopping				
Muscle performance					Social function				
Muscle tone / spastic	city				Work				
Pain									
Sensory integration Somatosensation									
		Othe	r.						
Other:			1.		Other:				
Link to rehabmeasures	s.org su	mmary:							
Recommendation Cate	gories								
Hoehn and Yahr	4 3	2	1	Commen	its				
stage									
Ι			X						
II									
			X						
III			X						
IV			X						
V Q	V	1		. 1.					
Overall Comments:	very v	weak psyc	nometrics	across studie	S.				



Entry-Level Criteria	Studer should to adm tool	learn	Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be required for entry level	YES	NO	YES	NO	
curricula?		X		Х	
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?			x		

Bloem BR, Grimbergen YA, Cramer M, Willemsen M, Zwinderman AH. Prospective assessment of falls in Parkinson's disease. Journal of neurology 2001;248:950-958.

Foreman KB, Addison O, Kim HS, Dibble LE. Testing balance and fall risk in persons with Parkinson disease, an argument for ecologically valid testing. Parkinsonism Relat Disord 2011;17:166-171.

Jacobs JV, Horak FB, Van Tran K, Nutt JG. An alternative clinical postural stability test for patients with Parkinson's disease. Journal of neurology 2006;253:1404-1413.

Visser M, Marinus J, Bloem BR, Kisjes H, van den Berg BM, van Hilten JJ. Clinical tests for the evaluation of postural instability in patients with parkinson's disease. Arch Phys Med Rehabil 2003;84:1669-1674.

Valkovic P, Brozova H, Botzel K, Ruzicka E, Benetin J. Push-and-release test predicts Parkinson fallers and nonfallers better than the pull test: comparison in OFF and ON medication states. Mov Disord 2008;23:1453-1457.



Instrument name: Rush Dyskinesia Scale									
Reviewer: Suzanne O'Neal, and Rosemary GallagherDate of review: 6/25/2013									
ICF domain (check all that apply):									
Body structure Body function X Activity Participation									
environment									
Construct/s measured (check all that apply):									
Body structure and Functi			Activity	V	Participation				
Aerobic		K Balanc		/	Community function				
capacity/endurance		Bed mo			Driving				
Ataxia		▲ Gait (in		/	Health and wellness				
Cardiovascular/pulmonar			evel mo	bility	Home management				
status	_ <u>_</u> 2	<u>C</u> Transf			Leisure/Recreational				
Cognition		_Wheelc	chair ski	lls	activities				
Coordination (non-					Life satisfaction				
equilibrium)					Quality of life				
Dizziness Dual Tasks					Reintegration to community				
Dual Tasks Fatigue					Role function				
Flexibility					Shopping				
Muscle performance					Social function				
Muscle tone / spasticity					Work				
Pain									
Sensory integration									
Somatosensation									
		Other:							
Other:					Other:				
Link to rehabmeasures.org	g sumn	nary:							
Recommendation Categor	ies								
Hoehn and Yahr 4	3	2	1	Commen	ts				
stage									
Ι		X							
II		X							
III		X							
IV		X							
V			X	This stage	e not included in Goetz et al				
				study					
Overall Comments: Ma	in stre	ngths: As	ssesses f	unctional dis	sability of dyskinesia and				
		e			gh inter-rater and intrarater				



	reliabil	ity.							
	Weaknesses: Assessments are done at one time point therefore may not reflect the rest of day. Patient may also exhibit more or less dyskinesias in the clinic versus at home. The assessment is also confined to an observer rating of motor disability during specified tasks and may not capture disability related to other tasks. The various types of dyskinesias may present at different times of day and/or may depend on medication cycle.								
Entry-Level Criteria	Studer should to adm tool		Students exposed t to read lit	Comments					
Should this tool be	YES	NO	YES	NO	The weak psychometric				
required for entry level curricula?		X		properties, particularly poor sensitivity to changes over time, do not suggest recommendations for teaching in an educational setting. Better psychometric properties have been found with the Unified Dyskinesia Rating.					
Research Use	YES		NO		Comments				
Is this tool appropriate for use in intervention research studies?	X			Goetz et al, 2013 found poor sensitivity to dyskinesia severity change over time.					

Colosimo C., Martinez-Martin P., et al. (2010)."Task Force Report on Scales to Assess Dyskinesia in Parkinson's Disease: Critique and Recommendations." Movement Disorders 25(9):1131-1142.

Goetz C.G, Stebbins G.T., et al. (1994). "Utility of an Objective Dyskinesia Rating Scale for Parkinson's Disease: Inter- and Intrarater Reliability Assessment." Movement Disorders 9(4):390-4.

Goetz C.G., Stebbins G.T., et al. (2013)."Which Dyskinesia Scale Best Detects Treatment Response?" Movement Disorders 28(3):341-6.



Instrument name: Self-Assessment Parkinson's Disease Disability Scale									
Reviewer: Suzanne O']	Reviewer: Suzanne O'Neal, and Rosemary GallagherDate of review: 5/1/2013								
ICF domain (check all that apply):									
Body structure Body function X Activity Participation									
environment									
Construct/s measured (check all that apply):									
Body structure and Fu	nctio	n		Activity		Participation			
Aerobic		_ <u>X</u> _		ce/falls		Community function			
capacity/endurance		_ <u>X</u> _		nobility	•	Driving			
Ataxia		<u>_X</u>		include st	/	Health and wellness			
Cardiovascular/pulmo	onary	\underline{X}	_ •	Level mo	bility	Home management			
status		<u>_X</u>				Leisure/Recreational			
Cognition			wheeld	hair skills	S	activities			
Coordination (non- equilibrium)						Life satisfaction			
Dizziness						_X_Quality of life Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic						Work			
Pain	erty								
Sensory integration									
Somatosensation									
		X	Other	ADLs					
Other:						Other:			
Link to rehabmeasures	s.org	summa	ry:						
Recommendation Cate	gorie								
Hoehn and Yahr	4	3	2	1	Commer	nts			
stage									
Ι		X							
II		Χ							
III		Χ							
IV		Χ							
V		Χ							
Overall Comments:	Excellent consistency, excellent correlation with the Sickness Impact								



	Good	Scale (SIC68). Strong relationship with H&Y stages. Good correlation with the Beck's Depression Inventory and the Mini- Mental State Examination							
Entry-Level Criteria	should	ould learnexposed to tool (e.g.administerto read literature)		Comments					
Should this tool be required for entry level curricula?	YES	YESNOYESNOXXX							
Research Use	YES	YES NO			Comments				
Is this tool appropriate for use in intervention research studies?			X						

Biemans MA, Dekker J, van der Woude LH. (2001)."The Internal Consistency and Validity of the Self-assessment Parkinson's Disease Disability Scale". Clin Rehabil. 2001 Apr;15(2):221-8.

Brown R, MacCarthy B, et al. (1989)."Accuracy of Self-Reported Disability in Patients with Parkinsonism". Arch Neurol. 1989; 46:955-959.



Instrument name: Exercise Self Efficacy Scale									
Reviewer: Deb Kegelmeyer and Alicia Esposito Date of review: May 2013									
ICF domain (check all that apply):									
Body structure	Body function x Activity Participation								
environment									
Construct/s measured (check all that apply):									
Body structure and Fu	````			Activity		Participation			
Aerobic	nenor		Balance			Community function			
capacity/endurance			Bed mol			Driving			
Ataxia			Gait (inc	clude stai	rs)	_x_Health and wellness			
Cardiovascular/pulmo	onary		•	vel mobi	lity	Home management			
status			Γransfer			Leisure/Recreational			
Cognition			Wheelcl	nair skills	8	activities			
Coordination (non-						Life satisfaction			
equilibrium) Dizziness						Quality of life Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance	;					Social function			
Muscle tone / spastic						Work			
Pain	•								
Sensory integration									
Somatosensation									
		_x	_Other:	self effic	acy				
xOther:						Other:			
Link to rehabmeasures	s.org s	summa	ry:						
Recommendation Cate	gorie	s	-						
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
Ι			X						
II			X						
III									
IV			X						
V			X						
Overall Comments:	No s	tudies i	n PD, g	ood psyc	hometrics	in other populations			
			-						



Entry-Level Criteria	Students should learn to administer tool			should be o tool (e.g. terature)	Comments
Should this tool be required for entry level	YES	YES NO		NO	
curricula?		Х		X	
Research Use	YES	YES			Comments
Is this tool appropriate for use in intervention research studies?	X				Unless other better studied scale exists

Shaughnessy M, Michael K, Resnick B. Impact of treadmill exercise on efficacy expectations, physical activity, and stroke recovery. J Neurosci Nurs 2012;44:27-35.

Resnick B, Galik E, Gruber-Baldini AL, Zimmerman S. Perceptions and performance of function and physical activity in assisted living communities. J Am Med Dir Assoc 2010;11:406-414.

Resnick B, Orwig D, Zimmerman S et al. Testing of the SEE and OEE post-hip fracture. West J Nurs Res 2006;28:586-601.

Resnick B. A longitudinal analysis of efficacy expectations and exercise in older adults. Res Theory Nurs Pract 2004;18:331-344.

Resnick B, Luisi D, Vogel A, Junaleepa P. Reliability and validity of the self-efficacy for exercise and outcome expectations for exercise scales with minority older adults. J Nurs Meas 2004;12:235-247.

Resnick B, Jenkins LS. Testing the reliability and validity of the Self-Efficacy for Exercise scale. Nurs Res 2000;49:154-159.

Bean JF, Bailey A, Kiely DK, Leveille SG. Do attitudes toward exercise vary with differences in mobility and disability status? - a study among low-income seniors. Disabil Rehabil 2007;29:1215-1220.



Instrument name: SF-	Instrument name: SF-12 version 2 (SF-12v2)					
Reviewer: Erin Hussey and Cathy Harro						Date of review: May, 2013
ICF domain (check all	that	apply):				1
Body structure Environment	F	Body fur	oction		Activity	ParticipationX
Construct/s measured	(chec	k all th	at apply	/):		
Body structure and Fu	nctio	n	A	Activity		Participation
Aerobic]	Balance/falls			Community function
capacity/endurance		I	Bed mol	bility		Driving
Ataxia				clude stai	rs)	_XHealth and wellness
Cardiovascular/pulme	onary		-	evel mob	ility	Home management
status			Fransfer			Leisure/Recreational
Cognition			Wheelch	nair skills	5	activities
	Coordination (non-					Life satisfaction
equilibrium)					_X_Quality of life	
Dizziness						Reintegration to
Dual Tasks						community
Fatigue						Role function
Flexibility Muscle performance					Shopping Social function	
Muscle tone / spastic		Other:			Work	
Pain	`	Juici.				
Sensory integration					Other:	
Somatosensation						
Other:						
Link to rehabmeasures	s.org	summa	ry:			l
Recommendation Cate	gorie	es				
Hoehn and Yahr	4	3	2	1	Commen	nts
stage						
Ι			Χ		Lack of s	ufficient data on SF-12v2
					following	substantive revision. Clinical
					utility is	limited by permission and fee
					-	s and use.
II			X		Lack of s	ufficient data on SF-12v2
						substantive revision. Clinical
						limited by permission and fee
					-	s and use.
					for access	s and use.



curricula?		X		X	use at entry level for this population.		
Should this tool be required for entry level	YES	NO	YES	NO	May be cost prohibitive; limited evidence to support		
	tool						
		to administer to read literature)					
		d learn		d to tool (e.g.			
	Students Students should be Comments						
	minutes). Survey administered as a questionnaire and can be self- administered or completed through examiner interview.						
	-				item survey is efficient (5		
	-	1			equire training manual and for		
Overall Comments:		-			at limited due to registration		
	uiscrii			rrent validity.			
					bility, internal consistency,		
			_		cates there is adequate to		
	the criticisms for SF-12v1 have been remedied. In other US						
	Currently, there is a lack of published studied documenting psychometric properties for use with Parkinson Disease to determine if						
	and criticizing SF-12v1 could not be applied to this measure.						
	-				nus previous data supporting		
	form of the 36-item SF-36v2. <u>Psychometrics:</u> Tool was revised and new normative data published in						
Overall Comments:		-		of life tool that is a shortened			
			1 1.1	for access			
				utility is li	mited by permission and fee		
v					substantive revision. Clinical		
V		X		for access	and use. Ifficient data on SF-12v2		
					mited by permission and fee		
				-	substantive revision. Clinical		
IV		X			ufficient data on SF-12v2		
				for access	mited by permission and fee		
				e	substantive revision. Clinical		
III		X			ifficient data on SF-12v2		



Research Use	YES	NO	Comments
Is this tool appropriate for use in intervention research studies?		X	Based on general population data, the revised version of this item may prove to be a useful screening tool in research. At this time, there is inadequate evidence involving subjects Parkinson Disease to recommend use in research.

Cheak-Zamora, N. C., Wyrwich, K. W., & McBride, T. D. (2009). Reliability and validity of the SF-12v2 in the Medical Expenditure Panel Survey. Quality of Life Research, 18 (6), 727–735.

Jakobsson, U., Westergren, A., Lindskov, S., & Hagell, P. (2012). Construct validity of the SF-12 in three different samples. *Journal Of Evaluation In Clinical Practice*, *18*(3), 560-566. doi:10.1111/j.1365-2753.2010.01623.x

Lindskov, S., Westergren, A., Hagell, P. (2007). A controlled trial of an educational programme for people with Parkinson's disease. Journal of Clinical Nursing, 16 (11C):368–376.

Tan SB, Williams AF, Kelly D. Effectiveness of multidisciplinary interventions to improve the quality of life for people with Parkinson's disease: A systematic review. Int J of Nursing Studies. 2013, accessed electronically, *Ware JE, Kosinski M, Keller SD (1996). A 12-Item Short-Form Health Survey: Construction of scales and preliminary tests of reliability and validity. Medical Care.* 34(3):220-233. (SF-12v1)

Ware J., Jr., Kosinski, M. Turner-Bowker, D.M. Gandek, B. (2002). User's manual for the SF-12v2 Health Survey Quality Metric Inc, Lincoln, RI. (PD EDGE reviewer unable to access this manual)



Instrument name: SF-	12 ve	ersion 2 ((SF-12v	2)		
Reviewer: Erin Hussey and Cathy Harro						Date of review: May, 2013
ICF domain (check all	that	apply):				1
Body structure Environment	F	Body fun	oction		Activity	ParticipationX_
Construct/s measured	(chec	k all tha	at apply	/):		
Body structure and Fu	nctio	n	A	Activity		Participation
Aerobic]	Balance	/falls		Community function
capacity/endurance			Bed mol	-		Driving
Ataxia				clude stai	/	_XHealth and wellness
Cardiovascular/pulmo	onary		High Le Fransfer	evel mob	ility	Home management
	status					Leisure/Recreational
Cognition		`	Wheelch	nair skills	8	activities
equilibrium)	Coordination (non-					Life satisfaction
Dizziness					_X_Quality of life Reintegration to	
Dual Tasks					community	
Fatigue						Role function
Flexibility	0					Shopping
Muscle performance						Social function
Muscle tone / spastic					Work	
Pain						
Sensory integration						
Somatosensation						
		0	Other:			
Other:					Other:	
Link to rehabmeasures	s org	summa	r 17•			
Recommendation Cate	0		ı y.			
Hoehn and Yahr	4	3	2	1	Commer	nts
stage	-	Ũ				
I			X Lack of			ufficient data on SF-36v2
						substantive revision. Clinical
					-	limited by permission and fee
					-	s and use.
II			X		Lack of s	ufficient data on SF-36v2
						substantive revision. Clinical
					e	limited by permission and fee
					-	s and use.
					for access	s and use.



[]	1	1					
III	X			fficient data on SF-36v2			
			following	substantive revision. Clinical			
			utility is li	mited by permission and fee			
			for access	and use.			
IV	X		Lack of su	fficient data on SF-36v2			
			following	substantive revision. Clinical			
			utility is li	mited by permission and fee			
			for access	and use.			
V	X		Lack of su	fficient data on SF-36v2			
			following	substantive revision. Clinical			
				mited by permission and fee			
			for access				
Overall Comments:	This is a generic	health-relate	ed quality o	f life tool.			
	8						
	Based on conser	usus review o	of an expert	panel from a Movement			
			-	nmended (but not highly			
	• •			nson Disease. This consensus			
	· · · · · · · · · · · · · · · · · · ·						
	was made primarily on the basis of data supporting the use of SF-						
	36v1.						
	Developmentries:		lichad in a	revised menual in 2000 and			
	<u>Psychometrics</u> : Tool was published in a revised manual in 2000 and						
	new normative data was published in 2009. The revisions were						
	substantive, thus previous data supporting and criticizing SF-36v1 could not be directly applied to this version 2 of the measure.						
		• • •					
	•			udied documenting			
		-		kinson Disease to determine if			
				medied. In other US			
		-		cates there is adequate to			
	excellent psycho	ometrics relation	tive to relial	bility, internal consistency,			
	discrimination and concurrent validity.						
Overall Comments:	Clinical Utility:	Access to to	ol is somew	what limited due to registration			
	process required	with a fee a	pplied to ac	equire training manual and for			
	specific uses. Ac	lministratior	of the 36-i	item survey is efficient (10-15			
	minutes). Survey	y administer	ed as a ques	tionnaire and can be self-			
	administered or	completed th	rough exan	niner interview.			
	Students	Students s	hould be	Comments			
	should learn	exposed to	tool (e.g.				
	to administer	to read lite	erature)				
	tool		, ,				



Should this tool be required for entry level curricula?	YES	NO X	YES	NO X	May be cost prohibitive; limited evidence to support use at entry level for this population.
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?			X		Based on general population data, the revised version of this item may prove to be a useful screening tool in research. At this time, there is inadequate evidence involving subjects Parkinson Disease to recommend use in research.

Banks, P., Martin, C.R. (2009). The factor structure of the SF-36 in Parkinson's diseaseJournal of Evaluation in Clinical Practice 15 460–463. ISSN: 1356-1294.

Brown, C.A., Cheng, E.M., Hays, R.D., Vassar, S.D., Vickrey, B.G. (2009). SF-36 includes less Parkinson Disease (PD)-targeted content but is more responsive to change than two PD-targeted health-related quality of life measures. Quality of Life Research. 18:1219-1237.

Leonardi M, Raggi A, Pagani M, Carella F, Soliveri P, Albanese A, Romito L. (2012). Relationships between disability, quality of life and prevalence of nonmotor symptoms in Parkinson's disease. Parkinsonism & Related Disorders. 18(1): 35-39.

Martinez-Martin P., Jeukens-Visser M., Lyons K.E., et al. (2012). Health-related quality-of-life scales in Parkinson's disease: Critique and recommendations. *Mov. Disord.* 2011;26(13):2371–2380. doi:10.1002/mds.23834

Nilsson MG, Drake AM, Hagell P. (2010). Assessment of fall-related self-efficacy and activity avoidance in people with Parkinson's disease. BMC Geriatrics.10:78

Steffen, T. and Seney, M. (2008). "Test-retest reliability and minimal detectable change on balance and ambulation tests, the 36-item short-form health survey, and the unified Parkinson disease rating scale in people with parkinsonism." Physical Therapy 88(6): 733-746.



Instrument name: Sing	gle leg	g star	nce or "On	e-legged	stance test"	,
Reviewer: Jeffrey Hod	l Ter	ry Ellis			Date of review: 4/20/2012	
ICF domain (check all	that	appl	y):			1
Body structure					X _ Activity	Participation
Construct/s measured	(chec	k all	that appl	y):		
Body structure and Fu	inctio	n		Activity		Participation
Aerobic		_	X_Balanc			Community function
capacity/endurance		_	Bed mo	•		Driving
Ataxia		_		clude sta	· · ·	Health and wellness
Cardiovascular/pulm	onary	_	High Lo Transfe	evel mot	oility	Home management
status					1_	Leisure/Recreational
Cognition				hair skil	18	activities Life satisfaction
equilibrium)	Coordination (non-					Quality of life
Dizziness						Reintegration to
Dual Tasks						community
Fatigue						Role function
Flexibility						Shopping
X Muscle performance						Social function
Muscle tone / spasticity						Work
Pain	Pain					
Sensory integration						
Somatosensation						
		_	Other:			
Other:	Other:					Other:
Link to rehabmeasures.org su			mary:			
Recommendation Cate	egorie	es				
Hoehn and Yahr	4	3	2	1	Commen	nts
stage						
Ι			X		Extensive	e normative data has been
						ed with this test.
II			X			
III			Х			
IV				Х		
V				Х		
Overall Comments:					•	g with eyes open and hands on
	hips	hips, looking straight ahead. The tri				was started when the foot left



	Ũ	the ground. The trial was stopped when (1) the subject's foot touched						
	•	the ground or stance leg, (2) the arms swung away from their hips, or (3) reached a maximal time of 30 seconds. (Jacobs, 2006)						
Overall Comments:	falls ex of non 67 sub 12 yea For the combi subjec reporte exhibi history 15 s. (a OLS v	 specificity for history of one or more falls (75% of those that had a h/o falls exhibited OLS time of 10 seconds or less (high sensitivity); 74% of non-fallers exhibited OLS time of > 10 seconds (high specificity). 67 subjects with PD with 65 age-matched controls (mean age of 67+-12 years; PD 10+-6 yrs) (Smithson, 1998). For the one-leg stance test, a cut-off time of 10 s provided the best combination of sensitivity and specificity for fall history in the PD subjects, consistent with a previous report by Smithson et al who reported that PD subjects with a history of falling, on average, exhibited one-leg stance times of under 10 s, and PD subjects without a history of falling, on average, exhibited one-leg stance times of about 15 s. (Jacobs, 2006). OLS was not significantly associated with falls in 71 subjects with iPD. (Mak, 2009). Significantly shorter OLS time (40%) than are matched controls in 72 						
	subjec (6 falle	Significantly shorter OLS time (40%) than age-matched controls in 72 subjects with PD (12 single fallers, 13 multiple fallers) and 74 controls (6 fallers). No significant difference in OLS time in PD fallers vs. non-fallers. (Mak, 2010).						
	*Point of concern: the Average time of SLS for age 80 in healthy older adults is < 10 seconds (Springer, 2007). This may not be a valid predictor of falls in individuals over age 80. Follow up studies after Jacobs (Mak, 2009,2010) failed to identify 10 seconds as an accurate cut-off to discriminate fallers from non-fallers.							
Entry-Level Criteria	StudentsStudents should be exposed to tool (e.g. to administerCommentstoolto read literature)to					Comments		
Should this tool be	YES	NO	YE	S	NO			



required for entry level curricula?		X		X	
Research Use	YES		NO		Comments
Is this tool appropriate for use in intervention research studies?	X				

Jacobs, JV, Horak, FB, Tran, VK, & Nutt, JG. (2006). "Multiple balance tests improve the assessment of postural stability in subjects with Parkinson's disease." J Neurol Neurosurg Psychiatry. March; 77(3): 322-326.

Mak, MKY & Pang, MYC. (2009). "Balance confidence and functional mobility are independently associated with falls in people with Parkinson's disease." J Neurol; 256:742-749.

Mak, KY & Pang, MYC. (2010). "Parkinsonian single fallers versus recurrent fallers: different fall characteristics and clinical features." J Neurol 257:1543-1551.

Smithson F, Morris ME, Iansek R. Performance on clinical tests of balance in Parkinson's disease. Phys Ther 1998;78:577–92.

Springer, BA, Marin, R, Cyhan, T, Roberts, H, & Gill, NW. (2007). "Normative values for the unipedal stance test with eyes open and closed." J Geriatr Phys Ther; 30(1):8-15.



Instrument name: St. Louis University Mental Status Exam						
Reviewer: Terry Ellis PT, PhD, NCS; Laura Savella sPT and Jeffrey Hoder					Date of review: 4/30/13	
ICF domain (check all	that	apply):				
Body structure environment	<u>X</u>	Body fu	inction		_ Activity	Participation
Construct/s measured						
Body structure and Fu	nctio			Activity		Participation
status <u>X</u> Cognition <u>Coordination (non-</u> equilibrium) <u>Dizziness</u> <u>Dual Tasks</u> <u>Fatigue</u> <u>Flexibility</u> <u>Muscle performance</u>	capacity/endurance Ataxia Cardiovascular/pulmonary status X_Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spasticity Pain			/falls bility clude stai vel mobi rs nair skills	lity	 Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work
Other:		Other:			Other:	
Link to rehabmeasures	Link to rehabmeasures.org su			ie		
Recommendation Cate	egorie	es				
Hoehn and Yahr	4	3	2 1 Comme			nts
stage						
Ι			validity			es in persons with PD ; excellent and reliability in an older adult, opulation.
II			X		validity a veteran p	es in persons with PD; excellent and reliability in an older adult, opulation.
III			Χ		No studie	es in persons with PD; excellent



				va	lidity aı	d reliability in an older adult,	
				ve	teran po	opulation.	
IV		X	-	No	o studie	in persons with PD; excellent	
				validity and reliability in an older a			
				ve	teran po	opulation.	
V		X	- -	No	o studie	s in persons with PD; excellent	
				va	lidity ar	nd reliability in an older adult,	
				ve	teran po	opulation.	
Overall Comments:	No st	udies hav	e analy	zed psych	ometric	properties of the SLUMS in a	
	popul	ation wit	n Parkir	nson's Dis	ease. A	majority of studies examining	
	this m	neasure ir	vetera	n and olde	r adults	s, over 60 years, revealed good	
	to exc	ellent ps	ychome	tric prope	rties.		
	Stude	Students Students should be				Comments	
	shoul	should learn exposed to t					
Entry-Level Criteria	to ad	to administer to read literature) tool					
	tool						
Should this tool be	YES	NO	YES	YES NO		This measure is useful in the	
required for entry level		X		X		older adult population and	
curricula?		Λ		Λ		may be more sensitive than	
					the MMSE at detecting Mi		
						Neurocognitive Impairments	
						in that population; and	
						therefore may be appropriate	
						for students to be exposed to.	
						However, it has not been	
						tested in patients with PD.	
Research Use	VEC		NO			Comments	
Kesearch Use	YES						
Research Use	YES						
Is this tool appropriate	YES		X			The psychometric properties	
Is this tool appropriate for use in intervention	YES		X			The psychometric properties of the tool have not been	
Is this tool appropriate	YES		X			1.7 1.1	

Tariq SH, Tumosa N, Chibnall JT, Perry MH, Morley JE. Comparison of the Saint Louis University Mental Status Examination and the Mini-Mental State Examination for detecting



dementia and mild neurocognitive disorder-A pilot study. Am J Geriatr Psychiatry. 2006;14(11):900–910.

Cao L, Hai S, Lin X, Shu D, Wang S, Yue J. The Saint Louis University Mental Status Examination, the Mini-Mental State Examination, and the Montreal Cognitive Assessment in detection of cognitive impairment. Journal of the American Medical Directors Association. 2012;13(7):626–629.

Cummings-Vaughn L, Cruz-Oliver D, Malmstrom T, Tumosa N, Morley J. The Veterans Affairs Medical Center Saint Louis University Mental Status Examination comparison study. Alzheimer's & Dementia. 2012;8(4):P485.

Feliciano L, Horning S, Klebe K, et al. Utility of the SLUMS as a cognitive screening tool among a non-veteran sample of older adults. [published online ahead of print February 6 2013]. Am J Geriatr Psychiatry. 2013. Accessed April 20, 2013.

Cruz-Oliver, D., Malmstrom, T. K., Allen, C. M., Tumosa, N., & Morley, J. E. (2012). The veterans affairs Saint Louis University Mental Status Exam (SLUMS Exam) and the Mini-Mental Status Exam as predictors of mortality and institutionalization. The Journal of Nutrition, Health, & Aging, 16(7), 636–641.

Brown DH, Lawson LE, McDaniel WF, Wildman RW. (2012). Relationships between the Nevada Brief Cognitive Assessment Instrument and the St. Louis University Mental Status Examination in the Assessment of Disability Applicants 1,2. Psychological Reports, 111(3),939–951.

Raji MA, Tang RA, Heyn PC, et al. Screening for cognitive impairment in older adults attending an eye clinic. Journal of the National Medical Association. 2005;97(6):808–14.

Stewart S, O'Riley A, Edelstein B, Gould C. A preliminary comparison of three cognitive screening instruments in long-term care: the MMSE, SLUMS, and MoCA. Clinical Gerontologist. 2012;35(1):57–75.

Morley JE, Tumosa N. Saint Louis University Mental Status Examination (SLUMS). Aging Successfully. 2002;XII:4.



Instrument name: Step-Up Test									
Reviewer: Suzanne O'Neal and F	Date of review: 6/25/2013								
ICF domain (check all that apply):								
Body structure <u>X</u> Body function <u>X</u> Activity Participation environment									
Construct/s measured (check al	that ap	oply):							
Body structure and Function			Activity		Participation				
Aerobic capacity/endurance	_X	_Balance	/falls		<u>Community function</u>				
Ataxia		Bed mob	•		Driving				
Cardiovascular/pulmonary		-	ude stairs	-	Health and wellness				
status		-	el mobility	/	Home management				
Cognition		ransfers			Leisure/Recreational				
Coordination (non-	`	Wheelcha	air skills		activities				
equilibrium) Dizziness					Life satisfaction				
Dual Tasks					Quality of life Reintegration to community				
Fatigue				Role function					
Flexibility					Shopping				
Muscle performance					Social function				
					Work				
Pain									
Sensory integration									
<u>Somatosensation</u>									
Other:		Other:			Other:				
Link to rehabmeasures.org sum	mary:								
Recommendation Categories									
Hoehn and Yahr stage 4	3	2	1	Comment	S				
1		x							
11		Х							
		Х							
IV		Х							
V		х							
Overall Comments:	No s	tudies w	ith use of	this test wit	th the PD population. Only one				
	stud	y done w	ith use o	n stroke pop	pulation, however good				
	psyc	hometrio	c properti	es in reliabil	ity.				
	 psychometric properties in reliability. Not to be confused with the Step Test 								



Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments
Should this tool be	YES	NO	YES	NO	Insufficient data available in the
required for entry level					PD population to recommend
curricula?		x		x	for entry level curricula
Research Use	YES		NO		Comments
Is this tool appropriate			х		Insufficient data available in the
for use in intervention					PD population to recommend
research studies?					for use in research

Tyson, S., DeSouza, L.(2004)."Reliability and validity of functional balance tests post stroke". Clinical Rehabilitation 2004;18(8):916-923.



Instrument name: Stops Walking While Talking Test									
Reviewer: Jeffrey Hode	Date of review: 4/20/2013								
ICF domain (check all	that	apply):							
Body structure Body function <u>X</u> Activity Participation									
Construct/s measured	Construct/s measured (check all that apply):								
Body structure and Fu	nctio			Activity		Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulme	onary		High Le	bility clude sta vel mobi	Community function Driving Health and wellness Home management				
status Cognition Coordination (non- equilibrium) Dizziness X_Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic			Transfer Wheelcl	rs hair skill:	Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work				
Pain Sensory integration Somatosensation Other:		Other:				Other:			
Link to rehabmeasures	s.org	summa	ry:						
Recommendation Cate	gorie	es							
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
I				X					
II				Х					
III				X X					
IV									
V				Х					
Overall Comments:	imp	airment	. Furthe	r researc	h needs to	PD without cognitive be done to see if there is value a cognitive impairment or			



depres	depression.								
Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments					
YES	NO	YES	NO	Not related to PD. There may be some value related to					
	Х		Х	elderly with MCI.					
YES		NO		Comments					
		X							
	Studen should to adm tool YES	Students should learn to administer tool YES NO X	StudentsStudentsshould learnexposed tto administerto read linetoolYESYESNOYESXYESNO	Students should learn to administer toolStudents should be exposed to tool (e.g. to read literature)YESNOYESNOYESNOYESNOYESNOYESNO					

Lundin-Olsson, 1997: 58 institutionalized residents, cognitive impairment and depression were not excluded. Subjects were able to walk with or without aids, 12 stopped walking when beginning a conversation. 10 fell during 6 mo follow up. Walk from home room to assessment, did they stop walking when talking. Observation. Specificity = 95%, sensitivity = 48%. Positive predictive value = 83%; negative predictive value = 76%.

Bloem, 2000: 38 iPD subjects, 35 controls. SWWT was abnormal in 4 patients (2 fallers, 2 non-fallers). 14 iPD reported 119 falls, 5 controls reported 7 falls. Within PD group: SWWT poor sensitivity (14.3% and adequate specificity (91.7%) Poor predictor of falls in PD. Patients with cognitive impairment were excluded.



Instrument name: Supine to Stand Test								
Reviewer: Terry Ellis P Jeffrey Hoder	sPT and	Date of review: 4/30/2013						
ICF domain (check all that apply):								
Body structure Body function X Activity Participation Environment								
Construct/s measured (check all that apply):								
Body structure and Fu	nctio	n	1	Activity		Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:	•		High Le Transfe	oility clude stai evel mobi	lity	<pre>Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work</pre>		
Link to rehabmeasures	-		ry:					
Recommendation Cate	-			I				
Hoehn and Yahr	4	3	2	1	Commen	nts		
stage				N	NT 1.4			
Ι			X No data on the validity or reliability of this measure for persons with PD.					
II			X No data on the validity or reliability of					
						his measure for persons with PD.		
III				X		on the validity or reliability of		
					this meas	sure for persons with PD.		
IV				Χ	No data o	No data on the validity or reliability of		



					this measu	are for persons with PD
V				Χ	No data or	n the validity or reliability of
					this measu	are for persons with PD.
Overall Comments:	Only	one stud	y (Al	exander o	et al, 2000)	has examined test-retest
	reliabi	ility in d	lisable	ed geriati	rics populati	ion. Although some normative
	data e	xists for	perso	ons with l	PD, there ar	e no studies examining validity
	or reli	ability c	of this	measure	in this popu	lation. Evidence of ceiling
	effects	s in the e	early s	stages (H	&Y 1-2.5).	
	Stude	ents	St	tudents s	should be	Comments
Entry-Level Criteria	shoul	d learn	ex	posed to	o tool (e.g.	
Entry-Lever Criteria	to administer		to	read lit	erature)	
	tool					
Should this tool be	YES	NO	V	ES	NO	There is limited evidence
	YES	NO	Y.	E2	NU	
required for entry level curricula?		X			Х	investigating the validity or reliability of this tool in
curricula?						persons with PD.
						persons with FD.
Research Use	YES		Ν	NO		Comments
Is this tool appropriate			X			There is limited evidence
for use in intervention						investigating the validity or
research studies?						reliability of this tool in
						persons with PD.

Alexander NB, Galecki AT, Nyquist LV, Hofmeyer MR, Grunawalt JC, Grenier ML, Medell JL. Chair and bed rise performance in ADL-impaired congregate housing residents. *J Am Geriatr Soc.* 2000;48(5):526-533.

Schenkman M, Morey M, Kuchibhatla M. Spinal flexibility and balance control among community-dwelling adults with and without Parkinson's disease. *J Gerontol A Biol Sci Med Sci*. 2000; 55(8):M441-5.

Schenkman M, Ellis T, Christiansen C, Barón AE, Tickle-Degen L, Hall DA, Wagenaar R, Profile of functional limitations and task performance among people with early- and middle-stage Parkinson Disease. *Phys Ther.* 2011;91(9):1339-1354.

Schenkman M, Cutson TM, Kuchibhatla M, Chandler J, Pieper CF, Ray L Laub KC. Exercise to improve spinal flexibility and function for people with Parkinson's disease: a randomized,



controlled trial. JAm Geriatr Soc. 1998;46(10):1207-16.

Whitson HE, Sanders LL, Pieper CF, Morey MC, Oddone EZ, Gold DT, Cohen HJ. Correlation between symptoms and function in older adults with comorbidity. *J Am Geriatr Soc.* 2009;57(4):676-82.

Morey MC, Schenkman M, Studenski SA, et al. Spinal-flexibility-plus-aerobic versus aerobiconly training: effect of a randomized clinical trial on function in at-risk older adults. *J Gerontol A Biol Sci Med Sci.* 1999;54:M335–342.

Gold DT, Shipp KM, Pieper CF, et al. Group treatment improves trunk strength and psychological status in older women with vertebral fractures: results of a randomized, clinical trial. *J Am Geriatr Soc.* 2004;52:1471–1478.



Instrument name: Timed Backwards Walk								
Reviewer: Suzanne O']	Neal an	r	Date of review: May 2013					
ICF domain (check all	that ap	oply):						
Body structure	v P	Rody function	n	Activit	y Participation			
environment	<u> </u>	ouy function	···					
~								
Construct/s measured	<u>`</u>	all that app	•		Desition attend			
Body structure and Fu Aerobic	nction	X Bala	Activity		Participation Community function			
Aerobic capacity/endurance		$\underline{\Lambda}$ Bed m			Driving			
Ataxia			(include s	stairs)	Health and wellness			
Cardiovascular/pulmo	onarv		Level mot	/	Home management			
status	5	Transf		5	Leisure/Recreational			
Cognition		Wheel	chair skil	ls	activities			
Coordination (non-					Life satisfaction			
equilibrium)					Quality of life			
Dizziness					Reintegration to			
Dual Tasks					community			
Fatigue					Role function			
Flexibility					Shopping			
Muscle performance					Social function Work			
Muscle tone / spastic Pain	lity				WOIK			
Sensory integration								
Somatosensation								
		Other:						
Other:					Other:			
Link to rehabmeasures	s.org su	immary:						
Recommendation Cate	gories							
Hoehn and Yahr	4 3	3 2	1	Commen	its			
stage								
Ι		X						
II		X						
III		X						
IV								
V			X					
V Overall Comments:	Correl	lated with th		lance coalo	and UPDRS			
Over all Comments:		iaicu witii tii	c Derg Da	alance scale				



Overall Comments: Entry-Level Criteria		nts 1 learn ninister	expose	nts should be ed to tool (e.g. d literature)	Comments
Should this tool be required for entry level curricula?	YES	NO X	YES	NO X	Although it has predictive ability to determine walking difficulty in high-functioning adults, there are other tests that are far superior in predicting falls (more multi- dimensional tests such as the Mini-BESTest).
Research Use Is this tool appropriate for use in intervention research studies?	YES		NO x		Comments

Duncan R., Earhart G., (2012) "Should One Measure Balance or Gait to Best Predict Falls among People with Parkinson Disease?". Parkinson's Disease. Epub 2012 Oct 31.

Hackney M., Earhart G., (2009)."Backward Walking in Parkinson Disease". Movement Disorders 24(2):218-223.



Instrument name: Tin	ned U	p and G	o (TUG)				
Primary Reviewer: Ro	GCS	Date of review: 4/2013						
Secondary Reviewer:	Secondary Reviewer: Suzanne O'Neil, PT, DPT, NCS							
ICF domain (check all that apply):								
Body function/str	uctur	e _	_X	Activity		_ Participation		
Construct/s measured	(chec	k all tha	at apply	/):				
Body structure and Fu	nctio	n	ŀ	Activity		Participation		
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition Coordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:			High Le Transf	bility nclude st vel mobi	lity	Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work		
Link to rehabmeasures			ry:					
Recommendation Cate	gorie	S						
Hoehn and Yahr	4	3	2	1	Commen	its		
stage								
Ι	X				the TUG include S Nocera et predictive	no ceiling effects are noted for in people with PD, most studies tage 1 in their psychometrics. t al, 2013, states that the e value of the TUG in people is in line with that of healthy lts.		
II	Χ							



III	X							
IV			X					
V		NA Not tested in this stage						
Overall Comments:	Mus	t be ambula	tory but m	ay use an assi	stive device			
		lents		should be	Comments			
Entry-Level Criteria		ıld learn	-	to tool (e.g.				
		lminister	to read li	iterature)				
	tool							
Should this tool be	YES	NO	YES	NO				
required for entry level								
curricula?		X		Х				
Research Use	YES		NO		Comments			
	115		110					
Is this tool appropriate	Х							
for use in intervention								
research studies?								

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Bennie, S., Bruner, K., Dizon, A., Fritz, H., Goodman, B., Peterson, S. (2003). Measurements of Balance: comparison of the Timed "Up and Go" Test and Functional ReachTest with the Berg Balance Scale. *J. Phys Ther. Sci.* (15);93-97

Brusse, K. J., Zimdars, S., et al. (2005). "Testing functional performance in people with Parkinson disease." Physical Therapy 85(2): 134-141.

Bello-Haas, V., Klassen, L., et al. (2011). "Psychometric Properties of Activity, Self-Efficacy, and Quality-of-Life Measures in Individuals with Parkinson Disease." Physiotherapy Canada 63(1): 47-57.

Dibble, L. E. and Lange, M. (2006). "Predicting falls in individuals with Parkinson disease: a reconsideration of clinical balance measures." J Neurol Phys Ther 30(2): 60-67.



Foreman, K. B., Addison, O., et al. (2011). "Testing balance and fall risk in persons with Parkinson disease, an argument for ecologically valid testing." Parkinsonism Relat Disord 17(3): 166-171.

Huang, S. L., Hsieh, C. L., et al. (2011). "Minimal detectable change of the timed "up & go" test and the dynamic gait index in people with Parkinson disease." Physical Therapy 91(1): 114-121.

Kerr, G.K., Worringham, C.J., Cole, M.H., Lacherqz, P.F., Wood, J.M., Silburn, P.A. (2010). Predictors of future falls in Parkinsons's disease. *Neurology* (75) 116-124.

Mak, M.K.Y., Pang, M.Y.C. (2009). Balance confidence and functional mobility are independently associated with falls in people with Parkinson's disease. *J Neuro*(256); 742-749.

Morris, S., Morris, M. E., et al. (2001). "Reliability of measurements obtained with the Timed "Up & Go" test in people with Parkinson disease." Physical Therapy 81(2): 810-818.

Nocera, J., Stegemller, E.L., Malaty, I., Okun, M. Marsiske, M., Hass, C.(2013). Using the Timed Up and Go Test in a clinical setting to predict falling in Parkinson's disease. Accepted Date 2/27/13. To appear in: *Archives of Phys Med & Rehab*.

Shenkman, M., Ellis, T., Christiansen, C., Baron, A.E., Tickle-Degnen, L., Hall, D.A., Wagenaar, R. (2011). Profile of functional limitations and task performance among people with early and middle stage Parkinson disease. *Phys Ther.* (91):9; 1339-1354.

Steffen, T. and Seney, M. (2008). "Test-retest reliability and minimal detectable change on balance and ambulation tests, the 36-item short-form health survey, and the unified Parkinson disease rating scale in people with parkinsonism." Physical Therapy 88(6): 733-746.

Tanji, H., Gruber-Baldini, A.L. et al(2008). A comparitive study of physical Performance measures in Parkinson's Disease. *Mov't Disorders*, 23(13); 1897-1905.



Instrument name: Timed Up and Go Cognitive and Manual										
Primary Reviewer: R	Date of review: 11/2013									
Secondary Reviewer: Suzanne O'Neil, PT, DPT, NCS										
ICF domain (check all	that	apply):								
XBody function/	X_Body function/structureXActivityXParticipation									
Construct/s measured	(chec	k all tł	nat app	ly):						
Body structure and Fu	nctio			Activity		Participation				
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness _XDual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastie Pain Sensory integration Somatosensation			Bed mo Gait (i High L Transf	nclude sta evel mob	ility	_X_Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community _X_Role function Shopping _X_Social function Work				
Other:			-			Other:				
Link to rehabmeasure	s org	summ	arv•							
Recommendation Cate	0		ai y .							
Hoehn and Yahr	2901 K	3	2	1	Commer	nts				
stage		-			C Shinel					
I				X	Not teste	d in this population				
						• •				
II			X	_						
III			X							
IV			X							
V				Χ	Not teste	d in this population				
Overall Comments:						G-Cog and TUG Manual in a the TUG has been shown to be a				



		reliable and valid tool to use in individuals with PD. Despite						
		lack of extensive psychometric data for the TUG Cog and TUG						
		Manual in individuals with PD, recommend these tests as a dual						
		task mea	sure for th	ose with PD	secondary to the reliability and			
		validity of	of the TUC	, TUG Cog a	and TUG Manual in the healthy			
		elderly p	opulation.	More researc	ch needs to be performed on			
		these me	asures on j	people with F	PD.			
	•	In PD, cł	nanges in g	gait under dua	al task conditions are			
		proportic	onal to the	complexity of	f the secondary task performed.			
		(Campbe	ell et al 200)3)				
	Studer	nts	Students	should be	Comments			
Entry-Level Criteria	should	should learn		to tool (e.g.				
Entry-Lever Criteria	to adm	ninister	to read literature)					
	tool							
Should this tool be	YES	NO	YES	NO				
Should this tool be required for entry level	YES	NO	YES	NO				
	YES	NO X	YES X	NO				
required for entry level curricula?			X	NO				
required for entry level	YES YES			NO	Comments			
required for entry level curricula?			X	NO	Comments			
required for entry level curricula? Research Use	YES		X	NO	Comments			
required for entry level curricula? Research Use Is this tool appropriate	YES		X	NO	Comments			

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Instrument name: Tine Mobility Test	etti Pe	erforma	nce Orie	ented Mo	bility Asse	ssment (POMA) / Tinetti			
Reviewer: Erin Hussey	and	Cathy H	[arro			Date of review: May, 2013			
ICF domain (check all	ICF domain (check all that apply):								
Body structure	E	Body fui	nction	_X_	Activity	Participation			
Environment									
Construct/s measured	(chec	k all th	at apply	y):					
Body structure and Fu	nctio	n	I	Activity		Participation			
Aerobic		_X_	_Balano	ce/falls		Community function			
capacity/endurance			Bed mo	bility		Driving			
Ataxia		_X_		nclude st	/	Health and wellness			
Cardiovascular/pulmo	onary			evel mob	•	Home management			
status				ers (sit-st	/	Leisure/Recreational			
Cognition			Wheelcl	hair skills	8	activities			
Coordination (non-						Life satisfaction			
equilibrium)						Quality of life			
Dizziness						Reintegration to			
Dual Tasks						community			
Fatigue						Role function			
Flexibility						Shopping			
Muscle performance						Social function			
Muscle tone / spastic	city					Work			
Pain Soncompliate and integration									
Sensory integration Somatosensation									
			Other:						
Other:			Other.			Other:			
Link to rehabmeasures	s.org	summa	ry:			•			
Recommendation Cate	gorie	es							
Hoehn and Yahr	4	3	2	1	Commen	its			
stage									
Ι			Χ			nical utility; insufficient			
					evidence	using this stage to rule out			
					ceiling ef	fect.			
II		Χ			Good clir	nical utility; Adequate to			
						psychometrics to support use as			
						ng tool for falls risk; Insufficient			
						to support for use to detect			
					evidence	to support for use to detect			



for use in intervention research studies?						shows consistency of cut-off score, but lacks strength for	
Is this tool appropriate			X			Compared to other options for balance research, this tool	
Research Use	YES			0		Comments	
Should this tool be required for entry level curricula?	YES	NO X	Y	ES	NO X	Tool is useful as a screening tool for falls risk across multiple populations, including mid-stages of Parkinson Disease.	
Entry-Level Criteria		ents ld learr ministe	n ex	Students should be exposed to tool (e.g. to read literature)		Comments	
Overall Comments:	strength of evidence or expert consensus relative to responsiveness and the gait component of the measure demonstrates ceiling effect. Clinical Utility: Efficient screening tool, completed in about 10 minutes						
Overall Comments:	elder excel	Psychometrics: well-established cut score that is comparable across elderly populations with and without Parkinson Disease. Adequate to excellent concurrent validity with gait speed and other balance indicators. Published evidence demonstrates mixed results and lack of					
V				X	Insufficien rule out flo	nt evidence using this stage to oor effect	
IV		X			excellent j a screenin	ical utility; Adequate to psychometrics to support use as g tool for falls risk; Insufficient to support for use to detect eness.	
III		X			excellent j a screenin	ical utility; Adequate to psychometrics to support use as g tool for falls risk; Insufficient to support for use to detect eness.	
		X 7			responsive		



	responsiveness data.
	Relative to other options for gait assessment, this tool is less discriminating, more prone to ceiling effect, and less responsive.

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Instrument name: Trunk Impairment Scale (TIS)							
Primary Reviewer: Ro	GCS	Date of review: 2/2013					
Secondary Reviewer:	Suzar	nne O'N	eal, PT,	DPT, N	CS		
ICF domain (check all	that	apply):				·	
X Body function/s	struct	ure	X_	Activit	ty	Participation	
Construct/s measured	(chec	k all th	at apply	y):			
Body structure and Fu	nctio	n	1	Activity		Participation	
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status Cognition XCoordination (non- equilibrium) Dizziness Dual Tasks Fatigue Flexibility XMuscle performan Muscle tone / spastio Pain Sensory integration	ce		High Le Transfei	bility clude stai evel mobi	lity	 Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life Reintegration to community Role function Shopping Social function Work 	
Somatosensation Other:			Other:			Other:	
Link to rehabmeasures	Sorg	summa	rv:				
Recommendation Cate							
Hoehn and Yahr	4	3	2	1	Commen	nts	
stage							
I			X				
II			Χ				
III			Χ				
IV			Χ				
V				Χ			
Overall Comments:			-			rols n=26) with small numbers e 2.5= 7, stage III= 11, stage	



	IV=1), make it difficult to recommend an ideal stage for use of this measure.						
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments		
Should this tool be	YES	NO	YES	NO			
required for entry level curricula?		X		X			
Research Use	YES	I	NO		Comments		
Is this tool appropriate for use in intervention research studies?			X		The TIS discriminated between early PD and controls on the coordination subscale but people with PD reached ceiling effects on the static and dynamic sitting balance subscales. However, the static and dynamic sitting balance subscales did discriminate between early and late stages. Further research is needed regarding: reliability, measurement error, predictive validity, and responsiveness before this measure can be recommended for clinical or use in research.		

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Instrument name: Unified Dyskinesia Rating Scale (UDysR Scale)							
Reviewer: Cathy Harro and Erin Hussey							
pply):							
ody fui	nction	<u>X</u>	Activity	Participation			
all tha	at apply	/):					
				Participation			
I	Balance	/falls		Community function			
F	Bed mol	bility		Driving			
<u>_X</u> _	Gait (in	iclude sta	irs)	Health and wellness			
	-		lity	Home management			
				Leisure/Recreational			
Y	Wheelch	nair skills	5	activities			
				Life satisfaction			
				Quality of life			
				Reintegration to community			
				Role function			
				Shopping			
				Social function			
				Work			
<u>X</u>	Other: A	ADLs					
				Other:			
	ry:						
		[
3	2	1	Commen	nts			
		Χ	Not teste	d in participants in stage I in			
			published	l studies.			
	Χ		Fair clini	cal utility (15+ minutes and			
			training r	equired); limited research on			
			test psych	nometrics; only a few studies			
				inal research team who			
			-	d the instrument.			
	in Hus	in Hussey ply): ody function all that apply Balance Bed mol X_Gait (ir High Le Transfer Wheelch X_Other: A X_Other: A X_Other: A X_Other: A	in Hussey ply): ody function <u>X</u> all that apply): Activity Balance/falls Bed mobility X_Gait (include sta High Level mobility Transfers Wheelchair skills X_Other: ADLs Market ADLs 2 1 X	in Hussey ply): ody function <u>X</u> Activity all that apply): Activity Balance/falls Bed mobility X_Gait (include stairs) High Level mobility Transfers Wheelchair skills			



III		X		Fair clinic	al utility; limited research on
111		Λ			ometrics; only a few studies
					nal research team who
				-	the instrument.
IV		X			al utility; limited research on
IV		Λ			ometrics; only a few studies
					-
					nal research team who
V			V		the instrument.
V			X	PD.	ot been examined in stage 5
Overall Comments:	UDysł	R Scale ha	s only been		riginal research team (Goetz et
	-		-	-	order experts), with support for
					retest reliability; as well as
					supports temporal stability of
			•		s of medications.
	•		e		t validity, discriminative
				-	Only one study on
		-	۔ o drug trial		
	-		-		clinical recommendations can
				-	cross PD stages of disease to
				-	a during ON and OFF states in
	person	s with PD	. Currently	this tool has	s more direct research
	applica	ation as po	otentially se	nsitive mea	sure to detect change (positive
	or neg	ative) in d	yskinesia d	uring drug/ s	surgical/or exercise based
	interve	entions.			
Overall Comments:	Clinic	al Utility:	requires 15	minutes to	administer in face to face
	intervi	ew and dir	rect observa	tion. Trainir	ng is required and available for
	fee wit	h DVD-ba	ased trainin	g tape, inclu	ding a certification exercise.
	Stude	nts	Students	should be	Comments
Entry-Level Criteria	should	l learn	exposed t	o tool (e.g.	
Entry-Lever Criteria	to adn	ninister	to read lit	terature)	
	tool				
Should this tool be	YES	NO	YES	NO	Limited research on this tool
required for entry level					at this time; inadequate to
curricula?		X		Х	support its use in entry level
					DPT education.
	1				
Research Use	YES		NO		Comments



Is this tool annexatists	**	V	Exather research is readed -
Is this tool appropriate		X	Further research is needed on
for use in intervention			its psychometric properties in
research studies?			PD population before it is
			used as outcome measure in
			PD rehabilitation research.
			**Has good potential as a
			reliable measure with good
			face validity to assess
			dyskinesia in interdisciplinary
			studies (drug trials, DBS
			trials, etc)

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Suppa A, Marsili L, Belvisi D et al. Lack of LTP-like plasticity in primary motor cortex in Parkinson's disease. Experimental Neurology 2011, 227: 296-301



Instrument name: UPDRS									
Reviewer: Alicia Esposito and Deb KegelmeyerDate of review:4/30/13									
ICF domain (check all tha	at apj	oly):							
X Body structure Body functionX ActivityX Participation									
Construct/s measured (ch	eck a	ll that ap	olv):						
Body structure and Funct		P1	Activity	τ	Participation				
Aerobic		Balan	ce/falls		Community function				
capacity/endurance			nobility		Driving				
Ataxia			(include s	/	Health and wellness				
Cardiovascular/pulmona	ry		Level mol	oility	Home management				
status x Cognition		_x_Tran	sters lchair skil	1c	Leisure/Recreational				
x Coordination (non-			ICHAII SKII	15	Life satisfaction				
equilibrium)					Quality of life				
Dizziness					Reintegration to				
Dual Tasks					community				
Fatigue					Role function				
Flexibility					Shopping				
Muscle performance Muscle tone / spasticity	,				Social function Work				
$\frac{1}{x}$ Pain									
Sensory integration									
Somatosensation		Other	:						
					Other:				
Other:									
Link to robob mossures or	a cui	mmanu							
Link to rehabmeasures.or Recommendation Categor	0	mmary.							
Hoehn and Yahr 4	3	2	1	Commer	nte				
stage		2	-	Commer	113				
I X									
II X									
IV X									
V X									
Overall Comments: R	ecom	mended by	y the Mov	ement Disor	rder Society				
Ez	xcelle	ent psychol	metric pro	perties as co	ompared to the original UPDRS.				
			-	-	ions as more items can be				



	persona	completed in questionnaire form without need for clinician. Free for personal.individual use but increased cost when utilized for research purposes							
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments				
Should this tool be required for entry level curricula?	YES	NO X	YES X	NO					
Research Use	YES		NO		Comments				
Is this tool appropriate for use in intervention research studies?	Х				Gold standard for research purposes				

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society-sponsored revision of the unified parkinson's disease rating scale: (MDS-UPDRS)." Movement Disorders 5(9) 1190-1194.



Instrument name: Wal	k Wh	ile Talk	ting Tes	t					
Primary Reviewer: Ro	Date of review: 4/2013								
Secondary Reviewer:									
ICF domain (check all	that a	pply):							
X_Body function/structureX_ActivityX_Participation									
Construct/s measured (check all that apply):									
Body structure and Fu	nctio	n	-	Activity		Participation			
Aerobic capacity/endurance Ataxia Cardiovascular/pulmo status XCognition Coordination (non- equilibrium) Dizziness XDual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation	-		High Le Transfe	bility include s evel mobi	ility	_X_Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life _X_Reintegration to community Role function Shopping _X_Social function Work			
Link to rehabmeasures	s.org	summa	nry:						
Recommendation Cate	gorie	S							
Hoehn and Yahr stage	4	3	2	1	Commer	ıts			
I			X		Lack of p	osychometric data in PD			
II			X Lack of psychometric data in PD						
III			X Lack of psychometric data in PD X Lack of psychometric data in PD						
IV			1			f psychometric data in PD			
V			X Must be ambulatory						
Overall Comments:	• Verghese et al, 2002: WWT is highly predictive of falls in a								
	healthy older population								



	• Verghese et al, 2012: WWT may better predict frailty than disability (as compared to the SPPB) in healthy CDOA							
	 The shorter WWT (13 sec), is a reliable alternative to the SI (5 min) in busy clinical settings for healthy CDOA LaPoint et al (2010): Controls adapted a strategy of increase double support time during dual task while PD did not. This may have placed those with PD at greater risk for falls. Camicioli et al (1998): Significant increased # of steps in P but no significant increase in time compared to controls 							
Entry-Level Criteria	Students should learn to administer tool		Students	should be to tool (e.g.	Comments			
Should this tool be required for entry level curricula?	YESNOX		YES	NO X	Lack of psychometric data in PD			
Research Use	YES		NO		Comments			
Is this tool appropriate for use in intervention research studies?			Х		Lack of psychometric data in PD			

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O'Shea S, Morris ME, Iansek R (2002). Dual task interference during gait in people with Parkinson's disease: Effects of motor versus cognitive secondary tasks. *Phys Ther*, 82(9); 888-897.



Instrument name: World Health Organization-Quality of Life-Bref (WHOQOL-BREF)								
Reviewer: Erin Hussey	and	Cathy H		Date of review: May, 2013				
ICF domain (check all that apply):								
Body structure Body function Activity X Participation								
Environment								
Construct/s massured	(a b a a	lt all th		-) .				
Construct/s measured Body structure and Fu	-			(): Activity		Participation		
Aerobic	neuo		Balance	ť		X Community function		
capacity/endurance			Bed mo			Driving		
Ataxia				clude stai	rs)	Health and wellness		
Cardiovascular/pulmo	onary		High Le	evel mob	ility	Home management		
status		, 	Transfei	S		Leisure/Recreational		
Cognition			Wheelcl	nair skills	5	activities		
Coordination (non-						_X_Life satisfaction		
equilibrium)						_X_Quality of life		
Dizziness						Reintegration to		
Dual Tasks						community N Data function		
Fatigue						_X_Role function		
Flexibility Muscle performance						Shopping Social function		
Muscle tone / spasticity						Work		
Pain								
Sensory integration								
Somatosensation								
			Other:					
Other:						Other:		
Link to rehabmeasures			ry:					
Recommendation Cate	1			4	C			
Hoehn and Yahr	4	3	2	1	Commer	its		
stage								
Ι			X Adequate to excellent psychometric					
					C	other populations, but lacking		
						published evidence to		
					recomme	nd for use in Parkinson Disease		
II			Χ		Same			
III			Χ		Same			
IV			Χ		Same			
V			Χ		Same			



Overall Comments:	<u>Psychometrics:</u> adequate to excellent reliability, correlation with other factors (e.g., age, depression, number of caregivers, disease duration); one study demonstrated adequate discrimination between Parkinson and non-Parkinson elderly. Current available studies lack sufficient evidence relative to reliability, validity, and responsiveness for Parkinson Disease and there are not any documented SEM, MDC, or MCID.							
	A Movement Disorders Task force (2011) identified WHOQOL-BREF as a suggested (but not a recommended) measure based on reasonable psychometrics identified in other populations but insufficient evidence specifically for Parkinson Disease.							
Overall Comments:	<u>Clinical Utility:</u> there is no cost to use the tool. Compared to the WHOQOL-100, this is an efficient tool, requiring about 15 minutes to administer and score using the manual to calculate transformed scores.							
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments			
Should this tool be required for entry level curricula?	YES NO X		YES	NO X				
Research Use	YES		NO		Comments			
Is this tool appropriate for use in intervention research studies?	X				Despite recommendations against current clinical use for those with Parkinson Disease, the strength of psychometrics in other populations suggest this may be an appropriate selection for the domains addressed.			

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Instrument name: Walk While Talking Test							
Reviewer: Rosemary Gallagher and Suzanne O'NealDate of review: 4-2013							
ICF domain (check all that apply):							
Body structure Body function X Activity X Participation environment							
Construct/s measured (check all that apply):							
Body Structure an Function	nd		1	Activity		Participation	
Aerobic capacity/endurance Ataxia Cardiovascular/pulme status Cognition Coordination (non- equilibrium) Dizziness X_Dual Tasks Fatigue Flexibility Muscle performance Muscle tone / spastic Pain Sensory integration Somatosensation Other:	;		High Le Transfer	bility nclude st evel mobi	lity	X_Community function Driving Health and wellness Home management Leisure/Recreational activities Life satisfaction Quality of life X_Reintegration to community Role function Shopping Social function Work	
Link to rehabmeasures	0		ry:			1	
Recommendation Cate	<u> </u>	1					
Hoehn and Yahr	4	3	2	1	Commen	its	
stage I	V				Cooding	aguna ta mialt un reagilita	
1	X					easure to pick up possible cies in early stages of disease	
II	Χ						
III	Χ						
IV	Χ						
V		X Must be am				ambulatory	
Overall Comments:	Verghese et al, 2002:						



	 WWT is highly predictive of falls in a healthy older population Verghese et al, 2012: -WWT may better predict frailty than disability (as compared to the SPPB) in healthy CDOA -The shorter WWT (13 sec), is a reliable alternative to the SPPB (5 min) in busy clinical settings for healthy CDOA Verghese et al, 2008: 							
	WWT not associated with frailty in CDOA LaPoint et al (2010): Controls adapted a strategy of increased double support time during dual task while PD did not. This may have placed those with PD at greater risk for falls.							
Entry-Level Criteria	Students should learn to administer tool		Students should be exposed to tool (e.g. to read literature)		Comments			
Should this tool be	YES	NO	YES	NO	Test is very quick and easy to conduct. Useful in a busy			
required for entry level curricula?		X		Х	clinic			
Research Use	YES		NO		Comments			
Is this tool appropriate for use in intervention research studies?	Х							

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