

# ALS

## Amyotrophic Lateral Sclerosis

### ONSET

- \* 55-75 years old
- \* 5-10% familial
- \* Veterans are at higher risk

### PROGNOSIS

- \* Average lifespan of 3-5 years
- \* 10% survive >10 years

### SYMPTOMS

- \* Fasciculations
- \* Muscle cramps
- \* Spasticity
- \* Weakness
- \* Slurred speech
- \* Difficulty swallowing

### TREATMENT

- \* Physical Therapy
- \* Speech Therapy
- \* Occupational Therapy
- \* Medication
- \* Nutrition support
- \* Breathing support