

Continuous Heart Rate Monitoring Product Options

Brand	Device	Pros	Cons	Price	Website link
Polar	OH1	<ul style="list-style-type: none"> • Straps around the arm to provide hands free access 	<ul style="list-style-type: none"> • Requires a phone to view data real time • Consider facility infection control policies 	~\$70-80	https://www.polar.com/us-en/products/accessories/oh1-optical-heart-rate-sensor
Polar	H10	<ul style="list-style-type: none"> • Strap around the chest to provide hands free access 	<ul style="list-style-type: none"> • Requires a phone to view data real time • Patients may leave clinic with strapping on • Consider facility infection control policies 	~\$70-80	https://www.polar.com/us-en/products/accessories/h10_heart_rate_sensor
Polar	FT7	<ul style="list-style-type: none"> • Straps around the wrist 	<ul style="list-style-type: none"> • Real time viewing limited by your access to the patient's arm during training 	~\$100	Can buy on amazon prime, not available on polar anymore
Masimo	Rad Series (5, 57)	<ul style="list-style-type: none"> • Forehead sensor • Great real time monitoring, good accuracy 	<ul style="list-style-type: none"> • Expensive 	~\$600-800	https://www.masimo.com/
Nonin	Palm Sat 2500/a	<ul style="list-style-type: none"> • Earlobe sensor available • Forehead sensor available • Great real time monitoring, good accuracy 	<ul style="list-style-type: none"> • More expensive than polars but offer flexibility with types of sensors 	~\$300-500	https://www.nonin.com/products/2500/