

Title: Episode 9: Understanding the Movement System Diagnosis with Kathy Gill-Body

Description: In this episode, we talk to Kathy Gill-Body about her role on the Movement System Diagnosis task force. Kathy shares her impressions and applications of the movement system, including how she uses it in her clinical practice, and future directions for movement system diagnosis. She also shares her journey as a physical therapist involved in clinical practice, research, and teaching, and how she has been able to make connections and take advantage of a variety of opportunities to develop her interests.

Guest Information

Kathy Gill-Body, PT, DPT, MS, NCS, FAPTA

Clinical Specialist at Newton-Wellesley Hospital in Newton, MA : <https://www.nwh.org/rehabilitation-services/about-us/rehabilitation-services-team>

Adjunct Clinical Associate Professor at the MGH Institute of Health Professions, Boston, MA.

Currently serves on the Editorial Boards of Physical Therapy and the Journal of Neurologic Physical Therapy

Helpful resources to learn about Movement Systems

- Movement systems overview (APTA)
<http://www.apta.org/MovementSystem/>
- Synapse Center – Movement System Webinars
<https://www.anptsynapsecenter.com/public/page-courses/>
- Van Sant AF. Movement System Diagnosis. J Neurol Phys Ther. 2017 Jul;41 Suppl 3:S10-S16. doi: 10.1097/ NPT.000000000000152. <https://www.ncbi.nlm.nih.gov/pubmed/28628591>
- “Rothstein Roundtable Podcast—“Putting All of Our Eggs in One Basket: Human Movement System” 2015, accessed via PTJ
<https://academic.oup.com/ptj/article/95/11/1466/2888265?searchresult=1>
- PT Pintcast Episode 33 – Shirley Sahrmann on PT’s as The Movement System Experts:
<https://www.ptpintcast.com/2015/11/23/shirley-sahrmann-movement-system-washington-university-st-louis/>

Referenced Articles

- Schenkman M, Deutsch JE, Gill-Body KM. An integrated framework for decision making in neurologic physical therapist practice. Phys Ther. 2006 Dec;86(12):1681-702.

- Hedman LD, Quinn L, Gill-Body K, Brown DA, Quiben M, Riley N, Scheets PL. White Paper: Movement System Diagnoses in Neurologic Physical Therapy. *J Neurol Phys Ther.* 2018 Apr;42(2):110-11
- Scheets PL, Sahrman SA, Norton BJ. Use of movement system diagnoses in the management of patients with neuromuscular conditions: a multiple-patient case report. *Phys Ther.* 2007 Jun;87(6):654-69.