

Title: Episode 5: Dr. Julie Hershberg on PT Movement Disorders Fellowship & Private Neuro PT Practice

In our fifth episode, we talk to Dr. Julie Hershberg, who with her company Re+active PT, started the first ever PT Movement Disorders Fellowship. Julie also tells us about her journey opening her private neurological PT practice in the Los Angeles area, and talks about using social media and online education to enhance collaboration between neurologic physical therapists.

Guest information

Julie Hershberg PT, DPT

Board-Certified Neurologic Clinical Specialist

Owner of Re+active PT

Adjunct Instructor of Clinical Physical Therapy at University of Southern California

<https://www.reactivept.com/julie>

<https://pt.usc.edu/about-usc-biokinesiology-and-physical-therapy/faculty-directory/julie-hershberg-pt-dpt-ncs/>

Related links

Schmidt Fellowship: <https://www.reactivept.com/schmidt-fellowship>

Richard Schmidt Memorial: <https://tandfonline.com/doi/full/10.1080/00222895.2016.1124687>

UCLA Movement Disorders: <https://www.uclahealth.org/neurology/movement-disorders>

Columbia University's Neurorehabilitation Research Laboratory (headed by Lori Quinn):

<https://www.tc.columbia.edu/neurorehab/>

Parkinson's Foundation: <https://www.parkinson.org/>

Christopher Powers, PhD, PT, FAPTA (USC Department of Biokinesiology and Physical Therapy): <https://pt.usc.edu/about-usc-biokinesiology-and-physical-therapy/faculty-directory-n-z/christopher-powers-phd-pt-fapta/>

Movement Performance Institute (Dr. Powers' clinic and education company):

<http://movementpi.com>

Re+active PT Education: www.reactivept.com/education

Newly Diagnosed with PD Program at Re+active PT: <https://www.reactivept.com/e2p2>

Social Media

Re+active on Facebook: <https://www.facebook.com/neurologicptlosangeles/>

Julie on Twitter: @juliehershberg